As was shared at our recent meeting in Chicago, Illinois, the National Academy of Kinesiology is entering a new era. Our management services agreement with Human Kinetics Publishing, Inc. has ended. Fortunately, Kim Scott has been retained as our Business Manager. All who have worked with Kim know of her devotion to the Academy and her commitment to its ongoing success. Her operational and organizational understanding is impressive, and she has astounding institutional memory.

**Financial Stability**

During this transition, several immediate needs have been identified, and we are working diligently to address them. For example, while the Academy has always operated as a non-profit entity, we are not legally recognized as such by the Internal Revenue Service (i.e., we do not hold 501c3 status). Our first President, R. Tait McKenzie, wrote about the need for the Academy to establish a philanthropic arm, including having its own endowment. In our new organizational arrangement, this is something that we can begin to pursue in earnest.

Toward this end, a Presidential Committee on Financial Stability has been formed. Our President-Elect, Dave Perrin, has agreed to chair the committee. Other committee members include: John Dunn, Academy President, 2007-2008; Pat Moran, who has extensive development experience and is the wife of Steve Silverman, Academy President, 2006-2007; Kim Scott, our Business Manager; Al Smith, our Secretary-Treasurer; Lynda Ransdell, Active Fellow; and Daniel Weeks, International Fellow. Tim White, Academy President 1999-2000, has also expressed a willingness to assist in a consulting capacity.
International Inclusivity

At the Business Meeting in Chicago, we also discussed a motion regarding greater inclusion of International Fellows in the work of the Academy. This is also something that our first President, R. Tait McKenzie wrote about. McKenzie and the other founders envisioned the Academy as being cosmopolitan. In the Academy’s original constitution, adopted on December 31, 1930, “Corresponding Fellows” were described as, “members of the profession in other lands who have rendered outstanding service in the field of physical education.” In our current “Members of the Academy” listing, Corresponding Fellows and, it appears, “Associate Fellows”, who were described as, “men and women in related fields who have rendered outstanding service in the field of physical education” are labeled “Int’l” (i.e., International), and they do not carry a Fellow number.

Glyn Roberts, the 2014 Hetherington Award recipient, discussed some of these very issues at the 75th anniversary Academy conference in 2005. He subsequently published an eloquent paper on the topic in 2006. Other committee members include: Kathleen Martin Ginis, International Fellow (Canada); Tsung-Min “Ernest” Hung, International Fellow (Taiwan); Glyn Roberts, Emeritus Fellow (Norway); Cesar Torres, Active Fellow (USA); and Ron Zernicke, Senior Member-at-Large, Executive Committee, who was initially inducted as an International Fellow (Canada) and transferred to Active Fellow (USA) status some years later. The plan will be to present a series of motions for consideration at the 2019 Business Meeting in Bellevue, Washington.

Preserving Our History

The Academy’s incredible history is archived in the Special Collections Library at Pennsylvania State University. However, some of our recent historical records have been stored at Human Kinetics Publishing, Inc. in Champaign, Illinois. As we continue the transition process, our Historian, Mark Dyreson, has been working to help us understand what documents we need to retain and transfer to the archives.

Mark is actively involved in other activities, too, including doing some background research on the International Fellows topic. As he shared with me (personal communication, November 7, 2018), “Though history is not a policy science, nor, despite the cliché are we doomed to repeat it if we ignore it, I do think it’s very helpful to understand the past as we debate the future.”

Welcome to the Beautiful Pacific Northwest in 2019

Our Past-President, Brad Hatfield, is actively engaged in planning the 2019 conference, which will be held in Bellevue, Washington, September 12-14, 2019. Bellevue is a French word meaning, “beautiful view.” Bellevue sits on the eastside of Lake Washington, whereas Seattle sits on the west side of the lake. Having grown up 16 miles north of Seattle, this is a homecoming of sorts for me. From Bellevue on a clear day you can see, among other things, the Cascade mountain range to the immediate east, including Mt. Rainier to the south and Mt. Baker to the north.

Of course, Bellevue and the surrounding communities are what they are today
because of the countless people who through determination and sacrifice made them so. Some of those people contributed against their will, others because they left their homelands in the hope of a better life, and some lived in the area for generations long before. In this region of the Pacific Northwest, the Native American populations include the peoples of the Duwamish, Muckleshoot (Ilalkoamish, Stuckamish, and Skopamish), Nisqually, Snoqualmie, and Suquamish. The native language is Salish (a.k.a., Lushootseed or Whulshootseed). In that tradition, I would like to politely welcome you – Huy’ch’qa siem – to join us; enjoying, among other things, fellowship, food, fun, and, of course, intellectual stimulation and the natural beauty of the region.

