

# American Academy of Kinesiology and Physical Education

## NEWSLETTER

Spring-Summer 2000

Volume 21, No. 1

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## **From the President**

**...Gary S. Krahenbuhl,  
Acting President**

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As some of you know, unexpected developments have caused me to stand in for President Tim White. I say "some of you" because I've learned that although we tried to contact all the active members by e-mail and thought we had succeeded, activities in the weeks since the announcement have revealed several cases where word of this temporary change in leadership had not been received.

What has happened? On May 5, members of the AAKPE Executive Committee received the following message from Academy President Tim White.

Dear Colleagues:

Due to unforeseen circumstances, I regret that I am unable to provide the time and attention to the Academy business that the office of President requires. Consequently, I am transferring all duties and responsibilities of the President to the President-elect, effective immediately, as provided by Article VI, Section 12 of the AAKPE BY-LAWS. I anticipate this leave to last for no longer than two months. I am deeply indebted to President-elect Gary Krahenbuhl, Past President Scott Kretchmar, and other members of the Executive Committee and Academy Fellows for providing assistance. I look forward to resuming the office of the President well ahead of our annual meeting.

Sincerely,

Timothy P. White

The broader announcement sent to the membership on May 5 went on to say that the Executive Committee convened in a conference call and responded affirmatively to Tim's request for temporary relief from the duties and responsibilities of the presidency.

Since May 5, I have moved ahead quickly (largely by e-mail) to get committee appointments made, new officers elected, a program planned, and the business of the Academy moving.

Tim had recommended members for the various committee vacancies, and each individual asked has accepted the position that was offered. In addition, Al Stull graciously agreed to help with two more newsletters. Bill Morgan, with help from others, is taking the lead on planning the substantive portion of the annual meeting.

The affirmative responses of Academy members to requests to step forward and serve have reminded me of the observation about early America made by Alexis de Tocqueville, who said, "America is great because she is good, and if America ever ceases to be good, America will cease to be great." America has always been a special place, in part because of the willingness of individuals to commit themselves to serving the common good. Likewise, organizations survive and thrive only if people with many other personal and professional priorities take (or make) the time to serve.

On behalf of the Executive Committee, I thank all the members (past and present) who have served the Academy with honor and distinction. In a short time, I will hand back to Tim White the presidential authority that has temporarily rested with me. With the wonderful support of our members, my period as president of the Academy has been truly enjoyable and rewarding. Thank you to everyone.

E-mail: [gary.krahenbuhl@asu.edu](mailto:gary.krahenbuhl@asu.edu)

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## **President-Elect's Column**

**...Gary S. Krahenbuhl**

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Until this year, the President-elect was responsible for planning the annual meeting. Last year, changes in the duties and responsibilities of the officers transferred that responsibility to the immediate Past President. To save anyone from having to plan more than one meeting, it was decided that for this year and next the President (in consultation with the Executive Committee) would select a theme and find someone to organize the substantive aspect of the annual meeting. This is essentially how the program planning is occurring this year.

As a consequence of the circumstances described previously in the President's message, it appears that for three years in a row (2000, 2001, 2002) the same person is going to have the opportunity to decide what sort of academic content is featured in the annual meeting. While we have an excellent theme this year (adherence/compliance), we have nothing lined up for 2001 or 2002.

Since overall responsibility is going to fall to me, I would like to encourage everyone to think about topics that you would like to see featured at a future Academy meeting and, subsequently, published in *The Academy Papers*. What will be offered and, therefore, what we will be looking for is a "package deal." By this I mean that we are seeking a person who will propose a theme that is timely and holds broad interest; a member who is willing to serve as program chair (which means finding appropriate speakers for the keynote address and ten sessions) and will provide a "capstone summation" in the closing session; and an individual who is willing to serve as editor for *The Academy Papers* that will come from the

meeting. This is what Bill Morgan, with the help of Rod Dishman, is doing this year.

Those wishing to make proposals should plan to make a short presentation to the Executive Committee at the annual meeting in October. A decision will be made soon thereafter, which will provide nearly a full year to plan the details of the program and line up speakers.

Following good academic practice, there will also be a provision made for the nomination of themes/people. If there is a topic you believe should be covered and have someone in mind who you believe would be appropriate to take the lead, please convey your idea in the form of a nomination. I will follow up to see if there is interest, both from the members and from the potential (nominated) organizer.

So what are the areas where we as a discipline should be directing our curiosity and applying our reason? Who are the people in and out of our field who stand out as being engaged and well-informed about this topic? I hope you will give some thought to these questions and come to the annual meeting prepared to make a proposal. See you in October.

E-mail: [gary.krahenbuhl@asu.edu](mailto:gary.krahenbuhl@asu.edu)

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## **Past President's Message: A Time for Closing Ranks, Looking Ahead**

**...R. Scott Kretchmar**

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Professor Robert Simon, a professor of philosophy at Hamilton College and a regular contributor to our sport philosophy literature, once reported a conversation between a philosopher and his seatmate on a domestic flight. After a period of awkward silence, this individual turned to the philosopher and asked him what he did. The academic hesitated for a moment, aware that his answer was one of the greatest known conversation stoppers in the history of civilization. But he gathered up his resolve and told him that he was-well a philosopher. Another few awkward moments of silence followed. Finally, the passenger turned to the philosopher once more and remarked, "Oh, and what are some of your sayings?"

Sport philosophers are supposed to generate more than sayings, but one that seems appropriate now is this: "Nobody ever promised that it was going to be easy!" To Tim who has had to endure so much these past months, to Gary who has stepped in so admirably, to Bill and Rod who are producing a program on such short notice, to Al who retired from his position as Newsletter editor but is doing it yet again. . . nobody ever promised. . . ! Even so, your reactions and good work go well beyond the call of duty, and they communicate far more than could any sayings from philosophers.

Perhaps the most appropriate way to thank those who are helping the Academy during this period comes from another philosophic tradition-one not given as frequently to verbosity as we are in the West. A Zen Buddhist sage might merely sit in respectful silence. So, to all of you and our other officers and committee chairs, please know that you are appreciated-whether we express it with words or without.

