President’s Message

Record Number of Institutions Submit Materials for Doctoral Program Review

By Catherine Ennis, NAK President

Fifty-two institutions submitted materials for the 2015 doctoral program review. That number represents an increase of 17 institutions participating for the first time. Special thanks to doctoral program review chair Bev Ulrich and her committee, David Bassett, John Challis, Diane Gill, and Steve Silverman for the time and effort to recruit institutions, refine the process, and answer questions. Barb Ainsworth and Brad Cardinal joined in the recruiting, and the results of these efforts are outstanding! You will want to read Bev’s article in this newsletter for more information on the doctoral program review.

NAK is now an organizational partner of the National Physical Activity Plan. With Russ Pate’s assistance, NAK applied and was granted organizational partner status January 1, 2015, and has paid the one-time fee of $10,000. Dave Bassett agreed to serve as NAK’s liaison to the National Physical Activity Plan Executive Board. He attended the spring board meeting in Washington and will provide details at the fall business meeting.

The NAK Standing Committee on Membership under the leadership of chair Bob Spina submitted an excellent class of new fellows to the membership for consideration this spring. We have 11 new active fellows and 2 new international fellows to welcome to the academy. Their names and institutional affiliations are announced in this newsletter. Please join me in sending them a note of welcome. I want to thank Bob and the members of the Standing Committee on Membership, Bo Fernhall, Kevin Guskiewicz, Kathleen Janz, Li Li Ji, Debbie Rose, Ping...
Xiang, and Ron Zernicke, for their work this year on the committee.

Finally, we are looking forward to a terrific NAK 84th Annual meeting in Philadelphia September 17 to 20. Past president Barb Ainsworth has planned an outstanding program based on the theme Active Aging: From Cells to the Environment. Be sure to make your hotel and flight reservations early because Pope Francis will be visiting Philly for the 8th World Meeting of Families during our fall meeting dates. Kim Scott provides additional information in this newsletter. See you in Philadelphia in September.

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### 2015 NAK New Fellows and International Fellows

#### New Fellows

- Damon Andrew, Louisiana State University
- Ketra Armstrong, University of Michigan
- Daniel Ferris, University of Michigan
- Carol Ewing Garber, Teachers College, Columbia University
- Charles Hillman, University of Illinois at Urbana-Champaign
- Monica Lounsbery, University of Nevada at Las Vegas
- Nate McCaughtry, Wayne State University
- Catrine Tudor-Locke, Pennington Biomedical Research Center
- Philip Ward, Ohio State University
- Sara Wilcox, University of South Carolina

#### International Fellow

Peijie Chen, Shanghai University of Sport

#### Deferring to 2016

- Thelma Horn, Miami University
- Uwe Puhse, University of Bonn
As your past president, I am delighted to have developed our 2015 annual meeting program with the help of my ad-hoc program committee, Cathy Ennis, Karl Newell, Debbie Rose, Nick Stergiou, Waneen Spirduso, and Wojtek Chodzko-Zajko. Scheduled for September 17 to 19, 2015, in Philadelphia, the theme of the meeting is Active Aging: From Cells to Environment. The program structure is based on the social ecological model that views behavior as a dynamic interrelation among intrapersonal, interpersonal, social-cultural, environmental, and political factors. We are most fortunate to have an internationally known aging researcher, Anne Newman, MD, MPH, from the University of Pittsburgh as the Julie and Rainer Martens keynote speaker on Thursday evening. Dr. Newman’s research centers on the relationships between aging, longevity, and disability. She also studies the effects of sleep apnea and aging, sarcopenia, disability, and atherosclerosis as they relate to disability, aging, and frailty. Our Friday sessions will focus on intrapersonal factors as they relate to motor and physiological factors influencing the ability to maintain functional capacity, mobility, and independence with aging and on interpersonal factors related to successful aging. Saturday’s presentations will explore cultural and societal factors related to aging research, sport performance in older men and women, and population approaches to preventing sedentary behaviors and promoting walking in older adults. Dr. Wojtek Chodzko-Zajko will wrap up our conference with a thoughtful overview of the sessions and speakers’ comments.

We are especially fortunate to have the opportunity to view Dr. R. Tait McKenzie’s sport art located at the Inn at the University of Pennsylvania. Born in 1867, Dr. McKenzie grew up in Canada and was a close friend of James Naismith, the inventor of basketball. In Dr. McKenzie’s work as a physician and surgeon he saw the ill-health effects of sedentary lifestyles and became convinced of the need for training and conditioning as a form of preventive medicine. While on the faculty at the University of Pennsylvania, Dr. McKenzie served as the director of the physical education department and was president of the American Physical Education Association from 1912 to 1916. An accomplished sculptor, Dr. McKenzie created 233 pieces of sport art, many of which are located at the Inn at the University of Pennsylvania. Friday afternoon we will have bus transportation to the Inn to view the artwork. A reception hosted by NAK member Jo Safrit (254) will be provided. I am very grateful to Jo for her generosity.