**Doctoral Program Review**

One of the major ongoing activities of the National Academy of Kinesiology is the doctoral program review, which occurs once every 5 years. The current review cycle will encompass the timespan January 1, 2015 – December 31, 2019. This is the fourth review the Academy will have completed. Early indicators suggest there has been a continuous expansion of doctoral programs in “Kinesiology,” and we are hoping to have an excellent participation rate. If you are aware of new doctoral programs, please be sure to let the Doctoral Program Review Committee Chair, John Challis from Pennsylvania State University know (Email: jhc10@psu.edu). He has been shepherding this important committee and will, ultimately, be reporting on the results during the 2020 conference in Providence, Rhode Island.

Because it is novel, and because it relates to the earlier point about the involvement of International Fellows in the work of the Academy, I do wish to highlight that Patricia Vertinsky (International Fellow, Canada, sub-disciplinary expertise in Socio-Cultural Studies and History of Physical Culture Studies) has kindly agreed to contribute to this committee on a special * Presidential Advisory Appointment*. As an International Fellow she can offer unique and independent perspective to the work of the committee (i.e., she has no conflict of interest with the outcome). Her one-year appointment was fully endorsed by the Executive Committee and was welcomed by John.

**Press Release for Newly Inducted Fellows**

A special “thank you” to the Executive Committee and some from outside of the Academy (i.e., Joanna Han, Executive Administrative Assistant, Department of Kinesiology, University of Maryland; Michelle Klampe, Writer, News & Research Communications, Oregon State University), for their assistance in preparing and issuing a “Press Release” about the newly inducted Fellows. It was distributed to individuals, institutions, organizations, and agencies internationally. It is a good way to welcome new Fellows into the Academy, inform their colleagues and superiors of their recognition, and draw attention to their achievements in a public manner. With the structure now in place, this can be further improved upon in the future.

**Thanks for Giving, “A Little Bit More”**

I know that change and transitions are difficult. In my brief time as President, I have been humbled and impressed by people’s graciousness and willingness to step-up and serve as we enter a new era in the National Academy of Kinesiology’s history.

Five years ago I was invited to write a guest editorial about the topic of service, which was subsequently selected for redistribution in Stanford University’s *Tomorrow’s Professor* (Cardinal, 2013). In the piece I reviewed a “service” vs. a “serve us” approach to life and work. Service is
one of the evaluated components of New Fellow nominees. There is clearly value in that. Many people have offered to help or volunteered when asked without hesitation. It is heartwarming and appreciated. Thank you!

I look forward to seeing you all at our annual meeting in Bellevue, Washington in 2019, and the following year (2020) in Providence, Rhode Island. In the meantime, please feel free to write, share your ideas, and let us know what you are up to. Pass it on!

References


Ensuring the Financial Sustainability of the National Academy of Kinesiology

By Dave Perrin (#401), NAK President-Elect

I am honored and humbled to serve as President-Elect of the National Academy of Kinesiology. I vividly remember being awed at my first NAK annual meeting in 1998 by the members of the Academy whose papers and textbooks I read and referenced as an undergraduate major in physical education, master’s degree student in athletic training, and doctoral student in exercise physiology. These legendary scholars included folks like Harrison Clarke (#96), Celeste Ulrich (#182), David Clarke (#220), James Hay (#249), Bob Singer (#251), Jack Wilmore (#252), David Costill (#253), Jo Safrit (#254), Wayne Sinning (#255), Daryl Siedentop (#264), Barbara Drinkwater (#268), Mike Pollock (#273), Herbert de Vries (#296), Jerry Thomas (#299), Mel Williams (#300), and many more. Indeed, my 1977 master’s thesis “A Comparison of Two Methods of Developing Quadriceps Muscle Strength” used a cable tensiometer to assess muscle strength—an approach introduced by Harrison Clarke in 1948!

