Kinesiology is a field focused on physical activity and its impact on health, society, and quality of life. But do all people have equal opportunities to access and experience physical activity? Do physical activity settings allow people to freely express themselves? Are the benefits of physical activity universally shared by all people? If the answer to any of these questions is “no,” then these questions demand not only our immediate attention, but also our collective action. During the National Academy of Kinesiology’s 90th anniversary meeting these questions – among others – will be explored using a multitude of investigative approaches that display a “cell to society” orientation whereby multiple subdisciplines, including the integration of subdisciplines, contribute to the discourse. As stewards of the discipline, we are all part of something larger than ourselves with a duty and obligation to “Pass it on.” What we pass on and to whom are important. As such, the speakers may be seeking to not merely raise awareness, increase knowledge, or point out problems, but to genuinely move the needle by disrupting the status quo through more intentional efforts aimed at overcoming social injustices that have been observed.

This year also marks the Academy’s 90th anniversary meeting. While tangential to the meeting’s main theme, this is an auspicious occasion. As such, a special session was developed to provide a sweeping overview of the Academy’s history. We hope it informs, inspires affinity, and allows all in attendance to reflect on where we come from, what we are part of, and perhaps help guide where we are going.

<table>
<thead>
<tr>
<th>Program Advisory Committee</th>
<th>NAK@90 Presidential Committee</th>
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<tbody>
<tr>
<td>Bradley J. Cardinal, Chair, #475, Oregon State University</td>
<td>Ronald F. Zernicke, Chair, #503, University of Michigan</td>
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<td>Ketra L. Armstrong, #547, University of Michigan</td>
<td>Douglas J. Casa, #556, University of Connecticut</td>
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<td>Dana Brooks, #406, West Virginia University</td>
<td>Kim Graber, #526, University of Illinois, Urbana-Champaign</td>
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<td>George B. Cunningham, #558, Texas A&amp;M University</td>
<td>Kevin M. Guskiewicz, #466, University of North Carolina, Chapel Hill</td>
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<td>Louis Harrison, Jr., #520, University of Texas, Austin</td>
<td>Mary E. Rudisill, #564, Auburn University</td>
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<td>Vikki Krane, #479, Bowling Green State University</td>
<td>Thomas J. Templin, #473, University of Michigan</td>
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<td>Mary E. Rudisill, #564, Auburn University</td>
<td>Daniel J. Weeks, International Fellow (Int’l), University of Northern British Columbia, Canada</td>
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<td>Deborah Riebe, #580, University of Rhode Island</td>
<td>Maureen R. Weiss, #360, University of Minnesota-Twin Cities</td>
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<td>Ronald F. Zernicke, #503, University of Michigan</td>
<td>Nancy I. Williams, #513, Pennsylvania State University</td>
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<tr>
<td>Susan Zieff, #494, San Francisco State University</td>
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DAY 1

Wednesday, September 22, 2021
(Note: All times are listed for the Central time zone.)

WELCOME

12:00 Noon Welcoming Remarks and Introductions
Ronald F. Zernicke, President (#503)
University of Michigan

SESSION I

NAK@90: Background and Significance

12:15 PM “The National Academy of Kinesiology: Its Founding, Focus, and Future”
Bradley J. Cardinal, Program Committee Chair and Historian (#475)
Oregon State University

1:00 PM 15-minute break

SESSION II

Kinesiology’s Social Justice Imperative

In Honor of NAK Fellows Daryl Siedentop (#264) & Lawrence F. Locke (#240)
[Supported by NAK Pedagogy Fellows]

1:15 PM Introduction of the Conference Theme and Invited Lecturer
Bradley J. Cardinal, Program Committee Chair and Historian (#475)
Oregon State University

1:30 PM The Rainer and Julie Martens Invited Lecture:
“Physical Activity: Taking Steps Toward Health Equity”
NiCole R. Keith (New Fellow), Past-President, American College of Sports Medicine; Professor and Associate Dean, Indiana University-Purdue University Indianapolis

2:00 PM 15-minute break

Day 1 continues on next page
SESSION III:

*In Honor of Canadian NAK International Fellows*  
*[Supported by a Consortium of Canadian Universities]*

**Deconstructing the Biology of Social Justice**

**Moderator:** Ira Jacobs (Int’l), University of Toronto, Ontario, Canada  
(The 2014 C. Lynn Vendien International Lecturer)

**2:15 PM**  
C. Lynn Vendien International Lecturer  
“The human genome, physical activity, fitness and health”  
Claude Bouchard (Int’l)  
Boyd Professor, Louisiana State University System  
John W. Barton Sr. Endowed Chair in Genetics and Nutrition  
Director of the Human Genomics Laboratory  
Pennington Biomedical Research Center in Baton Rouge, Louisiana  
Professor Emeritus, Université Laval, Quebec City, Quebec, Canada

