I hope our spring newsletter finds you ‘recovering’ from a productive and satisfying academic year. The NAK and all of its committees have been busy working hard in an effort to best serve the members of the academy. In my brief message, I will highlight a few activities undertaken by some of our committees and present some preliminary thoughts about the 2013 NAK meeting theme.

Mo Weiss and her 2012 conference committee have organized an exceptional program for Portland, and I want to congratulate her on a job well done. The theme for the conference, Physical Activity Across the Life Span, has a special twist associated with it and as many of you know, Mo has a unique talent for creating such clever and unique spins that are always meaningful. You can find a summary of the program content in her message on page 3. I am certain that the program will be enlightening and intellectually agile, offering a broad array of scholarly topics across all of the subdisciplines in kinesiology. On a personal note, I have to say it is very challenging for me to follow in her footsteps because she did a truly extraordinary job as president. As our past president she is effectively leading the charge in whatever assignment she is given. She has been a great mentor for me, and she even lets me call her my assistant. That gives me license to call on her for lots of advice and guidance!

Hetherington Award
I am pleased to announce that Charles “Tip” Tipton (fellow #215) was selected as the recipient of the 2012 Clark W. Hetherington Award, which is the highest honor bestowed by the academy and is given for outstanding contributions specifically related to the purposes of the academy. He will receive this award at the NAK banquet.
President’s Message

in Portland. Thanks to Deb Feltz and her awards committee for identifying a truly extraordinary scholar whose research, teaching, and leadership contributions in kinesiology have had a huge impact in exercise physiology and in the broader discipline of physiology.

Election Committee

President-elect Phil Martin and his election committee compiled an excellent slate of candidates who have agreed to serve in leadership capacities on behalf of the NAK. Phil Martin’s message on page 6 provides more specific details about the slate of candidates and the election results.

Membership Committee

Greg Payne and his membership committee did an exceptional job in putting forth an impressive group of NAK fellow nominees who were selected to become NAK fellows. The task of organizing and running the election of fellows is one of the most important activities for the academy, and this process was run exceptionally well by Greg and his committee. The individuals who were approved by the NAK members are presented on page 5.

New Partnership with AKA and ACSM

To respond to the recommendations from Bev Ulrich, Roberta Rikli and Mo Weiss, I appointed NAK fellows David Bassett and Kathleen Janz to serve as members of a new committee called the Physical Activity Promoting Colleges and Universities (PAPCU) Committee, which also includes two representatives from the AKA and ACSM. The primary goal of this committee is to create and implement programs and other activities that will help to make our organizations linked to the field of kinesiology more visible to our campus communities. The American College of Sports Medicine has been a leader in our field in the delivery of such programs to the broader public with initiatives such as the American Fitness Index and the Exercise is Medicine. The American Fitness Index is an evidence-based analysis that ranks the health and fitness indicators in the 50 largest cities in the United States. The Exercise is Medicine initiative is a multifaceted program to encourage health care professionals to assess the physical activity status of their patients. Both programs have garnered national and international attention and both have been extensively covered by numerous media outlets. Jim Whitehead, executive vice president and CEO of ACSM, hosted the first PAPCU committee meeting earlier this year in Indianapolis and offered advice and guidance about how best to seek and attain external visibility for the field of kinesiology. David Bassett is serving as chair of this new committee, and this committee is hard at work planning activities that will promote physical activity on our college and university campuses. The AKA will help us to communicate with college and university campuses around the country, and their leadership in advocacy will be critical to the success of PAPCU. The support by ACSM, and AKA, ACSM president Barbara Ainsworth, and AKA president Wojtek Chodzko-Zajko is greatly appreciated. David describes the first initiative on page 7 of this newsletter, and I encourage all members to read about their plans. David will present progress about this initiative at our business meeting in Portland this fall.

I have identified a theme for the 2013 NAK meeting which will be held at the Cheyenne Mountain Resort in Colorado Springs. The meeting dates are September 19th to 21st, 2013, so be sure to mark your calendars. The theme is tentatively titled, “Back to the Future: Kinesiology Research in the Year 2033”. My plan is to have talks first highlighting and summarizing current key areas of research in each subdiscipline. Current knowledge gaps will then be identified in order to set the stage for ‘back to the future’ discussion of where research in each area is anticipated to move over the next 20 years. Feel free to e-mail me with your thoughts and ideas about the theme and if you would like to be a member of the conference organizing committee or would like to speak at this meeting in 2013.