I congratulate our new fellows and welcome them to our annual meeting. I remember my first NAK meeting, not knowing much about the academy but realizing I was among leaders in our field and was part of a legacy of scholars who developed the field of kinesiology. The motto of “Pass it on” is fitting at this time. As older fellows retire and enjoy other pursuits, our new fellows will be asked to contribute to NAK as program speakers, committee members, and officers. As one of the few interdisciplinary kinesiology organizations, NAK provides a great opportunity to understand the breadth and depth of our field. I encourage our future leaders to attend meetings regularly and accept leadership opportunities when asked.

Take a look at the program overview in the newsletter. I will see you soon in Philadelphia!
Looking Toward 2017
By Karl Newell, NAK president-elect

I would like to thank the fellows of the academy for their confidence in electing me as president. This is an honor and a distinct highlight of my career. Having been a fellow of the NAK for many years

I am aware though that this is a working position rather than an honorary role. I look forward to acting on behalf of the academy and in a way that is beyond the annual meeting.

This is a good time to request input from the academy regarding the conference theme for 2017. The fall 2017 meeting, which will be in Washington, DC, seems a long way off, but one cannot start too early with the planning of these events. This is particularly with respect to finding a timely and productive theme around which to organize the meeting presentations and discussions. I am looking forward to receiving from fellows ideas for both the theme and organizational structure of the meeting. Don’t be shy.

See you in Philadelphia.

2015-2016 Newly Elected Officers
President-elect  Debra Rose
Member-at-large  Hans van der Mars

2015 Hetherington Award
Shirl Hoffman has been selected as the 2015 Hetherington Award recipient.
2015 NAK Annual Meeting

Meeting Location in Philadelphia Offers Historic Sites and Much More

By Kim Scott, NAK Business Manager

This year’s annual meeting is scheduled for September 17 to 19, 2015, at the Sonesta Hotel Philadelphia Downtown (www.sonesta.com/philadelphia). This Center City hotel is close to Rittenhouse Square and walking distance to area attractions, great restaurants, upscale shopping, and more. Plus, the downtown Philly location allows you to leave the car at home or park your vehicle and not worry about it again until it is time to depart. The Philadelphia International Airport (PHL) is less than 10 miles away, and we are only a few blocks from Amtrak’s 30th Street station. We have been able to secure a room rate of $199 per night (standard king or standard double queen) for conference attendees.

Philadelphia is a very family-friendly and walkable city, with historic neighborhoods, national treasures, and spectacular architecture intermingled throughout the downtown area. Attractions you won’t want to miss near our Center City Philadelphia hotel are Franklin Square, Philadelphia Zoo, Rittenhouse Square, the Franklin Institute, Reading Terminal Market, and National Constitution Center.

A very huge thank-you goes out to Jo Safrit (fellow 254) who has generously donated the funds for academy fellows and guests to ride a bus to the Inn at Penn and tour the R. Tait McKenzie sculpture and...
artwork housed there and then be treated to a reception. On Friday afternoon (September 18), we’ll travel by bus to the Inn at Penn and tour the property, taking in all the sculptures on display. More details are in the registration packet and on the website.

Make your arrangements early! Pope Francis is visiting Philadelphia September 22 to 27, so you’ll want to make your hotel and airline reservations plenty early this year. The deadline for making your arrangements is Friday, August 28. Don’t wait until the last minute!

Top 17 Reasons to Visit Philadelphia in 2015

Top 10 Spots for Authentic Philly Cheesesteaks

Running, Hiking, and More in Philly

Nature, Parks and Gardens

Click here for Tentative 2015 Conference Agenda
I am pleased to share two themed issues of Kinesiology Review. The May 2015 issue highlights perspectives on the ubiquitous and controversial topic of concussions in sport. The special issue, Concussion Management in Sport, offers articles by authors who address the topic from multidisciplinary perspectives:

- Kevin Guskiewicz, Kenan distinguished professor of exercise and sport science, University of North Carolina, Chapel Hill (sports medicine perspective)
- Diane Wiese-Bjornstal, director, Sports Medicine Psychology Lab, School of Kinesiology, University of Minnesota, Twin Cities (psychology perspective)
- Michael McNamee, professor, College of Engineering, Swansea University, Wales, UK, and editor in chief, Sport, Ethics, and Philosophy (philosophy and ethics perspective)
- Tamara Valovich McCleod, John P. Wood endowed chair for sports medicine, A.T. Still University, Mesa, Arizona (pediatric perspective)
- Charles Thompson, head athletic trainer, University Health Services, Princeton University (translational perspective)

The upcoming August 2015 issue is Benefits and Downsides of Early Sport Specialization. Pro and con arguments for early specialization versus sport sampling frequently appear in the national and regional news, yet syntheses of research findings and associated best practices are elusive from a systematic and multidisciplinary approach. The special issue will include perspectives from the following seven authors:

- Thelma Horn, professor, department of kinesiology and health, Miami University of Ohio (psychosocial and developmental perspectives)
- David Anderson, professor, department of kinesiology, San Francisco State University (motor learning and control perspective)
- Jackie Goodway, professor, sport, physical education, and exercise science, Ohio State University (growth and motor development perspective)
- Peter Hastie, professor, department of kinesiology, Auburn University (pedagogy perspective)
- Cesar Torres, professor, department of kinesiology, sport studies, and physical education, College at Brockport, State University of New York (philosophy and ethics perspective)
- Maureen Smith, professor, department of kinesiology and health science, California State University at Sacramento (history perspective)
- Thomas Rowland, physician, Baystate Medical Center, Springfield, Massachusetts (exercise physiology perspective)

I am grateful to the executive and editorial board members of Kinesiology Review for sharing their ideas for themed issues and assisting me in identifying authors as well as for their support in all aspects of the editorial and review process. Thank you so much.
Round Three NAK Doctoral Program Data Analysis in Progress

By Bev Ulrich, DPE Chairperson

The third round of our NAK evaluation of doctoral programs in kinesiology is now closed to data submission. This cycle covers the years 2010 through 2014. In November, NAK president Catherine Ennis sent official invitations to administrators of 77 programs across the United States. When administrators responded with payment of the participation fee, Kim Scott forwarded to them the instructions and data template files. Deadline for submission of their data was March 2, 2015.

Of the 77 programs invited, 52 submitted data for review. In the last round (2005–2009) 36 programs participated. Of the 36 previous participants, only 1 did not submit materials this time. That means that 17 new programs will be part of the current evaluation and ranking process. It is exciting to see not only the growth in our field of the number of doctoral programs but also the commitment of more and more of our doctoral mentors and administrators to the NAK-organized process of evaluation, benchmarking, and ranking. The data to be shared and published will provide information about numerous important aspects of our efforts to develop strong preparatory programs for our doctoral students and to create new scientific knowledge for the field. These data create opportunities for faculty members in each program to reflect on their unit’s strengths as well as consider areas where improvement is possible.

Efforts to prepare these data for sharing are just getting under way. The data are currently being reviewed by our three analysts: Jim Morrow and Allen Jackson from the University of North Texas and Nick Myers from Miami University. After review of the data and development of the specific variables to be analyzed, weights will be applied to the various faculty (66%) and student (34%) criteria so that programs can be ranked across all variables. A summary report of the results will be presented at the NAK meeting in Philadelphia September 17 to 20, 2015. A full report will be published subsequently in Kinesiology Review.
NAK Member News

T. Gilmour Reeve (358) formerly vice provost for academic programs, planning, and review at Louisiana State University and A&M College, has been appointed associate vice president for institutional effectiveness and academic planning at the same institution.

Maureen Weiss (360), professor of kinesiology at the University of Minnesota, was selected to receive the 2014 President’s Council on Fitness, Sports and Nutrition Science Board’s Honor Award. The Science Honor Award is given each year to an academic or research professional who has significantly contributed to the advancement and promotion of the science of physical activity or nutrition. Dr. Weiss was recognized for her work in advancing the science of youth development through sport and physical activity. The mission of the President’s Council is to engage, educate, and empower all Americans to adopt a healthy lifestyle that includes regular physical activity and good nutrition, and the Science Board includes elected scholars who have made significant contributions to the research and science of physical activity, health, sports, and nutrition.

Steven Hooker (528) was recently appointed associate dean of research in the College of Health Solutions at ASU.

Nick Stergiou (510) received a $10.2 million P20 award from the National Institute of General Medical Sciences of the National Institutes of Health. This COBRE (Centers of Biomedical Research Excellence) award is the largest grant in the University of Nebraska Omaha (UNO) history. The grant enabled UNO to establish the first-ever Center for Research in Human Movement Variability, fostering high-quality biomedical research in the exploration of the mechanisms of human movement variability in order to treat and prevent motor-related disorders. The center’s interdisciplinary approach is also unique because it brings together engineers, clinicians, biomechanists, motor developmentalists, physical therapists, and established clinical investigators as mentors for junior faculty in the examination of human movement variability.

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NAK Member News

**Bradley J. Cardinal** (475) was the C.H. McCloy Lecturer at the 2015 SHAPE America Conference in Seattle on March 19, 2015. Charles Henry McCloy was NAK charter fellow 27, a past secretary and president of the National Academy of Kinesiology, and the second person ever to receive the Hetherington Award. Sponsored by the Research Council of SHAPE America, the C.H. McCloy Memorial Lecture provides for in-depth coverage of a research topic and an opportunity to give formal peer recognition to persons who have made outstanding contributions to HPERD through their research efforts. The lecture also provides a form of continuing recognition for Charles H. McCloy, one of the great pioneer scientists and leaders of the profession.

**Bonnie Berger** (335) was the ACSM-APA Exchange Lecturer at the annual ACSM meeting in San Diego May 26 to 30. Bonnie represented APA Division 47, Exercise and Sport Psychology, at the ACSM annual meeting as she presented Multiple Roles of Exercise in Enhancing Quality of Life in Obese Participants. Bonnie also has been appointed to the Scientific Committee for the International Scientific Conference on Wellness, Health, and Quality of Life, which will take place in Prague October, 2015, and is looking forward to chairing and participating in a symposium at the FEPSAC (European Federation of Sport Psychology) Congress in Bern, Switzerland, July 2015.
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