My work as President-Elect will include chairing the President’s Committee on Financial Stability, recently appointed by President Brad Cardinal. After many years of very gracious financial support by Human Kinetics, the Academy now faces the prospect of financial independence. At the 2018 annual meeting of NAK, the Executive Committee discussed potential strategies for ensuring the long-term financial viability of the Academy. The President’s Committee on Financial Stability, comprised of John Dunn (#361), Pat Moran, Kim Scott, Al Smith (#522), Lynda Ransdell (#580), and Dan Weeks (Int’l) will explore many strategies, including:

• Explore the feasibility of becoming tax-exempt under section 501c3 of the Internal Revenue Code, for the purpose of establishing a philanthropic foundation within NAK.

• Consider the possibility of creating a planned giving society within the foundation for members to consider bequests to NAK as part of their estate planning.

• Review the pros and cons of pursuing corporate sponsorship of NAK, including creation of a list of potential sponsors.

• Invite universities to sponsor tables at the annual meeting awards banquet in honor of New, Active, and International Fellows from their institutions.

• Create a mechanism for exhibitor tables/booths at the annual meeting with a fee structure consistent with other comparably sized conferences.

• Expand attendance at the NAK annual meeting to increase the revenue generating potential of the conference by opening registration to faculty from Kinesiology departments of American Kinesiology Association (AKA) member institutions and regionally located Kinesiology programs in close proxim-
Continued from page 5

President-Elect Message

We look forward to sharing our work with you at the September 12-14, 2019 annual meeting in Bellevue, Washington. In the meantime, please share any thoughts or ideas you have on this issue with me or any members of the Committee.

As President-Elect, I also have the responsibility of chairing the Standing Committee on Nominations and Election of Officers in the coming year. The members of the committee include:

- Dave Perrin (#401) (Chair) david.perrin@health.utah.edu
- Janice Todd (#511) jan@starkcenter.org
- David Anderson (#515) danders@sfsu.edu
- Donetta Cothran (#505) dcothran@indiana.edu
- Susan Bloomfield (#566) sbloom@tamu.edu

We look forward to receiving New Fellow nominations for the positions of president-elect and member-at-large. If contacted to run for election for these offices or to serve on any of the standing committees of the Academy, I hope you will remember the commitment we all made at our induction ceremonies – to be an actively engaged member of the National Academy of Kinesiology.

I am grateful for the confidence you have placed in me to lead this distinguished Academy. I welcome your thoughts and suggestions, and look forward to seeing you next September 12 – 14, 2019 in Bellevue, Washington. The meeting promises to be another stimulating opportunity to reconnect with friends and colleagues under the distinguished program leadership of Past President Brad Hatfield.

IMPORTANT DATES:

February 1, 2019
New Fellow nomination deadline
Nomination forms can be found on the Website
Send completed forms to Edmund O. Acevedo to eoacevedo@vcu.edu

February 1, 2019
Nominations for Officer positions (President-Elect and Member-at-Large)
Email nominations to David H. Perrin to david.perrin@health.utah.edu

February 1, 2019
Hetherington Award Nomination deadline
Email nominations to Ang Chen to a_chen@uncg.edu

September 12-14, 2019
2019 Annual Meeting
Hyatt Regency in Bellevue, WA
I want to express my sincere appreciation for the opportunity to serve as President of the Academy during the past year. It was truly an honor and a privilege to meet our New Fellows and extend congratulations to them as they were inducted on the night of our banquet in Chicago. Thank you so much for the opportunity.

I now look forward, in the role of Past President, to planning the program for our Fall 2019 meeting to be held in Bellevue, Washington. Debbie Rose, in her role as our previous Past President, planned an outstanding meeting last year on the impact of sedentary behavior on health and well-being so we have a tough act to follow! As was announced at our last business meeting the theme for the 2019 NAK meeting will be “The Optimization of Human Performance.” The expertise of the members of the planning committee spans the landscape of subdisciplines in Kinesiology. Members include Mary Jane De Souza (exercise/performance physiology), David Wiggins (historical perspective), Ron Zernicke, senior member-at-large (biomechanics), Rick Kreider (physiology and nutritional aspects), David Perrin, President-elect (sports medicine), and Peter Hastie (pedagogical perspective) as well as my contribution to share insights on psychological aspects. We will soon get to work to construct the anatomy of the meeting. We also began a new tradition of TED talks from New Fellows at our meeting this past year, and we will build on that initiative. In addition, the program planned above will be well served by both new and long-standing Fellows so it will take a grand team effort from our membership to provide a program worthy of the Academy.

