As I write this message, spring has finally sprung in Minneapolis, baseball season is in full swing, and many exciting events have occurred this year for the National Academy of Kinesiology. I will share the good news in the form of sound bites below (well maybe they’re longer than most sound bites!). In addition, I provide a detailed account of the evolution of our new official journal, *Kinesiology Review*, on page 8.

**New Officers**

The election process for incoming executive board members went smoothly, thanks to the ever-present assistance of Kim Scott and Amy Rose. I want to extend a big thank you to Patty Freedson and her committee (Li Li Ji, Jill Whitall, Howie Zelaznik, Melinda Solmon) for deriving a terrific nomination slate; to Phil Martin and Cathy Ennis for running for president-elect, and to Penny McCullagh and Mark Grabiner for running for member-at large. Phil and Penny will be joining the executive board in Minneapolis for the pre-conference meeting and assume their roles at the end of the conference.

**Clark W. Hetherington Award Recipient**

I am delighted to announce that Wanean Wyrick Spirduso (Fellow #294) is the 2011 recipient of the Clark W. Hetherington Award. Her recognition perfectly characterizes what this award signifies—the highest honor bestowed by the Academy.
President’s Message

for outstanding contributions related to the purposes of the Academy as an organized group of academic and professional leaders in Kinesiology. Such contributions include impact on the field, scholarly productivity, dissemination of professional knowledge, and active participation in activities of the Academy. As testimony of the respect and esteem held by her colleagues, a total of seven NAK Fellows signed the nomination letter. Among their comments: “Waneen is one of the most distinguished scholars in our field who also has provided tremendous leadership to the National Academy of Kinesiology and to the profession.” “Having published her first research paper in 1960, Waneen has been an active scholar for more than half a century...Her research, which focuses on the relationship of health and fitness to physical and cognitive function in older adults, has helped define the area of physical activity and aging. She was a pioneer in pursuing age-related research in active and sedentary adults and older adults and has been continuing this work until the present day.”

Waneen will be formally recognized at the banquet ceremony on September 17 at the annual meeting. We look forward to her response to Academy colleagues. I would like to extend my sincere thanks to Deborah Feltz and members of her awards committee (Dick Magill, Mike Wade, Toby

Congratulations to New Fellows

Kathleen Haywood and her membership committee (Diane Gill, Tom Stoffregen, Steve Wallace, Greg Payne, Carl Maresh, Deborah Rohm Young, David Andrews, Mary O’Sullivan) had their hands full this

Page 2
year in reviewing an extensive and impressive list of nominees. My thanks go out to all of you.

A total of 11 Active Fellows and 4 International Fellows were introduced to the full membership for review. All nominees received the required number of votes to be inducted as new Fellows at the 2011 annual meeting in September. Joining the Academy as Active Fellows are: Allison Wrynn, Nancy Williams, Richard Van Emmerik, Jan Todd, Nicholas Stergiou, Joseph Starnes, Pamela Hodges Kulinna, Jody Jensen, Kathleen Janz, Donetta Cothran, and Michael Bemben. New International Fellows are: Doune Macdonald and Kathleen Martin Ginis. Congratulations one and all!

I also want to announce that Ron Zernicke, University of Michigan, who was inducted as an International Fellow in 2006, is now Active Fellow #503. According to our By-Laws, Article 1, Section 5, “International Fellows who move to the United States will have the option of becoming Active Fellows.” I extended this option to Ron, who indicated he was very interested in making the move to Active Fellow. Congrats Ron!

NAK Collaboration with ACSM

NAK has engaged in continuous discussions with Jim Whitehead, executive vice president of ACSM, on a framework of collaboration between the two organizations. The NAK presidents (Weiss, Rikli, Freedson) have participated on bi-monthly phone calls with Jim and we established three common areas for collaboration: (a) National Physical Activity Plan, (b) Outreach and Service to Colleges and Universities, and (c) Capacity-Building Joint Efforts. Jim Morrow, our liaison for NAK concerning the National Physical Activity Plan, also joined us. Currently, we have identified three systematic steps for these three collaborative activities: (1) identify priorities and options, (b) develop an action plan, and (c) implement the action plan, with an assessment occurring at the end of each year. The NAK-ACSM collaboration is a work-in-progress and we will have an update on this initiative at the annual meeting.

NAK Annual Meeting, September 15-17: Destination Twin Cities

As you see from Roberta Rikli’s newsletter piece, she has put together a fabulous program around the theme of Kinesiology Research: Its Impact on Society. Contributing to the program are a host of eminent scholars from within and outside the Academy. The opening talk by
Rick Troiano, NIH, on Thursday evening promises to set the stage for a stimulating, informative, and engaging conference. The meeting will culminate in our banquet and induction ceremony for new Fellows on Saturday evening, at which time Waneen Spirduso will be recognized as the Clark W. Hetherington Award recipient. Given the conference program and activities, you'll want to be sure to attend this year’s annual meeting.