Because I am neither a Buddhist nor a sage, I will continue to fill up cyberspace. A reminder that the archives are now in existence at Penn State. You are welcome to forward materials to Leon J. Stout, University Archivist, Pattee Library, University Park, PA 16802. Please do not dispose of any Academy-related materials that might be of particular interest.

Some progress is being made in applying for National Research Council review. I have collected materials for submission to the NRC and believe that we will be making a strong case. The Council has had difficulty in the past identifying us from the data they use. The Survey of Earned Doctorates, their key resource, does not provide appropriate categories for some interdisciplinary fields. Consequently, NRC must "hunt and collect" individuals who have earned doctorates in some of these disciplines-ours among them. I believe that the materials that are being sent to the NRC from the Academy will allow them to "find us" and will show that we are producing a sufficient number of doctorates to warrant serious consideration for inclusion in the 2005 review. I hope to have a report on this ready for our fall meeting.

It is important to note that, quite apart from the NRC project, the Doctoral Program Review program, sponsored by the Academy, is moving forward. At our business meeting in Georgia last year, Deb Feltz and others made it clear that our own review uses different techniques to measure effectiveness and quality, and it should address purposes other than those met by the NRC survey.

I am looking forward to seeing you at Interlaken. Hope between now and then that we have absolutely no further reason to ask philosophers for any of their sayings, least of all the one that reminds us that "nobody ever promised that it was going to be easy."

E-mail: [RSK1@psu.edu](mailto:RSK1@psu.edu)

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## Minutes of AAKPE Executive Committee Conference Call, May 5, 2000

...James R. Morrow, Jr.

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**Present:** Feltz, Krahenbuhl, Kretchmar, Morrow, K. Scott (HK), White  
**Absent:** Freedson

The conference call began at 10:00 a.m. CDT and was recorded.

### **Temporary Transfer of Leadership**

The following message was received from President White dated May 5, 2000:

Dear Colleagues:

Due to unforeseen circumstances, I regret that I am unable to provide the time and attention to the Academy business that the office of President requires. Consequently, I am transferring all duties and responsibilities of the President to the President-elect, effective immediately, as provided by Article VI, Section 12 of the AAKPE BY-LAWS. I anticipate this leave to last for no longer than two months. I am deeply indebted to President-elect Gary Krahenbuhl, Past President Scott Kretchmar, and other members of the Executive Committee and Academy Fellows for providing assistance. I look forward to resuming the office of the President well prior to our annual meeting.

Sincerely,  
s/Tim  
Timothy P. White

President-elect Krahenbuhl agreed to assume responsibilities as requested in White's letter, assumed leadership of the Executive Committee, and led the telephone conversation. President White will maintain contact with President-elect Krahenbuhl monthly until he is in a position to reassume the President's responsibilities.

President White updated the Committee on the status of committee appointments to date. Every attempt will be made to follow through on the suggestions provided by President White indicating suggested committee membership appointments.

The two major issues currently before the Executive Committee are committee appointments and the fall 2000 annual meeting program.

Attention was directed toward committee membership. We are in fairly good shape regarding potential committee appointments.

## **Presidential Committee Appointments**

### **Professional Program Evaluation Committee**

John Dunn previously chaired

### **Electronic Biography Committee**

Not yet reappointed at this time

### **Graduate Program Review Committee - Needs Membership**

Feltz will send recommendations to Krahenbuhl. Dr. Betsy Becker of Michigan State is helping Feltz with data analyses and is interested in using data as a methodological example for program evaluation that could be disseminated in publication form. Feltz will obtain a written specific request from Dr. Becker regarding need for and usage of the data.

### **Directory of Specialists**

The recommendation is that a brief biographical sketch will be added to the current list of Fellows as new Fellows are inducted.

## **Standing Committee Appointments**

### **Awards Committee**

Committee appointments are currently out of sync with the AAKPE By-Laws. Committee membership needs to be updated.

### **Historian**

Recommendations were made regarding possible appointment as the

AAKPE Historian.

### **Membership**

Possible new members for the Membership Committee were discussed.

### **Nominations**

Nominations have been received for AAKPE Officers, and the Committee is ready to move as soon as the appointments are confirmed.

### **Newsletter**

A Newsletter editor is needed to replace Al Stull. The importance of identifying such an individual quickly was reinforced.

### **Committee Membership**

Krahenbuhl will contact the various committee nominees and request their appointment.

### **Academy Papers - Quest**

Karen DePauw is serving as the editor of papers from the 1999 annual meeting.

### **Kinesiology--A Field of Study Definition**

Feltz and Cureton have finalized this document, and it is ready for dissemination on the AAKPE's WWW site. Feltz will disseminate the definition to the Executive Committee for a final review and then have it posted on the WWW.

### **Fall 2000 Annual Meeting Program**

The Executive Committee viewed the development of the program as one of the most important issues facing us in the immediate future. The fall 2000 annual meeting program was discussed. The Committee reviewed the recommendations from the 1999 meeting. Krahenbuhl will contact individuals who made program recommendations at the 1999 annual meeting. The 2000 meeting will be developed based on Krahenbuhl's conversations with these individuals.

The conference call was completed at 11:00 a.m. CDT.

Respectfully submitted,

James R. Morrow, Jr.  
Secretary-Treasurer

E-mail: [jmorrow@coefs.coe.unt.edu](mailto:jmorrow@coefs.coe.unt.edu)

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## **Committees and Appointments, 1999-2000**

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### **Executive**

Timothy White, President  
Gary Krahenbuhl, President-elect  
Scott Kretchmar, Past President  
James Morrow, Secretary-Treasurer  
Deborah Feltz, Member-at-Large, 2000  
Patty Freedson, Member-at-Large, 2001

### **Documents of Governance**

Jack Wilmore, Chair  
Rainer Martens, 2000  
Barbara Ainsworth, 2000

### **Historian**

Stephen Hardy

### **Newsletter Editor**

Alan Stull, 2000

### **Awards**

Patty Freedson, Chair  
Gay Israel, 2000  
George Brooks, 2000  
Maureen Weiss, 2001  
John Shea, 2001  
Mary O'Sullivan, 2002  
Carl Caspersen, 2002

### **Membership**

Beverly Ulrich, Chair  
Frank Katch, 2000  
Daryl Siedentop, 2000  
Thomas McKenzie, 2001