Although we are at the early stage of building the program at the time of this writing, the vision of the content spans from the historical/philosophical to the scientific (biomechanical, physiological, cognitive-motor neuroscience, and psychological) to coaching/pedagogy as well as sports medicine perspectives—spanning to organizational/sport management and to the emergence of relevant technology and “big data” perspectives. Collectively, the presentations will represent the broad expertise of the Academy and capture the art and science of human performance from a 360-degree perspective. Although the organization of such wide-ranging elements is an ambitious goal, the sessions will be clustered to proceed in a thematic manner. Efforts are currently underway to identify our Human Kinetics speaker with plans to invite a leader from the federal government or corporate world who can share a broad perspective on the future of human performance conjoined with collaborative and sponsorship opportunities for kinesiologists.

It is truly a work of passion for me to assist with the planning of a meeting in which we cover the preparation of the ancient athletes and warriors for competition and warfare to the distinguishing psychological, biome-
President-Elect’s Message

Mechanical, and physiological characteristics of elite performers ranging to the teaching and leadership qualities of excellent coaches as well as the organizational/management ingredients for team success. Superior performance is a product of multiple individual and social factors encompassing the acquisition of motor skill and the development of remarkable levels of physical fitness. Understanding those factors underlying remarkable levels of balance, quality (e.g., fluidity) of movement, cardiovascular endurance, strength, motivation, skill acquisition, and the capacity for resilience to stress, as well as the nature of successful organizations and programs dedicated to the development of young athletes and coaches, holds much promise for many populations across the age-spectrum and the performance spectrum from youth sports to military personnel and first responders. The hope and vision for the program will generate a unified theme to characterize human performance from many avenues of expertise and levels of analysis – *e pluribus unum*!

Please reach out to me with any thoughts that you have for adding value to the program, and see you in Bellevue. We have our work ahead of us to build a thoughtful and stimulating program!

NAK CALL FOR OFFICER NOMINATIONS

We will elect two new Academy officers in 2019: A President-Elect and Member-at-Large. The criteria for the two offices are as follows:

**President-Elect:** Active Fellow, 4 years membership in the Academy (Fellow number 545 or below, elected in 2014 or earlier)

**Member-at-Large:** Active Fellow, 1 year membership in the Academy (Fellow number 572 or below, elected in the year 2017 or earlier)

**Other Eligibility Rules**

1. Any Fellow currently holding office is eligible for nomination for the same or another office only during his/her final year in office.
2. Two Fellows from the same institution may not be placed on the ballot for the same office.
3. Nominations may be made by all Fellows, but only Active Fellows are eligible for office.

**Send nominations by February 1, 2019, to:**

David H. Perrin, PhD  
Dean and Professor  
University of Utah  
College of Health  
383 Colorow Bldg. Rm 390  
Salt Lake City, UT  84108  
Email: david.perrin@health.utah.edu
New Editor-in-Chief for Kinesiology Review

By David K. Wiggins (#483), Editor-in-Chief — Kinesiology Review

I am flattered to be asked to serve as Editor-in-Chief of the Kinesiology Review. It is a journal I have always held in high regard, being especially appreciative of the superb quality of the writing, astute analysis and conceptual frameworks, and emphasis on multidisciplinary approaches to the study of kinesiology. With that said, I also understand that I have big shoes to fill as the journal has been guided with great care and passion, first by Jane Clark (#348) who was the journal’s founding Editor-in-Chief and then by her successor Maureen (Mo) Weiss (#360). Both of them, who deserve our heartfelt thanks and should be applauded for their expertise and commitment to the field, have adhered to the mission of the journal by encouraging the submission of critical reviews, position papers, and broadly conceived essays that pertain to various aspects of kinesiology. The result is a journal that is in every way unique, reminding everyone, irrespective of their disciplinary focus, that as kinesiologists we are all in this together or as historian Jack Berryman titled one of his books “Out of Many, One.”