Have a wonderful summer, and I hope to see you in September in Portland!
Past President’s Message

Destination Portland, Oregon: Annual NAK Meeting,
September 20-22, 2012
Maureen Weiss, University of Minnesota,Twin Cities, NAK Past President

It is with great pleasure that I invite National Academy of Kinesiology (NAK) fellows and guests to the 2012 annual meeting in beautiful, cultural Portland, Oregon. Our location is in the heart of downtown at the Hotel Monaco, a stunning Kimpton Hotel property that will feature NAK as exclusive residents for the duration of the conference. Each evening the hotel holds a wine-tasting hour of products from local vineyards. The property is two blocks from the light rail which you can take directly from the airport; a few blocks from the streetcar, which you can take to trendy Northwest 23rd Street and other sites; and within walking distance of the Pearl district, a fun upscale area of great dining, art galleries, and shopping. The downtown area itself is full of cultural, shopping, and dining options.

But the main attraction will be the annual meeting. This year the conference theme is Physical Activity Across the Lifespan, and sessions will address underlying processes and mechanisms of influence that generate variations in physical activity, inactivity, and health outcomes in middle/older adulthood, emerging/young adulthood, adolescence, middle/late childhood, and infancy/early childhood. The theme and format are based on a playful metaphor revolving around “The Curious Case of Benjamin Button,” a short story by F. Scott Fitzgerald and movie about a baby born at 84 years old who ages backward. Along the way Benjamin experiences “typical” developmental landmarks of older, middle, and young adulthood, and adolescence, childhood, and infancy. Taking a reverse-aging perspective presents an innovative approach to the flow of research content on life span physical activity. However, I cannot guarantee that you will be any younger at the end of the meeting!

Before sharing specifics of the program, I want to take an opportunity to generously thank my conference planning committee for their assistance, support, and suggestions throughout the process of conceiving the program format, speakers, and overall theme: Bev Ulrich, Jane Clark, Barb Ainsworth, Penny McCullagh, Phil Martin, and Tom Stoffregen. This was a great team effort, and I am grateful for the imagination, insight, and enthusiasm generated in response to my request for ideas and directions.

Our Thursday evening opening session will feature our keynote speaker, Arnold Sameroff, professor of psychology and
research professor at the Center for Human Growth and Development at the University of Michigan. Professor Sameroff (http://www.lsa.umich.edu/psych/people/directory/profiles/faculty/?uniquename=sameroff) is a world-renowned developmental psychologist who recently published a groundbreaking paper on a theory of life span development in *Child Development*. He will provide the big picture of development across the life span that will set the stage for the remainder of the program on physical activity across the life span. Check out his publication:


Following Professor Sameroff’s presentation and audience questions, we will enjoy our traditional opening night social reception, where we can renew friendships and taste the fabulous local wine.

**Friday and Saturday sessions** will feature multidisciplinary perspectives on physical activity, starting in older adulthood and proceeding to infancy. In each developmental session, three scholars representing different kinesiology sub-disciplines will give a 20-minute presentation followed by a 30-minute Q&A period. The conference planning committee helped me to achieve program balance, including scholars from the social, behavioral, biological, physical, and humanities areas within Kinesiology. In addition, a majority of speakers are fellows who have not previously presented at NAK meetings, including many newly or recently elected fellows. The presentation speaker lineup is impressive, and I’m looking forward to the set of talks that will frame each developmental period.

During our **Friday luncheon**, I am excited to announce that Joan Dorn, Physical Activity and Health Branch chief for the Division of Nutrition, Physical Activity and Obesity of the Centers for Disease Control and Prevention, will share current physical activity initiatives and priorities at the CDC.

The lineup of speakers by developmental period and sub-disciplinary area includes the following:

**Friday September 21:**

**8:30-10:00: Middle and Older Adulthood**

Larry Brawley (psychosocial), Vendien Lecturer, University of Saskatchewan

Richard van Emmerik (motor behavior), University of Massachusetts

James Rimmer (exercise physiology/health promotion), University of Alabama
Continued from page 4

Past President’s Message

10:15-11:45: Emerging/Young Adulthood
  Barbara Ainsworth (health promotion/wellness), Arizona State University
  Margaret MacNeill (sociocultural), University of Toronto
  Steve Blair (epidemiology), University of South Carolina

1:30-3:00: Adolescence
  Pamela Hodges Kulinn (pedagogy/psychosocial), Arizona State University
  Kathleen Janz (exercise physiology), University of Iowa
  Kevin Guskiewicz (neuropsychological), University of North Carolina

Saturday September 22:

8:30-10:00: Middle and Late Childhood
  David Wiggins (history), George Mason University
  Tom Rowland (exercise physiology), Baystate Medical Center, Springfield, MA
  Donetta Cothran (pedagogy/psychosocial), Indiana University

10:15-11:45: Infancy and Early Childhood
  Dale Ulrich (motor behavior), University of Michigan

Don Morgan (exercise physiology), Middle Tennessee State University
Nick Stergiou (biomechanics/clinical), University of Nebraska-Omaha

11:45-12:05: Summarizing, Integrating, and Imagining the Future
  Scott Kretchmar (philosophy), Pennsylvania State University

As you can see, we have an exciting academic program that features speakers ranging in expertise from history to neuropsychology, from philosophy to biomechanics, and from social psychology to exercise physiology. The set of presentations will also make for a fantastic set of academy papers to be published in Kinesiology Review in February 2013.