**2:45 PM**  
“Race, Cardiovascular Disease and Vascular Health”  
Michael Brown (#537)  
Auburn University

**3:15 PM**  
Q&A discussion with Session III speakers

**3:30 PM**  
15-minute break

**HETHERINGTON AWARD CEREMONY 2020**

**3:45 PM**  
Presentation of Hetherington Award, Thelma S. Horn (#565)  
Introduction of Hetherington Award Recipient, Maureen R. Weiss (#360)  
Acceptance of Hetherington Award, Beverly D. Ulrich (#375)

**End of Day 1 Meet and Greet Social**

**4:15 PM**  
Four breakout rooms: (1) Emeriti, (2) 2020 Hetherington, (3) International, (4) *Kinesiology Review* and/or Welcome Guests of the Academy

**Today’s Featured ‘TED’ Talk-Style Presentations**  
*(Pre-recorded)*

1. Panteleimon “Paddy” Ekkekakis (#585), Iowa State University  
2. Timothy P. Gavin (#586), Purdue University  
3. Thomas W. Kaminski (#587), University of Delaware  
4. Duane V. Knuudson (#588), Texas State University  
5. Murray G. Phillips (Int’l), University of Queensland, Australia  
6. Shawn M. Arent (#589), University of South Carolina
DAY 2

Thursday, September 23, 2021

(Note: All times are listed for the Central time zone.)

SESSION IV

In Honor of NAK Fellows from Auburn University
[Supported by Auburn University]

The Body as a Place of Controversy

Moderator: Mary E. Rudisill (#564), Auburn University

12:00 Noon

“Female Testosterone: Contested Terrain”
Vikki Krane (#479)
Bowling Green State University

12:30 PM

“Creating Inclusive Sport Spaces for Transgender Athletes.”
George Cunningham (#558)
Texas A&M University

1:00 PM

Q&A discussion with Session IV speakers

1:15 PM

15-minute break

SESSION V

In Honor of NAK Fellows from Big 10 Universities
[Supported by the CIC, Big 10 Universities]

Inclusivity in Physical Activity Settings and the Occupation of Space

Moderator: Deborah Riebe (#580), University of Rhode Island

1:30 PM

“Promoting Health and Active Living Through Inclusive Urban Communities”
Susan Zieff (#494)
San Francisco State University

2:00 PM

“Inclusion of Overweight/Obese Individuals in Physical Activity Settings”
Paul Rukavina
Adelphi University, Garden City, NY

Day 2 continues on next page
2:30 PM  “Examining Inclusion of Individuals with Disabilities in Physical Activity Through a Social Justice Lens”
Martin Block (#573)
University of Virginia

3:00 PM  Q&A discussion with Session V speakers

3:15 PM  15-minute break

2021 FELLOW INDUCTION CEREMONY

3:30 PM  New Fellow Induction, Jeffrey Woods (#533)
New Fellow Response, NiCole R. Keith (New Fellow)

End of Day 2 Meet and Greet Social

4:30 PM  Four breakout rooms: (1) New Fellows Class of 2020 with family names beginning with A-H; (2) New Fellows Class of 2020 with family names beginning with K-S; (3) New Fellows Class of 2021 with family names beginning with D-J; (4) New Fellows Class

Today’s Featured ‘TED’ Talk-Style Presentations
(Pre-recorded)

1. Debra A. Bemben (#590), University of Oklahoma
2. Douglas George Booth (Int’l), Thompson Rivers University, Canada
3. Jacqueline D. Goodway (#591), The Ohio State University
4. Chris J. Hass (#592), University of Florida
5. Jay Hertel, (#593), University of Virginia
6. Jeff Horowitz, (#594), University of Michigan
DAY 3

Friday, September 24, 2021
(Note: All times are listed for the Central time zone.)

“Pass it on” Ceremony

12:00 Noon  David H. Perrin, Past-President (#401)
             Ronald F. Zernicke, President (#503)
             Melinda A. Solmon, President-Elect (#472)

12:30 PM     15-minute break

SESSION VI

In Honor of NAK Fellows from University of North Carolina at Chapel Hill
[Supported by UNC at Chapel Hill]

Agents of Change and Social Activism

Moderator: Maureen M. Smith (#543), California State University, Sacramento

12:45 PM     “Kinesiology: Moving Toward Social Justice?”
             Diane L. Gill (#331)
             University of North Carolina, Greensboro

1:15 PM       “Teaching to Transgress’: Race and a Pedagogy of Empowerment in Kinesiology”
             Ketra L. Armstrong (#547)
             University of Michigan

