

Table of Contents

PRESIDENT'S MESSAGE

Encouraging Engagement of NAK Members . . . 1

PAST PRESIDENT'S MESSAGE

Frontiers in Kinesiology: Previewing the 2016
Academy Meeting 3

PRESIDENT-ELECT'S MESSAGE

Up, Up, and Away 4

2016 NAK ANNUAL MEETING

Meeting Location in Albuquerque, New Mexico .5

2016 National Physical Activity Plan Released. . . 7

New NAK Leader Speaks Interview with Jo Safrit . 9

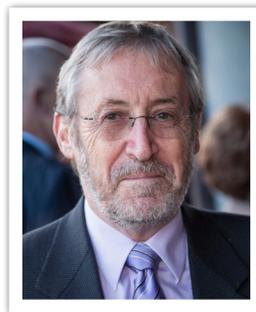
NAK MEMBER NEWS10

Executive Board 2015-2016. 11

PRESIDENT'S MESSAGE

Encouraging Engagement of NAK Members

By [Karl M. Newell](#), NAK President



Karl Newell

As the academic year slips by it is time to look to next year and the National Academy of Kinesiology annual fall meeting (October 6-9, 2016). I hope that you are already committed and booked to meet in Albuquerque. Cathy Ennis and her program committee have been hard at work organizing the meeting under the umbrella theme of Frontiers of Kinesiology. It would be wonderful to have a record attendance of fellows this year at our annual meeting. As a bonus, the meeting coincides with a colorful event: the Albuquerque International Balloon Fiesta.

In my previous message I expressed the view that we need to enhance the level of engagement of fellows in academy matters. Since that time we have completed the

new officer and fellow elections as noted elsewhere. I want to take this opportunity to offer a special welcome to the new fellows and thank the newly elected officers for their willingness to take on a leadership role in the academy.

I would remind everyone that one standing avenue of engagement is to communicate through writing a paper for the journal *Kinesiology Review*. The journal needs a greater quantity of high-quality papers that address the cutting-edge issues of our field of study and originate from beyond the yearly academy program. Please consider this outlet for expressing your scholarship and that of your collaborators. *Kinesiology Review* presents a unique forum for scholarship in our field of study and an opportunity to keep the conversation of the academy going outside of the annual meeting.

I have been thinking about the scholarly theme for our 2017 meeting in Washington, DC. It is a challenge to find a unique focus

Continue on Page 2

[Continued from page 1](#)

President's Message

from the program agendas of recent meetings and one that reflects and anticipates the future of kinesiology. We are open to all the advice and help that we can get. Please send me or the other officers any suggestions you have for the program focus. I will be forming a small working committee for the program organization.

NAK Officer Election Results

President-elect: Brad Hatfield

Secretary-treasurer: Jill Whitall

Member at large: Kathleen Janz

PAST PRESIDENT'S MESSAGE

Frontiers in Kinesiology: Previewing the 2016 Academy Meeting

By Cathy Ennis, NAK Past-President



Cathy Ennis

The academy meeting to be held October 6 to 8, 2016, in Albuquerque will feature the scholarship of recently inducted fellows in the theme of Frontiers of Kinesiology.

I extend my special thanks to the program committee, Li Li Ji, Karl Newell, Dave Perrin, Debbie Rose, and Alison Wrynn, for their creative ideas and identification of outstanding speakers in each frontier. As in previous years there are four major sessions, this year reflecting four major kinesiology frontiers the committee selected for this program. Additionally, you will have opportunities to attend the Albuquerque Balloon Festival to enjoy this outstanding event.

From robotics to doping, kinesiology frontiers focus on innovations affecting our scholarship and changing the future in our departments. The first session features the frontier Exercise and the Brain. Charles Hillman leads this session, describing new research methods in assessing the impact of

physical activity on children's brain development. Juergen Konczak provides a futuristic overview of the role of exercise in enhancing the life course for Parkinson's and stroke patients, while academy guest Teresa Liu-Ambrose of the University of British Columbia rounds out this session by discussing her research on exercise and the aging brain.