Our annual business meeting will follow the program sessions on Saturday, and later that evening we will experience our traditional and memorable dinner reception and induction ceremony. Plan on coming to Portland, Oregon, September 20-22, 2012, for a number of academic- and fun-filled days with colleagues and friends. See you there!

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RESULTS OF NAK OFFICER ELECTION

President-Elect
Barbara Ainsworth

Secretary-Treasurer
Brad Cardinal

Member-at-Large
Brad Hatfield

Hetherington Award Winner
Charles M. Tipton (#215)

Announcement of New Fellows to Be Inducted at the 2012 Meeting

Active Fellows
  David I. Anderson, San Francisco State University
  John B. Bartholomew, University of Texas at Austin
  Andrew M. Gordon, Teachers College, Columbia University
  Louis Harrison, Jr., University of Texas at Austin
  Matthew Thomas Mahar, East Carolina University
  Xiang Ping, Texas A&M University
  Daniel Blanke, University of Nebraska at Omaha
  Paul DeVita, East Carolina University
  Alan Smith, Purdue University

International Fellows
  Winston D.J. Byblow, University of Auckland (deferred from 2011)
  Sheila Henderson, University of London
  David Kirk, University of Bedfordshire, UK
President-Elect Message

2012-2013 Officer Elections
Philip E. Martin, President-elect

The major responsibility of the president-elect of the academy is to chair the standing committee on nomination and election of officers. Committee members this year were Mindy Millard-Stafford (#444), Melinda Solomon (#472), Jill Whitall (#490), and Howard Zelaznik (#337). The committee was responsible for identifying candidates for president-elect, secretary-treasurer, and member at large. Nominations for each position were sought from NAK fellows. Committee members also nominated candidates for each position. The committee performed its work efficiently as we processed numerous nominations for each position. Nominees for president-elect were Barbara Ainsworth (#376) and Karl Newell (#319). Nominees for secretary-treasurer were Brad Cardinal (#475) and Jill Whitall (#490), and those for member at large were Kevin Guskiewicz (#466) and Brad Hatfield (#452). The committee appreciates the willingness of each of our six nominees to stand for election. Ballot and voting information was posted on the NAK web site, and fellows were contacted by email and given instructions to access the ballot. As reported elsewhere in the newsletter, the election process has been completed. Congratulations to Barbara Ainsworth as our new president-elect, Brad Cardinal as secretary-treasurer, and Brad Hatfield as member-at-large. Ballot and voting information was posted on the NAK website, and fellows were contacted by e-mail and given instructions on accessing the ballot. I would like to extend sincere thanks to Amy Rose and Kim Scott for their assistance in gathering biographical material for each candidate and getting materials prepared for the election process.

I am excited about our annual meeting in September and look forward to seeing you all there. Portland should be an excellent venue, and Mo Weiss has done a great job of putting together this year’s program. The speakers are an outstanding group, and I’m sure their presentations will stimulate considerable discussion. I have been thinking about the theme for the 2014 academy meeting and continue to welcome suggestions from the membership. The goal of every academy conference is to identify and address a topic of interest to the membership at large. I need your help in identifying what you think is relevant and timely. Please feel free to share your ideas with me by e-mail (pemartin@iastate.edu) or phone (515-294-1425).
Promoting Physical Activity on College and University Campuses
David Bassett, University of Tennessee, Knoxville

In February 2012, Dr. Patty Freedson (president of the National Academy of Kinesiology) convened a meeting of representatives of three kinesiology organizations to discuss how to promote physical activity on college campuses and how to increase the visibility of the field of kinesiology.

Representatives of the National Academy of Kinesiology (NAK), the American Kinesiology Association (AKA), and the American College of Sports Medicine (ACSM) met in Indianapolis to consider the issue. A committee was formed composed of David Bassett, NAK, committee chair (University of Tennessee, Knoxville); Kathy Janz, NAK (University of Iowa); Joe Starnes, AKA (University of North Carolina, Greensboro); Mary Rudisill, AKA; Steve Hawkins, ACSM (California Lutheran University); and Sheila Ward, ACSM (Norfolk State University). Also attending were Jim Whitehead (ACSM executive director), Barbara Ainsworth (ACSM president), and Kimberley Scott (NAK, AKA and Human Kinetics).