1:45 PM       Q&A discussion with Session VI speakers

2:00 PM       15-minute break

Day 3 continues on next page
SESSION VII

In Honor of Prof. Elizabeth M. Roberts, University of Wisconsin—101st Birthday
[Supported by her former students, advisees, and faculty colleagues]

Next Steps for Advancing Kinesiology’s Social Justice Imperative and Disrupting the Status Quo

Moderator: James Jianhui Zhang (#545), University of Georgia

2:15 PM  “Achieving a Socially Just Society: Kinesiology’s Role and Responsibility”
Karen P. DePauw (#379)
Virginia Polytechnic Institute and State University

2:45 PM  “Feeling Black: A Conversation about Justice Imperatives in Education, Health, and Disability”
Louis Harrison, Jr. (#520)
University of Texas, Austin
and
Samuel R. Hodge (#562)
The Ohio State University

3:30 PM  Q&A discussion with Session VII speakers

3:45 PM  15-minute break

HETHERINGTON AWARD CEREMONY 2021

4:00 PM  Presentation of Hetherington Award, Lynda B. Ransdell (#579)
Introduction of Hetherington Award Recipient, Cesar Torres (#531)
Acceptance of Hetherington Award, R. Scott Kretchmar (#330)

End of Day 3 Meet and Greet Social

4:30 PM  Four breakout rooms: (1) 2021 Hetherington, (2) 2021 Conference Reflections, (3) 2022 Conference: Looking Ahead, (4) Emeriti and New Fellows

Today’s Featured ‘TED’ Talk-Style Presentations
(Pre-recorded)

1. Jill Kanaley, (#595), University of Missouri
2. Yu Liu, (Int’l), Shanghai University of Sport, China
3. Ann MacPhail, (Int’l), University of Limerick, Ireland
4. Linda S. Pescatello, (#596), University of Connecticut
5. Karin Allor Pfeiffer, (#597), Michigan State University
6. Kathryn Schmitz, (#598), Pennsylvania State University
‘TED’ Talk-Style Presentations

In these sessions the Fellow classes of 2019 and 2020 share their innovative ideas, perspectives, and insights derived from their respective scholarly and/or professional contributions to Kinesiology. To the extent possible, and while it may not be a direct focus of their work, all were requested to make an effort to acknowledge the conference theme in their talks.1 Each individual presentation is ≤15 minutes in duration.

2019 Fellow “TED” Talks

- Panteleimon “Paddy” Ekkekakis (#585), Iowa State University
- Timothy P. Gavin (#586), Purdue University
- Thomas W. Kaminski (#587), University of Delaware
- Duane V. Knudson (#588), Texas State University
- Murray G. Phillips (Int’l), University of Queensland, Australia

2020 Fellow “TED” Talks

- Shawn M. Arent (#589), University of South Carolina
- Debra A. Bemben (#590), University of Oklahoma
- Douglas George Booth (Int’l), Thompson Rivers University, Canada
- Jacqueline D. Goodway (#591), The Ohio State University
- Chris J. Hass (#592), University of Florida
- Jay Hertel, (#593), University of Virginia
- Jeff Horowitz, (#594), University of Michigan
- Jill Kanaley, (#595), University of Missouri
- Yu Liu, (Int’l), Shanghai University of Sport, China
- Ann MacPhail, (Int’l), University of Limerick, Ireland
- Linda S. Pescatello, (#596), University of Connecticut
- Karin Allor Pfeiffer, (#597), Michigan State University
- Kathryn Schmitz, (#598), Pennsylvania State University

1These presentations will be pre-recorded and available “on demand” approximately 1 week before the National Academy of Kinesiology meeting. During the meeting, six of the presentations will be featured daily. Opportunities to interact with presenters is encouraged during the end-of-day social events.
Readings and Resources
(Not an exhaustive list)

Note: In the Academy’s “Pass it on” spirit and to encourage further self-study and reflection, members of the Program Advisory Committee compiled a list of articles, books, chapters, and other resource documents pertaining to the meeting’s theme. The materials range from academic, scholarly, and scientific, to applied, professional, and practical. Many are freely available.

The American Psychological Association (APA) has several resources on a wide array of identities, bias, and advocacy. See:


Clark, L. (2021). Dare the discipline(s) to build a new academy: The future of kinesiology and health in higher education. Quest, 73(2), 141–150. doi: 10.1080/00336297.2021.1903518


Harawa, N. T. (2019, December 13). What black faculty need from our white and Asian allies: Provides eight recommendations for how to promote justice, inclusivity and diversity within your institution. Inside Higher Education. Retrieved from