Carl Gisolfi, 2001  
Roberta Rikli, 2001  
Dana Brooks, 2002  
Emily Haymes, 2002  
Jeffrey McCubbin, 2002

### **Nominations and Elections**

Gary Krahenbuhl, Chair  
Robert Christina, 2000  
Priscilla Clarkson, 2000  
Karen DePauw, 2001  
Edward Howley, 2001

### **Memorials**

Richard Magill, Chair  
John Lucas, 2001  
Janet Harris, 2002

### **Graduate Program Review (A Presidential Committee)**

Deborah Feltz, Chair  
Stephen Silverman  
Robert Singer  
Kathleen Williams

### **Editor, Quest/Academy Papers**

Karen DePauw

### **Electronic Biography**

Frank Katch

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## **Interim Reports and Business Items of Committees and Other Presidential Appointees**

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### **Historian**

I look forward to serving as the Academy's Historian. I have been studying and teaching the history of sport and physical culture since 1972, when I began graduate work at the University of Massachusetts. I firmly believe that nothing shapes our everyday decisions so much as our sense of the past. The AAKPE Archives are one repository of those powerful memories. I hope that our Academy members who have spent their professional lives in our wide-ranging and dynamic field will consider donating their papers to the AAKPE Archives, thereby enriching our knowledge of who and where we have been. Such knowledge will be critical to any discussions of what we might wish to become.

Our Archives are now located at The Pennsylvania State University. I hope we'll be able to develop on-line "finding aids" or descriptions of the Archives inventory to make it easier to learn what is available at Penn State. More will be discussed on this topic in future issues. In the meantime, if you have questions about the Archives, especially concerning donating materials, please send me a note or an e-mail message.

Respectfully submitted,

Stephen Hardy  
Historian  
Address: 303 NH Hall  
University of New Hampshire  
Durham, NH 03824  
Phone: 603/862-2076  
Fax: 603/862-0154  
E-mail: [shh@cisunix.unh.edu](mailto:shh@cisunix.unh.edu)

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## Memorials Committee

The Memorials Committee does not have any news to report at this time, but we respectfully request that if any Academy Fellows are aware of the passing of any members that they inform the committee chair at the earliest possible date. The committee deeply appreciates the assistance of the Academy membership.

Respectfully submitted,

Richard A. Magill

Chair

Address: Department of Kinesiology

Louisiana State University

Baton Rouge, LA 70803

Phone: 225/388-3548

Fax: 225/388-3680

E-mail: [rmagill@lsu.edu](mailto:rmagill@lsu.edu)

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## Membership Committee

The Membership Committee has conducted this year's activities in compliance with the mandates of its Operating Code and in accordance with the AAKPE Bylaws. The activities of the committee to date are summarized below:

1. Eleven nominations were submitted to the committee including one for an International Fellowship. One was a resubmission of a nomination for an individual who was not elected last year. Because the Bylaws require waiting at least one year prior to resubmission, the resubmitted nomination was returned to the sender with an explanation. Of the remaining ten nominations, eight made it out of the committee with five or more yes votes.
2. Ballots and credentials for the eight nominees were sent to all Active Fellows (according to Human Kinetics this number was 108) on May 26, 2000, with return votes requested by June 15th.
3. As of June 16th, 63 completed ballots had been received. All nominees whose names were forwarded to the Active Fellows were approved for membership, based on a simple majority vote. Thus, seven individuals were approved by the Academy membership for induction as Active Fellows and one as an International Fellow.

Respectfully submitted,

Beverly D. Ulrich

Chair

E-mail: [bdulrich@mich.edu](mailto:bdulrich@mich.edu)

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## Committee on Nominations and Elections

The Committee on Nominations and Elections has discharged its responsibilities in compliance with the AAKPE Bylaws and its Operating Code. The Committee is pleased to announce the following results of this year's elections: President-elect: Deborah Feltz; Secretary-Treasurer: Stephen Silverman; and Member-at-Large: John Dunn. The newly elected officers will take office at the annual meeting in October. Biographical sketches of Professors Feltz, Silverman, and Dunn appear elsewhere in this issue of the *Newsletter*.

Respectfully submitted,  
Gary S. Krahenbuhl  
Chair  
E-mail: [gary.krahenbuhl@asu.edu](mailto:gary.krahenbuhl@asu.edu)

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## Awards Committee

The Awards Committee has completed its charge in accordance with its Operating Code and the AAKPE Bylaws. The committee is pleased to announce that this year's Clark W. Hetherington Award recipient is David H. Clarke, Fellow 220. A citation for the award will be developed and read during the presentation of the Hetherington Award at the Academy Banquet in October.

Respectfully submitted,  
Patty S. Freedson  
Chair  
E-mail: [psf@excsci.umass.edu](mailto:psf@excsci.umass.edu)

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## **Feltz, Silverman, and Dunn Elected to Office**

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The Committee on Nominations and Elections is pleased to report the results of the recent election held for individuals who will take office in October at the Annual Meeting.

### **President-elect: Deborah Feltz**

Deborah Feltz, professor of physical education and chairperson (since 1989) in the Department of Kinesiology at Michigan State University, received her BS degree in physical education from the State University of New York at Buffalo in 1974. She earned her MS (1976) and PhD (1980) degrees in physical education from The Pennsylvania State University.

Professor Feltz's research focuses on self-efficiency in sport and physical activity and the psychological implications of youth sport participation. She has published over 100 articles on these topics and received many awards for her work in these areas.

Her service to the profession has included participation on professional editorial boards for *Journal of Sport and Exercise Psychology*, *Research Quarterly for Exercise and Sport*, *Measurement in Physical Education and Exercise Science*, and *Quest*; membership on the National Research Council's committee on Techniques for the Enhancement of Human Performance; and participation on the Sport Psychology Advisory Committee to the USOC. Professor Feltz, a Fellow in the American Psychological Association (APA), has also served on the Executive Committee of the Exercise and Sport Psychology Division of the APA and the Executive Committee of the North American Society for the Study of Sport and Physical Activity.

Her service to the Academy has included Chair of the Committee on Awards, Chair of the Presidential Committee on Doctoral Program Evaluation, and Member-at-Large on the Executive Committee.

