It seems such a short time ago that we came together for our annual meeting in Albuquerque and enjoyed both an outstanding academic program exploring new frontiers in Kinesiology as well as the sights and sounds of the annual balloon fiesta. A similarly outstanding program is being planned for our meeting at the Hyatt Regency Crystal City, in Arlington, Virginia this year. Karl Newell and his committee have assembled an excellent set of speakers to address the theme of "Movement Forms, Function, and Skill."

Please make plans to attend the meeting scheduled for September 14 through 17.

As I shared in the Fall 2016 newsletter, a joint AKA/NAK committee was formed to consider expanding the current doctoral program review to include Masters and Bachelors degree programs in Kinesiology. I am pleased to report that the committee has made excellent progress in identifying key areas by which to evaluate the overall quality of undergraduate Kinesiology programs. In contrast to the doctoral program review, the aim of this committee is not to devise a set of criteria by which to rank order undergraduate and Master’s level programs but instead to identify desirable characteristics of Kinesiology programs that can be used to establish meaning-
President’s Message

ful benchmarks for comparing existing Kinesiology programs and guiding future programs.

The availability of this type of information may also serve to guide parents and potential students in selecting the best “fit” program based on career goals or other considerations. The committee’s goal is to have a survey ready for distribution via AKA to Department Chairs within the coming month. I wish to personally thank the members of this committee who have already devoted considerable time to this project. Committee members include John Challis (#492), Kathy Janz (#506), and Alan Smith (#522) representing NAK and Duane Knudson, Sarah Price, Mary Rudisill (#564), and Dan Schmidt representing AKA.

Finally, I wish to extend my sincere congratulations to our two newly elected officers and yet another wonderful group of new fellows to the Academy.

Past President’s Message

Plans are Underway for the 2017 NAK Meeting

By Karl Newell (#319), NAK Past-President

This is just a reminder that the 2017 NAK meeting will be in Arlington, VA, Thursday, September 14 (starting 5.30pm) – Saturday evening (ending ~ 10.30pm), September 16, 2017. As immediate Past President, I will be organizing the program.

The program theme is Movement Forms, Function and Skill – within a lifespan human movement and physical activity framework. The program will primarily focus on some central issues in the areas we tend to know of as motor learning and development, motor control and biomechanics. We have an excellent set of speakers lined up.

The Thursday evening opening speaker is Dr. Daniel Lieberman, Harvard University.
It has been a privilege to serve as President-elect of the National Academy of Kinesiology since we last met for our annual meeting in Albuquerque, NM in the fall of 2016. It is an honor to be recognized by the membership of the Academy to help “carry the torch” for an organization such as ours with the rich history and roster of scholars who have helped to build the discipline of Kinesiology since 1926, the year that the founding ten members were inducted. I have always been in awe of the legacy of the NAK when I view the list of Fellows over the 91 years of our existence that is contained on our website and, at the same time, realize the importance to carry on the great work and traditions of the Academy by our active Fellows.

One can argue convincingly that the relevance of our scholarship to the interests of public health and the understanding of human performance is greater than at any time in history. The country is faced with great challenges to the health of its citizens and residents, young and old alike, because of the affordances of technology and the attendant sedentary lifestyles of many while the knowledge to enhance performance and acquire motor skills, whether in competitive athletes, soldiers, first-responders, or those rehabilitating function after stroke or disease, is truly compelling.

I believe that one way that the Academy serves to shed light on these challenges is through the interdisciplinary composition of the membership and the balanced construction of the content of the annual meeting programs that is composed from multiple perspectives on a given thematic issue – in all of the meetings that I have attended since 2004, when I was inducted, I was favorably impressed by the synergy of the biophysical, social, historical, and pedagogical perspectives brought to bear on the thematic issue chosen for the various meetings. There is no question that big issues are complex and require the communication and good thinking of a team of experts, with varying but complementary knowledge and skills, and I believe that construction is a signature quality of the National Academy of Kinesiology. As such, the Fellows of the Academy form a great team to share knowledge from a wide range of specialties so as to communicate across disciplines and address the great challenges related to human movement. In this way the Academy is unique in its organization compared to the specialized scholarly and professional societies that are germane to human movement.