Dr. Kathleen Armour presents the C. Lynn Vendien Lecture this year, introducing the second frontier, Transformative Educational Initiatives. Her talk focuses on innovative approaches to the challenge of learning to be physically active. Other sessions in this frontier are presented by Monica Lounsbery focusing on educational policy and Louis Harrison's critique of the miseducation of African American athletes.

In the third frontier, Enhancing Human Health and Performance, Dan Ferris describes how robotics are being used to aid human performance. Nancy Williams explains the role of energy balance in the science of women's menstruation, while academy guest John Greaves of California State University at Fullerton provides a philosophical perspective on performance enhancements in this frontier.

Speakers in the final session explore the prevention and management of heat illness, concussion, and sudden death in sport. In this frontier new fellow Doug Casa examines innovative approaches to dealing with heat illnesses. The program committee also has invited Steve Broglio of the University of Michigan to discuss his innovative research on head injuries, and Cesar Torres offers a critique of the risk of injury and death in sport participation in the 21st century. Phil Martin has graciously accepted the task of wrapping up the conference.

Although the frontier sessions provide us with intellectual stimulation, our trip to Albuquerque in early October would not be complete without the opportunity to enjoy the world-famous Balloon Festival. We are planning two academy balloon events: Friday evening for the balloon afterglow and fireworks and Saturday morning for the mass balloon ascension. Both should provide great opportunities for socializing against the backdrop of a world-class event. We hope you will plan to attend the Frontiers in Kinesiology meeting at the Balloon Festival. Information about conference registration has been sent out and is available on the NAK web site.

PRESIDENT-ELECT MESSAGE

Up, Up, and Away

By Debbie Rose, NAK President-Elect



Debbie Rose

In my role as president-elect this year I had the pleasure of serving as the chairperson for the Standing Committee on Nomination and Election of Officers. I wish to thank the following members of that committee who identified an outstanding slate of candidates for each of the positions available this year: Jennifer Etnier, Peter Hastie, Jeff McCubbin, Marilyn Mitchell, Don Morgan, and Nancy Williams. My sincere thanks are also extended to each of the NAK fellows who agreed to run for office this year. I look forward to working with each of the newly elected officers on the Executive Board in the next two years.

The staging of this year's conference in beautiful Albuquerque, New Mexico, is also an event I hope you are all looking forward to attending. This year's conference theme and program are evolving nicely and promise to provide yet another outstanding opportunity for scientific discourse as well as an opportunity to reconnect with each other and welcome our new inductees into the academy. Having this year's conference coincide with the annual Balloon Festival in Albuquerque is a treat for us all because we will have an opportunity to enjoy the early-morning balloon ascension and afterglow events during the conference. Many thanks to Kim Scott for all the preparatory work she does to identify conference locations and accommodations every year, not to mention all that she does to ensure that everything goes smoothly during the conference!

I wish to thank the members of the academy for trusting the stewardship of this prestigious organization to me in the coming year. I also welcome any thoughts that you have about how best to continue advancing the mission of the academy and elevating its standing in the scientific community.

2016 NAK ANNUAL MEETING

Meeting Location in Albuquerque, New Mexico

By Kim Scott, NAK Business Manager

This year's annual meeting is scheduled for October 6 to 9, 2016, at the Hotel Andaluz in Albuquerque, New Mexico (www.hotelandaluz.com). We also have an overflow block of rooms booked at a nearby hotel should the room block at the Andaluz fill. Albuquerque is home to the annual Balloon Fiesta, and our meeting coincides with the second week of the fiesta. Cathy Ennis has built time into the program to allow meeting attendees two opportunities to attend Balloon Fiesta events: On Friday evening, we have arranged transportation from the hotel to the balloon festival's afterglow and fireworks, and on Saturday morning we have arranged transportation



from the hotel to the mass balloon ascension. The cost is \$40 per person, which includes transportation and admission. Take advantage of one or both of these opportunities to enjoy the Balloon Fiesta!

According to the hotel's website, the Hotel Andaluz is a AAA four-diamond hotel and is the only full-service boutique property located in downtown Albuquerque. The hotel has a rich history. Opened in 1939 by New Mexico native Conrad Hilton, it was the fourth Hilton Hotel ever built. Now newly renovated and renamed, Hotel Andaluz is home to luxurious rooms, four-star dining, and energetic nightlife. The Albuquerque International Sunport is a 10-minute drive from the hotel. We have secured a room rate of \$194 per night (standard king or standard double queen) for conference attendees.