Now that I reside in the Twin Cities and have become a fan of all the Cities have to offer, let me entice you with some additional reasons for making your trip here in September. First, September is absolutely perfect in weather, arts, trees in bloom, and physical activity and sports opportunities. Second, our meeting is being held in Downtown Minneapolis at the Marquette Hotel (a Hilton property), and you can easily access the hotel on the light rail from the MSP International airport. Third, surrounding you in Downtown are a number of outstanding restaurants, Art Centers, Guthrie Theatre, Orpheum Theatre, Dakota Jazz Club, Target Field, and Mall of America Field. Finally, not to be outdone, three beautiful lakes—Lake Calhoun, Lake of the Isles, and Lake Harriet—are close by for trail running, walking, biking, rollerblading, and canoeing. Consider coming a day early or staying a day later—you’ll have a great time.

I looked up schedules and here is what is going on during our meeting dates: (a) the Twins are in town (vs. Cleveland Indians), (b) the Vikings play on Sunday vs. Tampa Bay Bucs, (c) Garrison Keillor’s Prairie Home Companion is playing at the Fitzgerald Theatre in St. Paul, (d) the Minneapolis Institute of Arts and Walker Art Center have exhibitions and programs going on, (e) the Dakota Jazz Club has nightly performances, and (f) the Guthrie Theatre will be showing Much Ado About Nothing. If any of you would like me to look up any information or purchase tickets for you ahead of time, just let me know. I will, for sure, be going to the Twins game on Sunday. Join me!
Past President’s Message

Kinesiology Research: Its Impact on Society is the theme for the 2011 NAK Annual Meeting

Roberta Rikli, NAK Past President

I hope you are making plans to attend the NAK Annual Meeting in Minneapolis, September 15-17. The program is shaping up to be outstanding, with noted scholars from within the Academy as well as outside experts speaking on the conference theme -- Kinesiology Research: Its Impact on Society. With the social relevance of higher education becoming increasingly important to university administrators, taxpayers, and local and federal funding agencies, it seems critical that we have a good understanding of and be able to articulate and promote the value of our own research. Speakers from different perspectives (behavioral, social, physical, and philosophical), from various environments (educational and community), and who study different populations (youth, athletes, older adults, and disabled) will discuss cutting-edge research in their areas, will talk about the impact it is having, and will suggest ways to further advance meaningful knowledge in the field. The following is a brief summary of the program highlights each day.

Thursday, September 15.
The opening night Rainer and Julie Martens Invited Lecturer will be given by Richard Troiano from the National Institutes of Health who will discuss the “Federal Government’s Increased Interest in Physical Activity: Opportunities for Kinesiologists.” Dr. Troiano has been very influential in promoting physical activity at the national level. His many noteworthy accomplishments include serving as Coordinator for the development of the first National Physical Activity Guidelines for Americans.

Friday, September 16.
Session I - Physical Activity and Neuropsychological Development will feature presentations by two leading experts in this area. Arthur Kramer, Director of the Beckman Institute for Advanced Science and Technology at the University of Illinois, will discuss his extensive research on “Physical Activity Effects on Brain Function across the Lifespan,” with a follow-up presentation by Brad Hatfield who will talk about “Physical Activity, Health, and Neuropsychological Behavior: Connecting Basic Research with Critical Social Issues.”

In Session II -- Social/Philosophical Issues in Kinesiology Research, Douglas Anderson, a noted philosopher from Southern Illinois University – Carbondale who studies philosophy’s relationship to other dimensions of culture such as science, religion, sports and music will present a talk suggesting that “Play is Dead” in contemporary society. In a follow-up presentation, our own famous philosopher, Scott Kretchmar, will pose the question “Should we Resuscitate Play?”

Continue on Page 6
In Session III—Putting Knowledge into Practice: Innovative School and Community Physical Education Programs, Hal Lawson (one of the profession’s most futuristic and provocative thinkers and writers) will discuss New Institutional Designs for Children and Youth. In Part II of this session, David Bassett will discuss his research on linking physical activity and health outcomes, particularly in relation to modes of transportation. His talk on “Encouraging Physical Activity and Health through Active Transportation” will be followed with a response from Leslie Meehan, Senior Transportation Planner for the city of Nashville who will discuss innovative practices in city planning in her talk on “Transportation Planning: Responding to the Call for Increased Physical Activity.”

The final session of the conference, Session V – Research in Biomechanics: Laboratory to Field Applications will feature noted biomechanist Joe Hamill who will talk about research on “Overuse Injury Biomechanics” and Ronald Zernicke, a well-known scholar, administrator, and visionary leader who will provide a broader view of “The Impact of Biomechanics Research on Society.”