In this manner the Academy truly serves an integrative function in the understanding of human movement yielding great promise for insightful solutions to movement-related health and human performance problems. Building on this teamwork I believe that an important, if not fundamental, role of the Executive Committee is to facilitate and...
The Academy is Uniquely Positioned to Make a Significant Impact on Health and Movement

encourage the commitment, enthusiasm and willingness by all of our Fellows to serve the Academy and “carry the torch.”

As President-elect one of the responsibilities that I held this past year was to chair the Committee on Nomination and Election of Officers and I saw first-hand the motivation to serve and “answer the call to service,” not only by the members of the Committee, but by the willingness of those nominated for the various positions on the Executive Committee to accept the invitation to run for office. It was personally gratifying to see such enthusiasm – an essential element of a strong Academy.

With such a diversity of expertise, and the chemistry induced by the energy and enthusiasm of its Fellows to serve, the Academy is uniquely and well positioned to make significant impact on critical issues of health and human performance – and each of the members of the Executive Committee (President, Past-President, President-elect, Secretary Treasurer, Senior Member-at-Large and Junior Member-at-Large) is in a critical position of responsibility to nurture, facilitate, and guide its mission. As part of that team I hope to further encourage the spirit of service of all Fellows, whether through attendance at our annual meeting, membership on committees, membership on the Executive Committee, and/or speaking at the annual meeting, in order to extend the multi-disciplinary tradition and mission of the Academy to achieve deeper understanding of human movement with enthusiasm. Pass it on!

Prof. Roberta Rikli (#351) announced as the 2017 Hetherington Award Recipient

Newly Elected NAK Officers

President-Elect
Bradley Cardinal (#475)

Junior Member-at-Large
Ronald Zernicke (#503)
**NAK Annual Meeting**

**Meeting Location in Arlington, VA – where we’re staying and what we can do in our free time.**

*By Kim Scott, NAK Business Manager*

This year’s annual meeting is scheduled for September 14-17, 2017 at the Hyatt Regency Crystal City in Arlington, VA (https://crystalcity.regency.hyatt.com/en/hotel/home.html). We have negotiated a rate of $149 per night ($159 for double occupancy). The room rate includes breakfast in Cinnabar Restaurant. From hiking and biking (bikeshare program) to art museums, you’ll find many fun things to do in Arlington, VA, as well as interesting Washington, DC attractions near the hotel. Hop on the Old Town Trolley to downtown DC, catch a show at the Kennedy Center and tour the historic vineyards of Northern Virginia. For an exciting day trip, take a boat trip across Chesapeake Bay to Annapolis, Maryland - home of the U.S. Naval Academy.

**Make your arrangements early!** The deadline for making your arrangements is August 24. Don’t wait until the last minute this year!

**Hotel Amenities:**
- Hotel has been completely refreshed
- 24 hour fitness center/oufdoor pool
- Nearby jogging paths/biking trails
- 24 hour business center
- Hyatt Grand Bed
- Free shuttle to/from Reagan National Airport from 4:40 am - midnight
- Complimentary Wi-Fi in guest rooms, lobby, and Cinnabar Restaurant
- Discounted parking for NAK members at a rate of $20/day
- Concierge services for booking reservations or tours around DC
- Pet friendly

**Things to do in and near DC:**
- Tour one or more of the many museums (National Museum of American History, National Air and Space Museum, African American History & Culture, International Spy Museum)
- Tour of monuments and memorials by bike with Bike and Roll
- Catch a Nationals baseball game at National Park (9/15 vs Dodgers at 7:05 pm)
Continued from page 5

2017 NAK Annual Meeting

- Wine Tours
- Performing Arts and Nightlife
- Kayaking the Potomac
- Theodore Roosevelt Island
- Segway Tours
- Pentagon Row
- George Washington’s Mount Vernon
- Arlington National Cemetery

Running - The streets of Crystal City offer the perfect atmosphere for runner and joggers. This urban neighborhood of Arlington offers easy access to the Mount Vernon Trail and Long Bridge Park, perfect for travelers looking for some outdoor motion. Check out weekly fun runs, the Marine Corps Marathon, Crystal City Twilighter 5K, and the 5K Friday series.