E-mail: [dfeltz@msu.edu](mailto:dfeltz@msu.edu)

## **Secretary-Treasurer: Stephen Silverman**

Stephen Silverman, professor of education and physical education program coordinator at Teachers College, Columbia University, received his BS degree from Temple University in 1976, his MS from Washington State University in 1978, and his EdD from the University of Massachusetts at Amherst in 1982. He previously held faculty positions at Louisiana State University, the University of Texas at Austin, and the University of Illinois at Urbana-Champaign.

Professor Silverman's research focuses on teaching and learning in physical education and on the methods for conducting research in field settings. He has made well over 100 presentations to international, national, and regional groups and has published over 65 chapters and papers, including more than 40 refereed research articles in a variety of journals. A coauthor of nine books related to teaching and research methods, Dr. Silverman has also been a reviewer and editor for numerous journals in kinesiology, physical education, and education.

Professor Silverman has delivered the Research Consortium Scholar Lecture at the 1992 American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) convention, the Physical Education Scholar Lecture at the 1993 American Education Research Association (AERA) annual meeting, and the 2000 AAHPERD Eastern District Scholar Lecture. He received the first Exemplary Research Paper Award presented by the AERA Special Interest Group on Learning and Instruction in Physical Education.

E-mail: [ss928@columbia.edu](mailto:ss928@columbia.edu)

## **Member-at-Large (To the Executive Committee): John Dunn**

John Dunn, professor of exercise and sport science and dean of the College of Health at the University of Utah since 1995, is a native of Illinois and has held earlier faculty appointments at the University of Connecticut (1972-75) and Oregon State University (1975-1995). Dr. Dunn is known nationally and internationally for his work in adapted physical activity, specifically related to individuals with severe disabilities. He is the author of a leading text, *Special Physical Education*, and was elected to the American Academy of Kinesiology and Physical Education in 1995. Dr. Dunn has held significant leadership positions in professional organizations and has been honored for his professional and scholarly contributions by several organizations, including the Adapted Physical Activity Council and the National Consortium on Physical Education and Recreation for Individuals with Disabilities. Dr. Dunn is currently serving as the President-elect of the Research Consortium of AAHPERD.

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## **Program Theme and Abstract for Annual Meeting**

**... William P. Morgan**

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This year's annual meeting will be held from Thursday, October 5<sup>th</sup>, through Saturday, October 7<sup>th</sup>, in Lake Geneva, Wisconsin. The theme for the meeting will be adherence to exercise programs and physical activity.

There is now compelling research evidence attesting to the physical and mental benefits associated with regular exercise and physical activity. This research has been summarized in the encyclopedic volume titled *Physical Activity, Fitness and Health* edited by Bouchard, Shephard, and Stephens (1994) along with the publication of *Physical Activity and Health: A Report of the Surgeon General* by the U.S. Department of Health and Human Services and the Centers for Disease Control in 1996. Nevertheless, population trends in physical activity suggest little change in moderate and vigorous physical activity during the past fifteen years. Only about 25% of U.S. adults are regularly active, while 25% are totally sedentary. Also, it is remarkable that 50% of all sedentary individuals who adopt exercise programs return to their sedentary lifestyles within several months, and there is additional attrition across time with the result that 75% of those who adopt exercise programs become recidivists within a year's time.

Furthermore, the problem of exercise adherence has not improved over the past three decades despite the enormous research evidence supporting the efficacy of a physically active lifestyle. The goal of this year's Academy program will be to elucidate the mechanisms underlying exercise adherence and recidivism in an effort to better understand this perplexing public health problem.

E-mail: [wmorgan@education.wisc.edu](mailto:wmorgan@education.wisc.edu)

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## **2000 AAKPE Conference**

### **Information Coming to a Mailbox Near You!**

**...Kim Scott & Julie Martens, Human Kinetics**

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Make Your Plans Now for the 2000 AAKPE Conference!  
**INTERLAKEN RESORT AND COUNTRY SPA**  
**LAKE GENEVA, WISCONSIN**  
**October 5–7, 2000**

The Interlaken Resort and Country Spa just outside of Lake Geneva is the site for the upcoming 2000 AAKPE Conference. Information packets will be mailed to Academy members on July 1st, and on-line registration will be available on July 1st on the AAKPE Web site.

Limited to 144 hotel guestrooms, the Interlaken Resort and Country Spa offers a resort feel while catering to smaller groups. Located on 90 acres of rolling countryside overlooking Lake Como, the resort is just a few minutes west of downtown Lake Geneva, a quaint resort town offering many shops and restaurants. In early October, the fall colors should be a bonus treat.

For detailed information on the resort and surrounding area, click on the links below.

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#### **Room Information**

<http://www.interlakenresort.net/accommod.htm>

You'll be thrilled with the rates at the resort—\$90.00 for a guestroom (single/double occupancy), \$140.00 for a one-bedroom villa, and \$210.00 for a two-bedroom villa. If you would like to arrive early or stay later, these rates will be offered to you three days before and three days after the program dates. *Note:* Please do NOT make your room reservations until after July 1st, as you'll need

specific instructions in order to receive the special AAKPE rate.

### **Activities at the Interlaken Resort**

<http://www.interlakenresort.net/activiti.htm>

and Country Spa <http://www.interlakenresort.net/country.htm>

Golf—Four nearby facilities with a total of six courses are available for your golfing pleasure. In July, we'll give you details including costs to play each course.

- Geneva National (includes three courses—Arnold Palmer, Lee Trevino, and Gary Player) <http://www.genevanationalresort.com>
- We'll be holding our AAKPE golf scramble at the Abbey Springs on Friday. <http://www.abbeysprings.com>
- Evergreen Golf Club <http://www.evergreengolf.com>
- George Williams College <http://www.wisgolf.com/courses/gwilliam.html>). This course is the least expensive but does not offer the challenge or beauty of the other courses.

Nearby activities in Lake Geneva include arcades, ballooning, bike rentals, bowling, car racing, and go-carts.

<http://www.lakegenevaguide.com/LGGFram2.htm>

Restaurants in Lake Geneva include steak houses, French cuisine, Mexican, Chinese, seafood, BBQ ribs, and much more.