To close the formal part of the conference program, Patty Freedson, NAK President-Elect, will provide a wrap-up summary and special observations.

Don’t forget! – Mark your calendars now for September 15-17, 2011.
The primary responsibility of the president-elect is to chair the Nomination and Election Committee. I worked with a great group of committee members including: Li Li Ji, Howard Zelaznik, Melinda Solmon, and Jill Whitall. We reviewed and processed numerous nominations for the offices of president-elect and member-at-large and came up with an exceptionally strong slate of candidates. I want to thank Phil Martin and Cathy Ennis for agreeing to run for president-elect, and Penny McCullagh and Mark Grabiner for being candidates for member-at-large. The Academy is fortunate to have such talented and capable individuals who are willing to serve in leadership positions in the Academy. The election of officers was conducted electronically, with 72 members voting in the election. Phil Martin was elected as president-elect and Penny McCullagh as member-at-large. I look forward to working with current and newly elected NAK officers in the coming years.

On behalf of the Academy, I again want to thank members of the Nomination and Election Committee for their diligence. I look forward to seeing everyone in Minneapolis this fall. The program looks terrific and we have to thank Roberta Rikli and her committee for a thoughtful and stimulating meeting agenda.

President-Elect
Philip Martin, Iowa State University

Member-at-Large
Penny McCullagh, California State University- East Bay

Hetherington Award Recipient
Waneen Spirduso (#294)

New Fellows to be Inducted at the 2011 Meeting

Active Fellows
- Michael Bemben, University of Oklahoma
- Donetta Cothran, Indiana University
- Kathleen Janz, University of Iowa
- Jody Jensen, University of Texas
- Pamela Hodges Kulinna, Arizona State University
- Joseph W. Starnes, University of North Carolina - Greensboro
- Nicholas Stergiou, University of Nebraska-Omaha
- Jan Todd, University of Texas
- Richard Van Emmerik, University of Massachusetts - Amherst
- Nancy Williams, Pennsylvania State University
- Alison Wrynn, California State University-Long Beach

International Fellows
- Kathleen Martin Ginis, McMaster University (CA)
- Doune Macdonald, University of Queensland (AUS)
Kinesiology Review—New Official Journal of NAK and AKA

Maureen Weiss, NAK President

By now you’ve received the news flash about the new official journal of NAK and AKA—Kinesiology Review—to be published by HK starting with the Academy Papers in February 2012. This is a most exciting and adventurous direction for our partnership with AKA and HK. We are fortunate that this opportunity arose, with Kinesiology Review providing an outlet for the kinds of non-data-based articles that are frequently underrepresented by other journals in our field—theoretical papers, commentaries, philosophical analyses, and position stands. Many of you might be wondering how this partnership and idea for a new journal came about, so I will briefly summarize the events here.

After 33 years of publishing Quest with Human Kinetics, NAKPEHE decided to terminate its contract and go with another company. The last issue of Quest published by HK will be December 2011. Because NAK owns the copyright to the Academy Papers that comprise 25% of the Quest issues, we had an important decision to make. The NAK executive board responded positively to a proposal from Rainer Martens that a new journal focused on the field of kinesiology be launched. Our unanimous decision to move forward with a new journal with HK was based on three factors:

(a) what we believed would be in the best interest of the field and NAK, (b) our sense of loyalty to Rainer for HK’s longstanding and invaluable commitment to NAK, and (c) our enthusiasm about partnering with AKA in what will likely be a historic landmark for kinesiology.

Subsequently, the NAK and AKA executive boards identified two representatives to discuss with Rainer specific journal details, such as journal name, editorial mission, journal objectives, target audience, journal features, publication frequency, review

Jane Clark, founding editor of Kinesiology Review

Continue on Page 9
Barb Ainsworth and Diane Gill represented NAK and Steve Silverman and Jerry Thomas represented AKA. In February, Rainer and the subcommittee prepared a proposal for review by NAK and AKA. The NAK executive board had a special conference call devoted to the topic of the new journal and unanimously approved the proposal. I would like to thank Barb and Diane for their role in representing NAK on this important initiative and for offering their insights to the executive board.

Because the launching of the journal is coming up quickly (less than a year away), Gil Reeve (president of AKA) and I as president of NAK teamed with Rainer to identify potential editors. Jane Clark (NAK Fellow #348), University of Maryland, graciously agreed to become the founding editor of *Kinesiology Review* for an initial 3-year appointment. She is already hard at work suggesting editorial board members, deciding on publication guidelines, soliciting journal articles, and identifying thematic issues. Given Jane’s prolific impact on the field, her commitment to the scholarly study of kinesiology, her broad perspective on the multidisciplinary nature of the field, and her go-getter characteristics, we are in very good hands for getting the journal off to a fantastic start. Thank you, Jane!