Biking - The scenic city of Arlington is a cycler’s paradise with beautiful parks and trails where you can bike and explore this historic destination. The hotel is located near Great Falls Park and offers easy access to Capital Crescent Trail and the Mount Vernon Trail which follows the Potomac River. For more info on the Capital Bike-share, go to https://www.capitalbikeshare.com/partners.

Running and Biking Maps
To help you run, bike and navigate Arlington’s trails, parks and pathways, use the following maps to get around.
- http://www.stepwhere.com/maps/route/Crystal-City-to-the-Mt-Vernon-Trail-along-the-Potomac

2017 New Fellow List

Susan A. Bloomfield, Texas A & M University
Jason R. Carter, Michigan Technological Institute
Richard B. Kreider, Texas A & M University
Jacalyn L. Lund, Georgia State University
Donna L. Pastore, The Ohio State University
Lori Lynn Ploutz-Snyder, University of Michigan
Andrew Mark Williams, University of Utah
Carolee Winstein, University of Southern California
Gabriele Wulf, University of Nevada, Las Vegas
Update on National Physical Activity Plan (NPAP) for the National Academy of Kinesiology

Report by David R. Bassett (#495), NAK representative on NPAP Alliance

Updates
The National Academic Medical Obesity Solutions Roundtable was held April 25-26. This represents an innovative collaboration on physical activity with representatives such as David Buchner, and will include at least 40 people focused on recommendations for increasing physical activity.

- MOU with DHHS- Russ Pate provided overview of this agreement, and added that a quarterly conference call is held with representatives and this is a good opportunity to stay in the loop.
- Two New Affiliates- Pate announced that we are fortunate to add FitKids and North American Federation of Adapted Physical Activity to the NPAP Alliance.
- In-person NPAP Board Meeting will be held sometime in July. Date is TBD.

NPAP Next Steps

Plan Executive Committee/Objectives- The Plan Executive Committee is continuing to develop objectives. Thus far, two sectors have been released (i.e.- Business and Industry; Mass Media). The next two that are nearing release are Faith-Based Initiatives and Health Care.

Sector Standing Committees- Pate reported on the standing committees with members listed for each sector. Quarterly conference calls are being scheduled for the coming year and we are in process of activating all standing committees.

Committee Reports

Report Card on Walking and Walkability. Jennifer O’Neill said the committee is making great progress. The 2017 report card will be released sometime in the fall. NPAP applied for a program slot at the walking summit, and we will receive notification soon about that. USC staff are continuing with the editorial work.

Cross-Sector Walking Plan. Pate reported that CDC has provided a small grant to hold a meeting with representatives from three sectors: Business & Industry, Public Health, and Transportation, Land Use, & Community Design. An initial report has been completed and will draw upon NPAP content from the three sectors to develop integrated strategies for advancing walking and walkability.

Communications Committee. Pate has been in touch with the Frameworks Institute about developing an initial proposal aimed
at studying the best ways to communicate the message to increase physical activity to the general public. They developed an initial proposal and then feedback was given by the communications committee and an ad-hoc committee. A revised proposal was submitted, and NPAP is now checking with previous clients of the Frameworks Institute prior to taking the next step. Funding will be needed for this proposal.

"Commentaries Committee." Commentaries are being turned out about every other month. There was discussion about changing the format to include interviews with notable "champions" and others who may not be as accomplished at writing, as previous authors of NPAP commentaries.

"State Plans." A group headed by Bill Kohl and Eloise Elliott is working on a project to categorize state physical activity plans.

"State Liaisons." Janna Borden said that previously we have asked state liaisons to provide state physical activity information. There are a fairly large number of vacancies to be filled, and there seems to be considerable turnover in the liaisons.

"Other Items"

The March NPAP newsletter has been released. We are getting more followers on social media, we are trying to do audio for NPAP commentaries (to be more interactive), and we’re communicating with American Physical Therapy Association about producing a video.

Jacqueline Eppeling said that the Surgeon General’s Walkability Institute (held by CDC) had a very engaged cohort of teams (this is the third cohort). These are metropolitan planning organization (MPO)-level teams aimed at trying to promote, build, and sustain active transportation. They are also looking at Open Streets events- what is their impact on physical activity, social equity, economic development, etc.?
Susan G. Zieff, Ph.D. (#494) has been selected for a fellowship at the Brocher Foundation for Bioethics on Lake Geneva, Switzerland. Her project incorporates the framework of “biomedicalization” into an investigation of the processes associated with health-benefiting physical activity technologies among vulnerable populations. Key questions will be raised from the perspectives of social and environmental justice and the critical production of knowledge in which identities of vulnerable populations are constructed and transformed through their participation in biomedical technologies. The fellowship includes a month-long stay at the Foundation.