I do not envision a radical departure from the approach taken by Jane and Mo. There is no question, however, that I, with the assistance of the journal’s Executive Board and Editorial Board, should continue to search for ways to encourage more scholars to submit their work to the journal. The inability to create a steady flow of manuscripts has been the journal’s Achilles’ heel, a problem that has continued to plague an otherwise wonderful publication in spite of our best efforts. I am confident, however, that with a little ingenuity and continued persistence and thinking creatively, the problem can be overcome. We certainly have been provided a roadmap to follow in an effort to do so. Mo, a fellow California native who shares my love for baseball, provides some thoughtful suggestions as to how to move forward in an effort to make the journal the best it can be in her insightful 2014 editorial in the Kinesiology Review, “If We Build It, They Will Come.” I say let’s follow her lead while at once exploring new and inventive ways to enhance a quality scholarly journal that benefits all those who care deeply about the future of kinesiology.

David K. Wiggins
New Fellow Citations

New Fellows Inducted at Annual Meeting

Since earning his PhD from the University of Maryland in 1990, Dr. Martin Block has embarked on a career at the University of Virginia that is distinguished, sustained, and impactful. Dr. Block is a nationally and internationally renowned scholar in Adapted Physical Education. Dr. Block’s research on key variables impacting instructional practices in this area is seen in his stellar record, with well over 100 refereed research and professional publications, 24 chapters in edited texts, and textbooks. His record of more than 70 presentations at international conferences, and almost 50 at national conferences, reflects his national and international stature in the field. Moreover, he secured over $4 million in external funding to support his work. Because of his contributions, practitioners have gained the needed knowledge and strategies to teach more effectively when working with students with disabilities. That is, Dr. Block has managed to impact professional practice deeply and directly.

He has been recognized for his many accomplishments through numerous honors and awards. His extensive service to the field from local to international levels can be seen from his work as journal reviewer to his longstanding and impactful work in Special Olympics. Therefore, we firmly believe that Dr. Block is most deserving of induction into the National Academy of Kinesiology. Moreover, he has voiced a clear commitment to contributing to this Academy through active engagement as an Active Fellow.

Dr. Daniela Corbetta has a PhD in psychology and currently is a psychology professor at the University of Tennessee. During her career, she has produced a continuous record of scholarly achievement in motor development. Dr. Corbetta’s work is described by three characteristics. Firstly, she and her colleagues think deeply about the issue of how motor behavior develops. Secondly, she develops wonderfully rigorous experimental designs and techniques to answer her questions. Thirdly, she is a leader in creative and scholarly numerical analyses of experiments.

Dr. Corbetta has documented that during infant development new motor milestones affect the infant as a whole organism. Infants who have developed one-handed reaching begin to employ two-handed reaching, even though the objects are sized for one-hand reaching, when they begin to walk. To locomote effectively, the lower limbs are compelled to act as a coordinative overflowing to upper limb control, and infants are compelled to reach bimanually.

Dr. Corbetta possesses a strong quantity of scholarly productivity. She has continuously published in premier journals of motor development, with over 65 publications, including three books. Dr. Corbetta has been awarded over $1 million in grant awards by federal and European science foundations.

Dr. Corbetta serves as editor of the Journal of Motor Learning and Development. We are impressed with Dr. Corbetta’s incredible intellect, achievements, and expression of leadership in academic and professional arenas.
Dr. Farquhar served as chair of the Department of Kinesiology & Applied Physiology from 2011 – 2017 at the University of Delaware, and is currently chair of the University of Delaware Institutional Review Board.

Dr. Farquhar teaches Advanced Mammalian Physiology and Advanced Exercise Physiology and has mentored numerous undergraduate and graduate students studying integrative physiology.

Dr. Daniel Funk has made important and significant contributions to the disciplinary area of sport management. His contributions to the scholarly literature are very impressive. Focusing on various aspects of sport management issues, Dr. Funk has to his credit 118 peer-reviewed publications, 5 books, 11 book chapters, and 15 grants and contracts. He is particularly well known for his theory development, working by himself and in concert with colleagues to establish the Psychological Continuum Model, the Team Association Model, the Fan Attitude Network Model, and the Sport Experience Design model. He has also contributed to the development of the Sport Interest Inventory (SII) and a measurement tool pioneered by Dr. Funk and colleagues to provide guidance to both academics and practitioners for sport event attendance behavior and includes five facets of motivation: Socialization, Performance, Excitement, Esteem, and Diversion (SPEED). These models and inventories have had important implications not only for sport management, but for leisure, recreation, and public health as well.