The Albuquerque Convention and Visi-



tors Bureau says this: The true Southwest awaits you in Albuquerque. Immerse yourself in our rich [culture and heritage](#). Soak in our blue skies and sun that shines 310 days a year—perfect for [outdoor activities](#). Breathe in the high desert air scented with sage and piñon, and you'll understand why Albuquerque is a destination like no other.

Whether you want to [shop](#) for authentic Native American jewelry, try [hot-air ballooning](#), explore living history [museums](#), enjoy Albuquerque [events and festivals](#), sample

Continue on Page 6

Continued from page 5

Meeting Location in Albuquerque, New Mexico

local [cuisines](#), or hit the [golf courses](#) and [spas](#), Albuquerque has you covered.

Make your arrangements early! The deadline for making your arrangements is August 16. Don't wait until the last minute this year!

12 Reasons to spend time in Albuquerque: www.startribune.com/12-reasons-to-visit-albuquerque-n-m/331456891

Balloon Fiesta website: <http://balloonfiesta.com>



2016 National Physical Activity Plan Released

By David R. Bassett

The new National Physical Activity Plan (NPAP) was released on April 20, 2016, at the National Press Club in Washington, DC. The plan builds on a previous version released in 2010. It contains a comprehensive set of policies, programs, and initiatives that aim to increase physical activity in all segments of the U.S. population.

The National Academy of Kinesiology (NAK) is one of approximately 25 organizations and government offices that have signed on to ensure the long-term success of the plan. These entities have formed a public–private partnership that aims to move toward a vision: One day, all Americans will be physically active and they will live, work, and play in environments that support and encourage physical activity.

Numerous NAK members took part in the process of developing the plan, which included an NPAP congress in Washington in February 2015 and working groups that summarized the strategies and tactics for each of the environmental sectors:

- Russ Pate (University of South Carolina and Chairman of the NPAPA)
- Barbara E. Ainsworth (Arizona State University)
- David R. Bassett (University of Tennessee, Knoxville)
- Steven Blair (University of South Carolina)
- Wojtek J. Chodzko-Zajko (University of Illinois at Urbana-Champaign)
- Kim Graber (University of Illinois at Urbana-Champaign)
- Steven Hooker (Arizona State University)
- Amelia Lee (American Kinesiology Association)
- Thom McKenzie (San Diego State University)
- James Morrow (University of North Texas)
- Jim Rimmer (University of Alabama at Birmingham)
- Catrine Tudor-Locke (University of Massachusetts at Amherst)
- Hans van der Mars (Arizona State University)

The plan calls for environmental, policy, and cultural changes to help all Americans acquire the health benefits of physical activity. The plan is an ongoing collaboration of scores of nonprofit organizations, corporations, and public agencies serving as partners, affiliates, and sponsors. Russ Pate, chair of the NPAP Alliance, said, “The plan is a living document that will be updated periodically to reflect specific evidence-informed approaches designed to promote physical activity through actions taken in each of nine societal sectors. Strategies

are broad approaches to be achieved through implementation of specific tactics that our experts highly recommend.”

Two new societal sectors were added in this edition of the National Physical Activity Plan: faith-based settings and sport. There are now nine sectors in the 2016 plan:

- Business and industry
- Community recreation, fitness, and parks
- Education
- Faith-based settings
- Health care
- Mass media

Continue on Page 8

Continued from page 7

2016 National Physical Activity Plan Released

- Public health
- Sport
- Transportation, land use, and community design

Speakers at the launch of the 2016 National Physical Activity Plan were Russ Pate (University of South Carolina), Jim Whitehead (American College of Sports Medicine), Eduardo Sanchez (American Heart Association), John Dreyzehner (Tennessee Department of Health), Shellie Pfohl (President's Council on Fitness, Sports, and Nutrition), Jack Groppel (Johnson and Johnson Human Performance Institute), Joan Benoit Samuelson (Olympic marathon gold medalist). Paul Roetert (SHAPE America) introduced Anthony Olumba, a health and physical education teacher from Washington, DC, who led some exercises to get adults moving and highlight the benefits of physical activity.