Paul DeVita (#518) helped to organize the second annual National Biomechanics Day held on April 6, 2017. As of this writing, 130 Biomechanics Labs around the world were participating, up from 50 Labs in the U.S. in 2016. NBD promotes the idea that Biomechanics can become the breakthrough science of the 21st century. Biomechanics makes substantial contributions to human society in many ways yet it remains relatively unknown to the lay public. Events like National Biomechanics Day can push our science onto the general consciousness of society.

Dr. Thom McKenzie (#370) Professor Emeritus, San Diego State University made three presentations at the ISPAH 2016 Conference in Bangkok in November. He toured Northern India during his return, and the photo shows him reading I Can Move to a kindergarten class in New Delhi. He and Dr. Monica Lounsbery (#551; Dean, Health and Human Services, CSU Long Beach) created this innovative children’s physical activity picture book. Thom was also selected as the First Annual Distinguished Research Lecturer, CSPAP SIG, SHAPE America, and presented “Comprehensive School Physical Activity Programs: Evidence Matters” at the SHAPE America National Convention in Boston, March 2017.

Susan G. Zieff
Paul DeVita
Thom McKenzie reads his new children’s book promoting physical activity to children in India.
Dr. Nick Stergiou (#510) received this year’s Chancellor’s Medal during the Spring commencement ceremony of his University. The Chancellor’s Medal is a means of recognizing extraordinary service to the University of Nebraska at Omaha by a faculty or staff member who has performed with excellence in his or her chosen profession.

Nicholas Stergiou (#510) and Daniel Ferris (#548) were inducted as Fellows of the American Institute for Medical and Biological Engineering (AIMBE) on March 20, 2017, at the National Academy of Sciences in Washington, DC. The American Institute for Medical and Biological Engineering (AIMBE) is the authoritative voice and advocate for the value of medical and biological engineering to society. It is an organization of leaders in medical and biological engineering, consisting of academic, industrial, professional society councils and elected fellows.

Jürgen Konczak, Ph.D. (#499), professor in the School of Kinesiology, has received an appointment as 2017 Visiting Professor at the Technical University of Munich (TUM). TUM is one of Germany’s premier science institutions, comparable in scope to the Massachusetts Institute of Technology in the U.S. The TUM visiting professorship is awarded to scientists with an outstanding international reputation to promote intensive collaborations with TUM researchers.

NAK Member News from SHAPE America Conference

In March of this year, Dr. Catherine Ennis (#381), former NAK President was recognized by the SHAPE America with the Luther Halsey Gulick Award at its annual National Convention in Boston, MA. The Gulick Award is the highest honor bestowed on members of SHAPE America. It recognizes the recipient’s long and distinguished service to one or more of the professions represented in the Association.

Ennis with Dr. Jaclyn Lund, President of SHAPE America and Hans van der Mars (#474), as she received the Luther Halsey Gulick Award.
Brad Cardinal (#475) of Oregon State University received an Honor Award from the Society of Health and Physical Educators (SHAPE) America (formerly AAHPERD) on March 16, 2017 during the national convention in Boston. The Honor Award is “…bestowed annually for meritorious service by members of SHAPE America and to the professions represented…The Honor Award was established in 1931.” For more information see: http://www.sha-pearamerica.org/pressroom/2017/brad-cardinal_honor-award.cfm

Complete list of NAK Presenters and Award Winners at SHAPE America Conference

Presenters


Award Winners

Research Council Distinguished Service Award
Phillip Ward (#554), The Ohio State University

Julian U. Stein Lifetime Achievement
David Porretta (#445), The Ohio State University

CSPAP Research Distinguished Lecture
Thom McKenzie (#370) San Diego State University, CA