In addition to his scholarly endeavors, Dr. Funk has been enlisted by sports leagues and enterprises such as the Australian Football League, National Collegiate Athletic Association, National Football League, Lifetime Fitness, Australian Institute of Sport, and Under Armor to assist with their respective initiatives. For instance, the Australian Football League and Australian Research Council funded one of his projects on how best to launch professional teams, and his work has been used by the NCAA to assess the fairness of imposed sanctions on individuals and member institutions. He has also served as editor of the Sport Marketing Quarterly, coeditor of special issues of the Journal of Sport Management and Sport Marketing Quarterly, editorial board member of the Journal of Sport Management, Sport Management Review, and Sport Marketing Quarterly. As recognition of his contributions to the field, the North American Society for Sport Management awarded Dr. Funk its most prestigious honor, the Earle Zeigler Award in 2018.
Dr. Anthony Kontos is Research Director of the Sports Medicine Concussion Program in the Department of Orthopaedic Surgery at the University of Pittsburgh Medical Center. He was previously Professor and Chair-elect of Kinesiology at California State University-Humboldt. He earned his PhD from Michigan State University in Kinesiology, with a concurrent MA in Counseling Psychology in 2000.

Dr. Kontos is a recognized leader in the field of concussion and has produced several seminal studies on risk factors for concussion outcomes, assessment of vestibular and ocular function following concussion, concussion clinical profiles, and evolving targeted treatment paradigms.

His work has resulted in over 180 articles in refereed journals, book chapters, and a recent book: Concussion: A Clinical Profile Approach to Assessment and Treatment. He has secured over $14 million in grant funding from NIH, DoD, and foundations and corporate sponsors such as the NFL, GE, and Major League Baseball. He has served as PI on 19 of these grants and contracts. Dr. Kontos has received several awards for his research from the U.S. Military, American College of Sports Medicine, and University of Pittsburgh. He has also been awarded fellow status in the American Psychological Association and the Association for Applied Sport Psychology.

In addition, he has served as President of the Society for Sport, Exercise, and Performance Psychology and as co-director of three national concussion conferences. He was also invited to the White House Healthy Kids & Safe Sports Concussion Summit and American Medical Society for Sport Medicine concussion position statement working group.
Steven Petruzzello is a Professor of Kinesiology and Community Health at the University of Illinois at Urbana-Champaign. He serves as Associate Department Head and Director of Graduate Studies. Steve is also a Research Scientist with the Illinois Fire Service Institute.

Dr. Petruzzello has a sustained line of research on exercise as an intervention or means of optimizing positive affective responses and quality of life. He examines physical activity, specifically exercise intensity, and its effects on affective outcomes, including anxiety, depression, enjoyment, and more basic affective responses. His scholarship has made significant contributions to exercise psychology, leading the field in multiple ways. Petruzzello was one of the first researchers to take a psychophysiological perspective focusing on exercise and affect. His work is often cited, and he has consistently advanced his line of research over his 29 years at UIUC. According to Scopus, his publications have garnered over 3,600 citations—including 11 papers that have been cited over 100 times—indicating a remarkable impact on the field. His research agenda has been externally funded through National Institute of Mental Health, National Institute for Occupational Safety and Health, and Federal Emergency Management Agency-Homeland Security.

Dr. Petruzzello is an award winning teacher having received the College of Applied Health Sciences Award for Excellence in Undergraduate Teaching on two occasions. Additionally, he received the University of Illinois Campus Award for Excellence in Undergraduate Teaching, which is the most notable recognition for outstanding teaching on the UIUC campus. He also was recently awarded the Phyllis J. Hill Award for excellence in mentoring undergraduate students. Steve has also provided extensive professional leadership in the capacities of editor, co-editor, section editor, and reviewer for some of the most highly regarded journals in the field.

Dr. Lynda B. Ransdell is Professor and Dean of the College of Health and Human Services at Northern Arizona University. She completed her PhD from Arizona State University and held administrative roles in various universities during the past 15 years.

An established scholar with 100 peer-reviewed research articles, 6 books and instructor manuals, and 15 book chapters, Dr. Ransdell’s research focuses on leadership in Kinesiology and Health Promotion programs, female athlete performance, and physical activity promotion in women. Her research on sports performance takes a practical approach in addressing the needs of female athletes for performance enhancement and training. Perhaps most innovative is her mid-career intervention research with mother-daughter pairs where she had mothers and daughters exercise together to encourage family bonding and physical fitness.