The committee decided to begin by developing a program to assess the quantity and quality of physical activity opportunities for students, faculty, and staff on campus. They will model this effort after the American Fitness Index (AFI) program established by the American College of Sports Medicine (ACSM) with the support and funding of the WellPoint Foundation. A survey will be conducted, and the results will be used to construct a metric known as the National Collegiate Fitness Index (NCFI). The goal is to assess the environmental supports for exercise (leisure-time physical activity) as well as active transportation (walking and cycling for utilitarian purposes). This may help colleges and universities in determining where they could improve and assist them in identifying resources and policies that support physical activity. It could also help prospective students in selecting schools that fit their needs.

The survey is now being developed to assess the physical activity environment on college and university campuses, and it is targeted at both 2-year and 4-year institutions. Within a year, the survey will be delivered to 800 colleges and universities that have a kinesiology-type program on campus, and it will later be expanded to include more institutions.

Once the surveys are returned and the data is analyzed, each school will receive a report that rates their campus environment on its conduciveness to physical activity. The results of the survey will also be published on a website providing ratings for college campuses. This is the first goal, and the committee will develop other action items to help bring kinesiology programs on campuses to the forefront of physical activity promotion.
New App Makes Kinesiology Review Easily Available

Kinesiology Review is now available to you through your iPhone or iPad with the HK Journals app. HK Journals allows app users to explore both current and past issues of every journal published by Human Kinetics, including Kinesiology Review.

With just a few touches of your fingertips, you will be able to do the following:

• Browse the table of contents from the most recent issue of each journal.
• View abstracts of articles for both current issues and back issues.
• Bookmark specific journals under My Journals so you can quickly access your favorites each time the app is opened.
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The HK Journals app is also a convenient tool that allows you to access your journal subscription! During your first use of the app, select an article from your journal and you will be prompted to log in to your HK account. Once logged in, you will have access to your entire KR subscription in a mobile-compliant format. Each time you return, you will remain automatically logged in so you can quickly pick up where you left off. You can even save articles to read offline by downloading the PDFs to your iBookstore.

Available for free, the HK Journals app for iPhone or iPad is a practical way to explore new research and articles spanning the fields of physical activity and health.

Special NAKPEHE Membership for NAK Fellows

Now that Quest is no longer an automatic membership benefit to National Academy of Kinesiology fellows. NAKPEHE is offering fellows a concurrent NAK membership, which includes Quest and the NAKPEHE Chronicle for $30 a year. NAK fellows who would like to join NAKPEHE in this category can do so at their website. Please remember that the Academy papers are no longer included in QUEST, but will now appear in Kinesiology Review.
NAK News

NAK Members in the News

Karl Newell (#319) was named the 2012-13 Alliance Scholar by AAHPERD. He will present his scholar’s lecture at next year’s AAHPERD convention.

Scott Kretchmar (#330) was named the 2012 C. H. McCloy Research Lecturer by the Alliance Research Consortium. He will deliver his lecture, titled “Symbols, Conventions, Games and the Evolution of Human Intelligence,” at the AAHPERD convention in Boston.

James Rimmer (#487) has been named head of the Lakeshore Foundation/UAB Research Collaborative and the Lakeshore Foundation Endowed Chair in Health Promotion and Rehabilitation Sciences at the University of Alabama at Birmingham School of Health Professions. In addition to becoming head of the research collaborative, Rimmer will be the Director of Research at Lakeshore Foundation. Rimmer was recruited from the University of Illinois at Chicago and Northwestern University Feinberg School of Medicine. An internationally known researcher in rehabilitation sciences, Rimmer has been developing and directing physical activity and health promotion programs for people with disabilities for 30 years. (photo courtesy: UAB Publications and Marketing)

Jane Clark (#348) will serve as the new dean of the University of Maryland, School of Public Health for a two-year term beginning July 1. Clark will be charged with leading the school into a new collaboration with the University of Maryland, School of Medicine in Baltimore - effectively doubling the size of their respective Masters of Public Health programs.

“Working together, we can significantly improve our ability to educate public health professionals to meet the State’s dramatic and growing need,” says Clark, who in the past has headed College Park’s Department of Kinesiology.

One of its first projects is launching a Collaborative School of Public Health with joint oversight, built around each institution’s Masters in Public Health (MPH) program. Baltimore’s is based in the Medical School’s Department of Epidemiology and Public Health. College Park’s is housed in its School of Public Health.

Jane Clark
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