2017 SHAPE America’ RQES Research Writing Award for the following research paper:
Catherine Dunnington Ennis (#381) passed away on April, 8, 2017. She was born in Richmond, VA on January, 12, 1953 to Shirley Merchant Ennis and the late James Donald Ennis, Sr. In 1971, Cathy graduated from Collegiate School in Richmond, Va. She then attended Lynchburg College, where she received her BS degree in 1975 and thereafter attended the University of North Carolina at Greensboro, graduating with a Master of Science in Physical Education degree in 1977. Upon graduation, she was hired as head Field Hockey Coach at Duke University, where she continued until leaving to pursue a Ph.D. in Curriculum Theory and Development in Kinesiology at the University of Georgia (1984). She held faculty positions at the University of Wisconsin-Madison and the University of Maryland – College Park, before returning to UNCG as a Professor of Kinesiology in 2008.

Dr. Ennis was an outstanding teacher educator, scholar, and curriculum specialist, conducting research examining physical education and physical activity programming in urban public schools. She has received grants from the National Institutes of Health to design, implement, evaluate, and disseminate curricula to increase children’s and adolescents’ eagerness to participate in physical activity and to enhance their interest in the scientific basis of physical activity. She published several books and numerous articles in professional journals. She was selected as the Alliance Scholar for the American Association for Health, Physical Education, Recreation, and Dance in 2010. She was a Fellow in the National Academy of Kinesiology and the American Educational Research Association. Among her many awards and recognitions, she received the Distinguished Alumni Award from the UNCG School of Health and Human Performance in 2009, and the Luther Halsey Gulick Medal in 2017, the highest award from SHAPE America for exemplifying the highest standards of accomplishment, innovation and leadership in the profession. She was actively engaged in many professional organizations, serving as President of the National Academy of Kinesiology and President of the Research Consortium of AAHPERD. Above all, Cathy was an excellent mentor to her undergraduate and graduate students, holding high standards for them but always supportive in the face of difficulties they might encounter.

Cathy had many interests, including travel, reading, and musical theatre. She enjoyed participating in and watching all types of sport and outdoor physical activities, and took great delight in watching and cheering for the Spartans. She was an expert in driving and maintaining a 38’ Class A RV, while towing a vehicle to drive around to numerous vacation spots, including many national parks, along with her partner, JoAnne.

She is survived by her partner JoAnne Safrit, her mother Shirley Merchant Ennis, her brother Jay Ennis and wife Kristina, her nephew Sean Ennis, her niece Julia Ennis Batters and husband Samuel, her great niece Chloe Batters, and her beloved Schnauzer Keri.

Memorial donations may be made to the Catherine D. Ennis Undergraduate Scholarship Fund (UNCG Advancement Services PO Box 26170, Greensboro, NC 27402-6170).
Executive Committee 2016-2017

President
Debra Rose, PhD
California State University, Fullerton
Dept. of Kinesiology
800 N. State College Blvd.
Fullerton, CA 92834
Phone: 657-278-5846
Email: drose@fullerton.edu

Past President
Karl Newell, PhD
University of Georgia
College of Education
G10 Anderhold Hall
Athens, GA 30602
Phone: 706-542-4558
Email: kmn1@uga.edu

President-Elect
Brad Hatfield, PhD
University of Maryland
Dept. of Kinesiology
Room 2341 SPH Bldg.
College Park, MD 20742
Phone: 301-405-2485
Email: bhatfiel@umd.edu

Secretary/Treasurer
Jill Whitall, PhD
University of Maryland, Baltimore
Dept. of Physical Therapy & Rehab
100 Penn St..
Baltimore, MD 21201
Phone: 410-706-0764
Email: jwhitall@umaryland.edu

Senior Member-at-Large
Hans van der Mars, PhD
Arizona State University
Mary Lou Fulton Teachers College
72741 E. Sonoran Arrayo Mall
330-S Santa Catalina Hall
Mesa, AZ 85212
Phone: 480-727-1653
Email: vandermars@asu.edu

Junior Member-at-Large
Kathleen Janz, PhD
University of Iowa
Dept. of Health and Human Physiology
130 Field House
Iowa City, IA 52242
Email: kathleen-janz@uiowa.edu

Business Manager
Kim Scott
P.O. Box 5076
Champaign, IL 61825-5076
Phone: 217-403-7545
Fax: 217-351-2674
Email: kims@hkusa.com