<http://www.lakegenevaguide.com/LGGFram2.htm>

Shopping options in Lake Geneva include antiques, crafts, kitchen accessories, apparel, books, games and toys, jewelry, and more.

<http://www.lakegenevaguide.com/LGGFram2.htm>

### **Registration Fee**

The fee to attend this year's meeting is \$140, which includes all meetings, breakfast and lunch on Friday, lunch on Saturday, and the banquet on Saturday night. If you want to bring a guest to the banquet, the cost is \$35.

### **Transportation**

The Interlaken Resort is accessible from both Chicago O'Hare and Milwaukee Mitchell Airports, although we're told it is most convenient to fly into O'Hare (about 60 miles from the Interlaken—90 minutes by car) rather than Milwaukee (about 45 miles from the Interlaken—50 minutes by car). The drive may take a little longer, but the airfare should be lower. Van shuttle service from O'Hare is about \$40 round trip. The hotel provides a shuttle service from the Milwaukee airport at \$75 per van loan (which should be about \$15 per person each way). Their van holds only five people with luggage, so we'll need to coordinate trips to and from the airport to make sure we have five people going each way to minimize the cost for each person.

The packet with registration materials and details for all activities will be **mailed on July 3, 2000**, and will be posted to the AAKPE Web site on that same day.

For **additional information or answers to questions**, e-mail [kims@hkusa.com](mailto:kims@hkusa.com) or [juliem@hkusa.com](mailto:juliem@hkusa.com).

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## Congratulations to Our Newly Elected Fellows

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Thanks to Bev Ulrich, her fellow members of the Membership Committee, and all of the Active Fellows who cast ballots this year, we are pleased to announce that seven of our professional colleagues have been approved for membership as Active Fellows and one as an International Fellow. We congratulate those individuals elected to membership and welcome them to the Academy. We look forward to their induction at the annual banquet on Saturday evening, October 7th. Our newest members are as follows:

### Active Fellows

1. **Mark Fischman, Ph.D.**  
Health and Human Performance  
Auburn University  
Auburn, AL 36849-5323  
Phone: 334/844-1465  
E-mail: [fischmg@auburn.edu](mailto:fischmg@auburn.edu)
2. **Edward C. Frederick, Ph.D.**  
Exeter Research  
Brentwood, NH 03833-6418  
Phone: 603/772-4689  
E-mail: [nederick@mediaone.net](mailto:nederick@mediaone.net)
3. **Karen E. French, Ph.D.**  
Physical Education Department  
University of South Carolina  
Columbia, SC 29209  
Phone: 803/777-3172  
E-mail: [kfrench@gwm.sc.edu](mailto:kfrench@gwm.sc.edu)
4. **J. Thomas Jable, Ph.D.**  
Department of Exercise and Movement Sciences  
William Patterson College  
Wayne, NJ 07470

Phone: 973/720-3270

E-mail: [jablet@wpunj.edu](mailto:jablet@wpunj.edu)

5. **Gary Kamen, Ph.D.**

Department of Exercise Science

University of Massachusetts

Amherst, MA 01003

Phone: 413/545-0784

E-mail: [kamen@excsci.umass.edu](mailto:kamen@excsci.umass.edu)

6. **V. Gregory Payne, Ph.D.**

Department of Human Performance

San Jose State University

San Jose, CA 95192

Phone: 408/924-3028

E-mail: [GREGPAYNE1@aol.com](mailto:GREGPAYNE1@aol.com)

7. **Phillip B. Sparling, Ed.D.**

Department of Health and Performance Sciences

Georgia Institute of Technology

Atlanta, GA 30307

Phone: 404/894-9982

E-mail: [phil.sparling@sac.gatech.edu](mailto:phil.sparling@sac.gatech.edu)

**International Fellow**

8. **Efthimis Kioumourtzoglou, Ph.D.**

Department of Physical Education and Sport Sciences

Aristotle University of Thessaloniki

Str. Makrigianni 28

54635 Thessaloniki, GREECE

Phone: 30-31-992-180

E-mail: [kioumour@phed.auth.gr](mailto:kioumour@phed.auth.gr)

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## Congratulations to David H. Clarke, 2000 Hetherington Award Recipient

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The Academy is pleased to announce that this year's recipient of the Clark W. Hetherington Award is **David H. Clarke**, Fellow #220. A former president of AAKPE, Dave has had an extremely productive and distinguished career as a faculty member at the University of Maryland, Indiana University, and the University of California, Berkeley. He is recognized nationally and internationally for his scholarship in exercise physiology with special emphasis in muscular strength and fatigability. The award will be presented to Dave at the Academy banquet in October, and the citation for the award will appear in its entirety in the Fall 2000 issue of the *AAKPE Newsletter*.

E-mail: [dhclarke@gateway.net](mailto:dhclarke@gateway.net)

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## **Linda Bunker Honored by University of Illinois and AAHPERD**

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At the May 14, 2000, commencement activities at the University of Illinois on the Urbana campus, Linda K. Bunker, Fellow 335, was one of three distinguished alumni receiving the Alumni Achievement Award. Linda was cited for her contributions as a leading sport psychologist and advocate for female athletes. During her 25-year career in higher education, she has published extensively and delivered more than 180 scholarly presentations at state, regional, national, and international meetings.

Linda is currently the Parrish Professor in the Department of Human Services in the Curry School of Education and former associate dean for academic and student affairs at the University of Virginia. At the University of Virginia, she has been instrumental in the co-education of the institution and an advocate for gender equity and scholarships for female athletes. In 1997, a professional chair—the Linda K. Bunker Professorship in Education—was established in her honor. In 1998, the Women in Sports Foundation in Charlottesville established the Linda K. Bunker Scholarship. Linda has also received the University of Virginia's highest faculty honor, the Thomas Jefferson Award. In addition, she was named one of eleven Honorary Consultants for the National Golf Foundation.

While at the University of Illinois, Linda was a varsity athlete for four years in three sports—basketball, tennis, and field hockey. Linda was a Bronze Tablet graduate in physical education from that institution.