In the coming weeks and months, I will strive to keep you updated about the journal’s development and activities. A press release from HK will come out soon with a call for papers and where more information can be found on the HK website. At the NAK annual meeting in September in Minneapolis, Jane will give us an update and a preview of coming attractions for the journal at our business meeting on Saturday.

This is a snapshot of how the journal idea evolved and how NAK enthusiastically became involved. This is a decision that will likely have a huge impact on the field of kinesiology for many years to come—a historical landmark indeed. I would like to personally thank Rainer Martens, Greg Reed, Gil Reeve, Barb Ainsworth, Diane Gill, and the NAK Executive Board for their role in making this initiative happen so quickly and productively.
2011 NAK Meeting

Conference Information
By Kim Scott

This year’s annual meeting is scheduled for September 15-17 at the Minneapolis Marquette Hotel. The hotel is a very nice property located in the heart of downtown Minneapolis convenient to 50 blocks of shops, restaurants, and entertainment venues via the skyway system. The Target Center, Metrodome and Convention Center are only a five minute walk from the hotel. Minneapolis boasts the famous Guthrie Theater, Historic State Theater, 50 performing art theaters, 100 art galleries, 12 world class museums and numerous musical and dance companies. There’s also shopping at Nieman Marcus, Saks 5th Avenue, Marshall Fields and City Center is just a block away. And, the Mall of America is just 20 minutes by Light Rail. With 22 lakes, 180 parks, 50 miles of paths and the mighty Mississippi running through downtown, Minneapolis is considered an urban playground sure to please all.

**Property Highlights:**
- A Four Diamond Deluxe Hilton Property
- Situated in the heart of Minneapolis’s financial and entertainment districts
- Spacious guest rooms
- Free High Speed Internet/WiFi in the guest rooms
- On-site parking available
- Complimentary fitness center for hotel guests
- Business Center
- Valet Parking
- On-site restaurant and lounge
- 25 minutes from the Minneapolis/St. Paul International Airport

The room rate is $169 a night for single or double occupancy. These special rates will apply three days before and after the dates of the group’s conference for those wanting to add an extra day or two of relaxation. The deadline for reservations at this rate will be Monday, August 15. Reservations can be made by calling 800-328-4782 or 612-376-7400 or online on the NAK website (www.NationalAcademyofKinesiology.org). Click on the link under “News Flash.” More information will be sent out in the conference packets in early June.

With a great hotel property, a great program, and lots to see and do there’s no reason not to attend this year’s meeting! Invite a colleague to join you!
NAK News

NAK Members in the News

New AAHPERD President

Brad Strand (#501) began his term as President of the American Alliance for Health, Physical Education, Recreation and Dance at the annual conference held in San Diego, CA March 24-April 2.

Corbin and Co-Authors Earn a Texty Award

The Texty Award is presented annually by the Text and Academic Authors Association (TAA) for excellence in texts and learning materials. Fitness for Life Elementary School was awarded the Texty for 2011. The award will be presented at the TAA national convention in Albuquerque. Fitness for Life Elementary School is a program consisting of nine teacher's books (K-6, PE, and School Wellness Coordinator) that include DVDs with plug and play exercise videos for use in classrooms and in physical education. The videos also contain educational messages. The program is designed to promote regular physical activity, sound nutrition, and wellness throughout the elementary school. Chuck Corbin (#267), academy fellow emeritus and professor emeritus at Arizona State University, is the senior author. Co-authors include Guy Le Masurier, an ASU doctoral graduate and professor at the University of Victoria, Dolly Lambdin of the University of Texas-Austin, and Meg Greiner, a physical education teacher in Independence, OR. Fitness for Life, a high school physical education text (now in the 5th edition), and Fitness for Life: Middle School a physical education text (1st edition) for middle school youth were previous winners of the award. Human Kinetics in Champaign, IL publishes all three of the Fitness for Life books. Corbin and co-author Ruth Lindsey also earned a McGuffey award for Concepts in Physical Fitness (now in the 16th ed.), a best-selling college text published by McGraw-Hill.

New Alliance Scholar Announced

Dr. Jim Morrow (#341), professor at University of North Texas, was just announced as the 2011-2012 Alliance Scholar for AAHPERD. The Alliance Scholar is the highest scholarly honor given by AAHPERD. A national committee reviews nominations and selects the finalist. The Alliance Scholar program promotes scholarship among AAHPERD’s members and seeks to encourage and facilitate research and creative activities which will enrich the depth and scope of health, leisure, sport, dance and related activities.
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