Information about the U.S. plan is available at www.physicalactivityplan.org.

New Fellows

Douglas J. Casa, University of Connecticut
Darla M. Casetlli, The University of Texas at Austin
George Cunningham, Texas A&M University
J. Larry Durstine, Arnold School of Public Health
Ellen M. Evans, University of Georgia
James C. Hannon, West Virginia University
Samuel Hodge, The Ohio State University
Thelma Horn, Miami University
Bryan A. McCullick, University of Georgia
Mary E. Rudisill, Auburn University

International Fellow

Uwe Pühse, University of Basel

New NAK Leader Speaks Interview with Jo Safrit

By David Wiggins, NAK historian



Jo Safrit

Margaret “Jo” Safrit, fellow 254, has made significant and long-lasting contributions to the field of kinesiology. Jo has always been known as the quintessential teacher and scholar who had positive

effects on countless students and fellow professionals through research publications, lectures, and presentations at the national and international levels. She has also made service contributions to kinesiology through various leadership positions and committee memberships, including serving as NAK president. For her many accomplishments, Jo has been honored by being selected as the AAHPERD Alliance Scholar, receiving the Distinguished Scholar Award from NAPEHE, and being chosen for the NAK Hetherington Award.

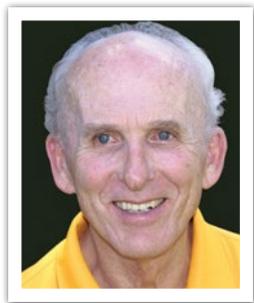
One of the most striking features of the interview with Jo is her continued passion for tests and measurement, the disciplin-

ary area for which she is most well known. Jo spoke with great enthusiasm about her work and many contributions in tests and measurement. Another striking feature of the interview with Jo was learning about her professional relationships with other notable individuals in kinesiology and her wealth of experiences as a teacher, scholar, and administrator. She has worked closely with other accomplished academicians in the field and held leadership positions at institutions as diverse as the publically supported University of Wisconsin and the privately supported American University. In all, the interview provides insights into a career marked by major professional accomplishments and lasting scholarly contributions.

Listen to Jo’s Interview here: www.nationalacademyofkinesiology.org/leader/leader-speak/Margaret-jo-safrit

NAK MEMBER NEWS

Corbin Receives 2016 Lifetime Achievement Award from the President's Council on Fitness, Sports and Nutrition



Charles B. Corbin

Charles B. "Chuck" Corbin, PhD (267), is professor emeritus in the School of Nutrition and Health Promotion at Arizona State University. Dr. Corbin is a fitness and physical educator and a researcher in fitness, health, and wellness. He has published more than 200 scholarly papers and authored or coauthored more than 100 books. Several, including *Fitness for Life* and *Concepts of Fitness and Wellness*, have earned national awards. He coauthored the first physical activity

guidelines for children and is a fellow of the American College of Sports Medicine (ACSM), National Association for Kinesiology in Education (NAKHE), National Academy of Kinesiology (NAK), and SHAPE America. Dr. Corbin was president of NAK and is a member of the SHAPE America Hall of Fame. He was the first chair of the President's Council on Fitness, Sports & Nutrition's Science Board and coeditor of the Council's Research Digest. He was a charter member of the Fitnessgram Scientific Advisory Board and has presented keynote addresses worldwide. Dr. Corbin is most recognized for his pioneer work in fitness education, youth fitness, and activity promotion



Scott Kretchmar

class during the coming fall semester.

Scott Kretchmar

(330) is retiring from his position at Penn State on June 30, 2016, after 32 years at that institution. He hopes to continue writing, will keep an office, and has volunteered to teach one



Brad Cardinal

faculty of social sciences, Kowloon Tong, Kowloon, Hong Kong.

Brad Cardinal

(475) served as a faculty scholar in residence from January 24, 2016, through February 6, 2016, at Hong Kong Baptist University in their department of physical education,

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