At the recent AAHPERD meeting in Orlando, Linda was selected as the 2000-2001 Alliance Scholar. The Alliance Scholar program was established to recognize professional members for (1) encouraging and facilitating research that enriches health, leisure, sport, and movement-related activities and (2) disseminating the findings to the profession and other interested and concerned groups. During Linda's term as the Alliance Scholar, she will make two official presentations on

college or university campuses and will also deliver the Alliance Scholar Lecture at the 2001 AAHPERD conference.

The membership of the Academy congratulates Linda on her receiving the Alumni Achievement Award from the University of Illinois and on her selection as the Alliance Scholar.

E-mail: [LBUNKER@Virginia.edu](mailto:LBUNKER@Virginia.edu)

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## **Jim Morrow Named Visiting Professor at the Chinese University of Hong Kong**

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James R. Morrow, Jr., Fellow 341, has been named the Wei Lun Visiting Professor at Chinese University of Hong Kong. In March, Jim spent two weeks in Hong Kong, where he delivered the prestigious Wei Lun Public Lecture. The title of his presentation was "Physical Activities: Increasing Quality of Life Through Lifestyle Behaviors and Preventive Medicine."

In addition to the Wei Lun Public Lecture, Jim and his wife, Melba (representing the Cooper Institute for Aerobics Research), also presented two public lectures and four university and professional organization lectures during their visit to Hong Kong. The titles of their presentations included "Current Issues of Measurement in Health Research: Assessing Physical Activity," "Strategies and Ideas for Publishing Manuscripts in International Journals," "Role of the Cooper Institute for Aerobics Research in Promoting Health and Fitness," and "The New FITNESSGRAM and ACTIVITYGRAM Program."

The Academy congratulates Jim on this international recognition as a distinguished scholar and lecturer.

E-mail: [jmorrow@unt.edu](mailto:jmorrow@unt.edu)

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## **Karl Newell Honored at Penn State**

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Karl M. Newell, Fellow #319, was awarded the 1999 Pauline Schmitt Russell Distinguished Career Award at a ceremony held on October 18, 1999, in the Nittany Lion Inn Boardroom on the Penn State campus. The award honors a senior faculty member who has made outstanding research contributions to the field across a major portion of his/her career.

Karl's research focus is in motor learning and control, approached from a broad lifespan perspective. His work has evolved over the years into an interdisciplinary endeavor that melds concepts from psychology, neurophysiology, and physics in investigating the roles of information and dynamics in the regulation of movement in physical activity.

His early work focused on the development of a coherent account of different kinds of information in motor skill acquisition and how ideas are influential in both theory and practice. Another major contribution has been the development of space-time theory of movement accuracy. Currently, Karl has several major research projects in progress. In one of these, he is examining the structure of movement variability in both normal and abnormal movement. A practical application of this work has been the earlier determination in clinical practice of the negative side-effects of the prolonged intake of neuroleptic medication.

The Academy congratulates Karl on this recognition of his outstanding contributions to the body of knowledge in our field.

E-mail: [kmn1@psu.edu](mailto:kmn1@psu.edu)

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## In Memory of Vera Skubic

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It is with regret that we inform the Academy membership that Vera Skubic, former Professor of Ergonomics and Physical Education at the University of California at Santa Barbara, died on March 24, 1998. Vera was a former member of the Academy and taught for 25 years as a faculty member at UCSB. She was the department chair for six years, a founding member of the University's Women's Center, and played a major role in creating the Jean Hodgkins Memorial Scholarship.

In addition to being a Fellow in the Academy, Vera was also elected as a Fellow in the American College of Sports Medicine and the American Alliance for Health, Physical Education, Recreation and Dance. She received the Wood Glen Hall Gerontology Research Grant and was awarded honorary membership in the Western Society. The memorial service for Vera was held at Leisure World in Laguna Woods and was attended by over 200 friends and family members.

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## Do You Recognize Your Colleagues?

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Pictured below and on the following pages are some of your fellow Academy members during their scholastic and collegiate athletic careers. The editor thought it would be both interesting and enjoyable for the Fellows to attempt to identify their colleagues in settings far different from our annual meetings and at a time when perhaps some of us looked slightly different! The editor deeply appreciates the cooperation of those members who were kind enough (or perhaps "brave enough" would be a better descriptor) to submit their photos of yesteryear. A listing identifying those Fellows pictured appears as the last item in this issue, but do **not** peek until you have attempted to identify all of the photos.

1.



2.



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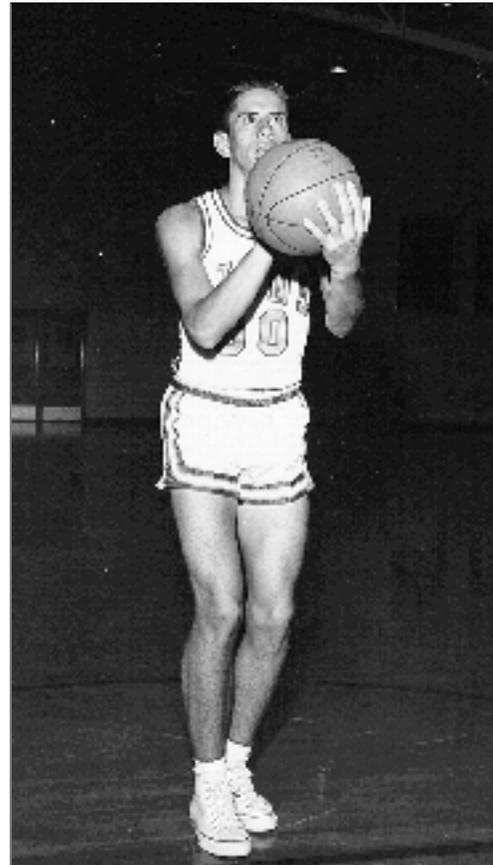
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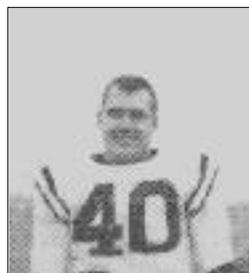
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9.



10.



## Letters From Our Fellows Emeriti

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December 1999

Dear Al:

I have been doing volunteer work with the local legal aid organization and have found interaction with the law and its guardians fascinating. I am not too surprised to find out that lawyers have many of the same problems as professors and that the legal profession has as many challenges, disappointments, and successes as academe.

I continue to travel, often with Gail Hennis. Last year we visited South America, and this coming January we plan to travel to Copper Canyon, Mexico. I spent several weeks in North Carolina in September, where I delivered a speech about Ellen Griffin as a new golf practice area was named in her honor. The trip gave me the opportunity to catch up with many of my North Carolina friends and to feast on Carolina BBQ—the likes of which you can't find anywhere else.

My health continues to be good although I get irritated at the slow diminishing of my mobility. I don't mind getting old—I just never anticipated it would hurt!

I try to keep up with AAHPERD and Academy news, though sometimes I miss the latest items. Florida is a bit too far to go for the AAHPERD convention, and Academy events always seem to clash with my family's expectations for their annual visits.

I was delighted to hear that Jo Safrit received the Academy's Hetherington Award. She is a most deserving person and a real delight. I taught her as an undergraduate, and she showed promise of future leadership at a very early age. All of which materialized.

Best wishes for a great new millennium.

Sincerely,

**Celeste Ulrich, Fellow 182**

May 2000

Dear Al:

After more than three decades teaching and conducting research at the university level, retirement gets an A+ in my grade book. Old Dominion University has provided me with an office and the opportunity to periodically provide guest lectures, enabling me to continue to enjoy the academic atmosphere. Professional life is still very active but less stressful given the freedom from university responsibilities and the associated increased time to research, write, and travel. Since retirement in 1997, Human Kinetics has published two of my books—*The Ergonomics Edge: Pushing the Limits of Sports Performance* (1998) and *Creatine: The Power Supplement* (1999) coauthored with Richard B. Kreider and J. David Branch. I recently finished the sixth edition of *Nutrition for Health, Fitness, and Sports*, which is in the publication process and will be released by McGraw-Hill/WCB in 2001. Many review papers have also been published. Presentations on nutritional ergogenic aids have provided the opportunity to travel during the past three years throughout the United States and also to Canada, Venezuela, Columbia, Argentina, Brazil, Dominican Republic, Portugal, Israel, Turkey, and Japan.

In the community, I serve on the Board of Directors of the Tidewater Striders, a local running club, and have initiated and completed the first year of Fit for the River Run, a school-based program to train middle- and high-school students in the Tidewater area to complete a 10K road race. Recreationally, I continue to enjoy age-group road racing, particularly marathons, and hope to complete my 100th marathon this October.

On the home front, Jeanne and I built a reinforced-concrete house on the beach overlooking the spectacular views at the mouth of the Chesapeake Bay. Our builder indicated the house could withstand winds over 150 mph, but we hope that experiment will never be conducted. Life is good!

Warmest personal regards and best wishes.

Sincerely,

**Melvin H. Williams, Fellow 300**

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May 2000

Dear Al:

I retired as Dean of Health and Human Performance at East Carolina University

effective August 1, 1999. This was easy to do since I had prior experience. I retired from the University of Florida in 1984 and from Oregon State University in 1994. This time it's for keeps. It is time to step aside in favor of younger, brighter, and more energetic folks.

It is not difficult to stay busy in retirement. Betty and I have moved back into our home in Corvallis, Oregon, which was rented for five years. It is a very old house and requires constant upkeep, as well as some fairly extensive repair left over from our tenants. Also, I have started two consulting firms, one for advising those interested in entrepreneurial administration and the other for those needing help with efficient management of sport and recreational facilities. Thus far I have assisted an architectural firm in putting together three proposals for design and construction of recreational facilities and have one administrative consulting job with a community college in Ohio. Finally, Human Kinetics has hired me to produce a data base for the new sports medicine Web site it is developing. The latter work is really interesting. I have taught courses in athletic training, but long ago. That experience helps with the endeavor, as does my ancient history as a U.S. Navy medical corpsman. However, a bunch of what I do to prepare for writing these pieces is read, and I like doing that.

My children are doing well. Daughter Beth is in Portland, Oregon, and has four children, the last born just weeks ago. Older son Ward is a Lt. Commander, USN, stationed in Norfolk, Virginia, where he lives with his wife Hisami. Younger son Joe is a journalist in Seattle, Washington, and his wife, Lisa, is a student at the University of Washington. We spend a lot of time in Portland with the grandchildren.

I still exercise regularly—lift, cycle, and swim. Running is history due to two bum knees that I abused for many years.

Hope this finds you and my fellow members of the Academy in good health.

Sincerely,

**Christian W. Zauner, Fellow 327**

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June 2000

Hello All—

Hey, retirement IS all that it's cracked up to be . . . you ought to try it!

As most of you know, I elected to retire early and moved to Taos, New Mexico, where Anita and I designed and built a traditional style adobe home on three acres. We're at 7,600 feet and have 360-degree views—the Rio Grande gorge to the west and the Sangre de Christos on the east, north, and south. Actually we are in Arroyo

Seco, a tiny, 250-year-old town north of Taos and nine miles west of the Taos Ski Valley (world-class skiing).

Why here? For the wonderful culture—art and music (of all kinds), poetry slams, Native American pow-wows and ceremonials, plus the active life of skiing (a passion of mine), hiking, and fishing. Remember the 1960s and the hippies? That's Taos . . . they're all just a little older now. Lots of diversity and alternative lifestyles—I'm just glad I worked all those hard years and have the gravy now.

Besides play, I've been writing. A book about heart disease in women will be published (in the trade press) some time in late August, and I'm dabbling at finishing another on menopause and the active lifestyle. I've done some speaking too but recently decided to cut back on that and spend more time enjoying retirement. I work out regularly, volunteer at the local library and for a river conservation group, and have joined a gospel singing group. This summer we're spending a lot of time getting our yard and garden going and planning a fall trip to New Zealand (biking). So, I'm getting too busy to continue with "professional activities" much longer, and I guess that is as it should be.

If you are ever in the area I'd love to show you the wonders of Taos. Contact me at [cwells@laplaza.org](mailto:cwells@laplaza.org).

Fond wishes to you all,

**Christine L. Wells, Fellow 289**

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June 2000

Dear Al:

I have always followed the notes from retired veterans of the Academy with great interest. Now here I am writing one myself. I have been very busy as I continue working with my church, as well as with the campus ministry and the faculty club. In fact, I was elected president of the club just last month (since, they argued, I have a lot of discretionary time).

Now that I seem acclimated to retirement, I am doing some preliminary work as part of my plan to continue with my writing. Emeritus status is wonderful: parking on campus and access to the library, to mention a couple of things. Another is that I can take a vacation whenever I want, so Lou and I did the Alaskan cruise last September, and we'll take a river cruise next September up the Columbia River from Portland and on to the Snake River into Idaho.

My main diversion, however, is my music. I continue to play clarinet in a local concert/symphonic band, where I am currently the general manager. This is something I have done here for many years. In addition, for the past three years I have been playing tenor sax in a dance band (remember the big bands?), which

takes me back to the days of the swing era. The music may be familiar, but many of the arrangements have been rewritten.

I hope to see you at the next meeting.

Sincerely,

**David H. Clarke, Fellow 220**

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June 2000

Dear Al:

It seems as though I am always running out of time. As I get older I believe this becomes more of a problem. Tomorrow morning I am flying to Pennsylvania to visit my son Eric, currently on the faculty at West Chester University, for several days, and then on to East Stroudsburg University for my annual visit to friends in the Poconos. President Dillman and the Alumni Director, Bob Kelly (I handed him his diploma in 1972), visit St. Petersburg every winter, and it is a real pleasure to hear about ESU on these occasions.

So far, life at Suncoast Manor—a wonderful continuing care retirement community—has been great; there's just about every conceivable facility you can imagine. I have served as the Chair of the Members Advisory Council and am currently President of our Florida Care Residents Association Chapter here at the manor. This year I was a delegate to our meeting at the Florida State Capitol, where I served as a leader of one of the teams of retirement community residents who interviewed legislators. Four of the seven issues we supported were passed by the legislature, and there is always next year for the remaining three. I have twelve of our manor residents maintain a chain of letters, e-mails, or faxes to legislators throughout the legislative session.

With my encouragement, management and residents have embarked on a Wellness Program. For the fitness segment we now have aerobics, chair exercises, and individualized exercise programs supervised by the head of our rehab clinic and chief clinic nurse.

My other project is getting a communication center set up for residents. I donated a computer with the essential peripherals and now have a room where I am working with my "first class" of five residents. This program has no where to go but ahead.

My best to you and all my friends. God Bless You All!

Sincerely,

**Frank D. Sills, Fellow 175**

June 2000

Dear Al:

It has been fourteen years since I retired, but it seems like yesterday. I didn't retire early, but looking back, I wish I had. I've found a whole big wonderful world out there. For the first eleven years, I found myself immersed in volunteer work—in areas I had never explored before. I was on the boards of the Center for the Arts, Hospital Foundation, and Senior Citizens as well as serving on our University Board of Governors and heading up an advisory committee for the College of Education. A great deal of this work had to do with fund raising, which I found difficult and not one of my favorite activities.

In the winter, I'd go to Arizona and California to get out of the cold. I eventually bought a home in Green Valley, Arizona, and spend six months there each year. So now I play golf year-round, go to concerts and plays, play bridge, and travel wherever the spirit moves me. Green Valley has many retired physical educators, giving me an instant circle of friends. In addition, I've met wonderful people from all walks of life. I am sure all of our retirees can attest to the same, and I hope everyone is enjoying life as much as I am.

If you're in the Green Valley area (20 miles south of Tucson), give me a call. You can be sure an instant party will be in order.

Sincerely,

**Barbara E. Forker, Fellow 232**

**Editor's Note:** Jerry R. Thomas, current head of the Department of Health and Human Performance at Iowa State University, sent the following note regarding the extremely high regard in which Barbara Forker is held on the Iowa State campus.

The facility on Iowa State's campus occupied by the Department of Health and Human Performance is called the Barbara Forker Building. We have a wonderful dedication plaque in the entrance to the building with Barbara's picture and a short biography. In addition to being an active fund raiser for the department, Barbara has donated significant funds to the department for scholarships and a faculty professorship. As Chair, I can assure you that having a departmental friend like Barbara is one of the best things that can happen to a person.

The editor thanks all of the Emeriti Fellows who responded so kindly to his request to write letters informing their fellow Academy members about what is happening in their lives. He encourages other retired members to send letters for inclusion in

the fall issue. Please send all letters via e-mail to [alstull@anv.net](mailto:alstull@anv.net) or through U.S. mail to G. Alan Stull, 2022 Bobtail Circle, Henderson, NV 89012. Your many friends in the Academy will be delighted to hear from you.

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## A Listing of Your Previously Pictured Colleagues

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1. Jack Wilmore, the ace right-hander for the Santa Ynez Valley (CA) High School Pirates.
2. Jo Safrit when she was a defensive stalwart as a guard for the Boyden High School Yellow Jackets in Salisbury, NC.
3. Gary Krahenbuhl when he was patrolling the backcourt and directing the offense as a guard for the Northern Illinois University Huskies.
4. Cathy Ennis, left wing on the Lynchburg College Hornets field hockey team, leaving the Randolph Macon defenders in the dust.
5. Waneen Wyrick Spirduso spruced up in her softball uniform before winning the city playoffs in the Austin, Texas church league. Circa 1952. The next year she entered the Department of Physical Education at the University of Texas, where she was told to quit playing in the league because it was not lady-like and unbecoming a future teacher. As a member of the 50's generation (the compliant and well-mannered generation), she did.
6. Jim Morrow, an All-City selection, leading scorer, and center for the King High School Lions in Tampa, FL.
7. Bob Christina, catcher and co-captain of the Ithaca College Bombers, the University Division NCAA Region 2 Champions and participants in the 1962 College World Series.
8. Al Stull during his days as an outfielder for the Leopards of Lafayette College.
9. Jerry Thomas, the hard-nosed running back and defensive halfback for the Furman University Paladins.

10. Rainer Martens, the hard-throwing right-handed pitcher for the "Hutch Legion" in Hutchinson, KS.

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**Contact AAKPE c/o Human Kinetics: P.O. Box 5076, Champaign, IL 61820-2200, U.S.A., phone (800) 747-4457 or (217) 351-5076, fax (217) 351-2674, or email: [humank@hkusa.com](mailto:humank@hkusa.com)**

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