Dr. Ransdell is active in various organizations. In the former AAHPERD, she held leadership positions in the Research Consortium and in the National Association for Girls and Women in Sport. She is a recipient of the Amy Homan’s award from the National Association for Kinesiology in Higher Education and serves as their Vice President. Dr. Ransdell also is a Fellow in the American College of Sports Medicine and a recipient of their Visiting Scholar Award.
and National Institutes of Health. Rachael’s career PI external awards exceed $6 million. Professional activities include serving as Secretary-Treasurer for the Neural Control of Movement Society and being a member of the Organizing Committee for Biomechanics and Neural Control of Movement Conference. Further, the National Space Biomedical Research Institute asked Rachael to Chair the Sensorimotor Conference four times.

Diane Wiese-Bjornstal is a distinguished scholar, mentor, and professional citizen. Her sustained line of programmatic research is in sports medicine psychology—the study of cognitive, social, and behavioral factors related to injuries. She collaborates with scholars in orthopedic surgery, family medicine, and athletic training to understand the complex issues surrounding injury processes. Her research questions are guided by theory, rigorous methods, and the interplay of social-behavioral and biophysical factors that influence injury. Her integrated model of response to sport injury was a paradigm changer, with nearly every article on injury psychology citing this model since its publication 20 years ago. Her unique niche bridges multiple disciplines, translates research to evidence-based best practices, and considers developmental differences. The quality and quantity of her articles establish her as an expert in the study of sports medicine psychology.

Professor Wiese-Bjornstal has demonstrated competent leadership for professional organizations and scholarly journals. She served on the Science Board of the President’s Council on Fitness, Sports, and Nutrition and as editor of its translational publication. She has been associate editor, editorial board member, and reviewer of many journals in kinesiology, and has contributed to professional societies through leadership and committee roles.

Professor Wiese-Bjornstal’s academic career is characterized by a genuine student-oriented focus. Known affectionately by students as Dr. B, she publishes widely with them, holds rigorous standards, and has served as major advisor and committee member for hundreds of masters and doctoral students. For her efforts, she has been recognized with awards that highlight the teaching-learning process, including the

Continue on Page 15
**New Fellow Citations**

Distinguished Teaching Award at University of Minnesota.

Diane Wiese-Bjornstal’s exemplary achievements in scholarship, professional leadership, and mentoring will make her an outstanding Active Fellow. We are confident that she will be enthusiastically engaged in Academy activities and further the goals by sharing research knowledge and leadership qualities.

Dr. Carolee Winstein is a Professor at the Division of Biokinesiology and Physical Therapy at the University of Southern California.

Carolee received her BS in Physical Education and Psychology, her MS in Physical Therapy and her PhD in Kinesiology (specifically motor learning) all from the University of California Los Angeles. She is a nationally and internationally renowned scholar in two complementary scientific areas. The first area is a basic science focus on understanding the neural and behavioral underpinnings of movement control and rehabilitation. An example is the demonstration of a relation between the type of practice structure and the neural substrates of motor memory consolidation. Her second scientific focus is more applied as she has tested principles from motor control, motor learning and sport psychology in the rehabilitation of individuals after stroke. An example is her co-leading of two NIH funded multi-site Phase 3 clinical trials (EXCITE and ICARE).

Carolee’s sustained productivity in grant funding, invitations to talk nationally and internationally and her extremely well-cited and numerous publications demonstrate the impactful nature of her scholarship. Her H-index is 52.

Carolee has also been very active professionally with publications and service including to the North American Society for the Psychology of Sport and Physical Activity. She has made a commitment to actively contribute to the Academy with one goal to bring Kinesiology and Physical Therapy together where there are common scientific, professional and educational interests.

**Gabriele Wulf**

Professor Gabriele (Gaby) Wulf of the University of Nevada, Las Vegas is one of the leading theorists on the learning and teaching of motor skills over her 30-year academic career. She has spent her career dedicated to understanding the principles of motor learning.

She has 16 papers with at least 100 citations. Her H-factor at the time of her nomination was an incredible 44. She has two books published.

Professor Wulf has made contributions to three arenas in motor learning. Firstly, she developed a technique to tease apart the learning of GMP and parameters.

Secondly, she published a paper on internal and external focus of attention and motor skill learning, which revolutionized the thinking in the motor learning community.

Finally, in collaboration with Rebecca Lewthwaite she developed a comprehensive model for motor learning, called the OPTIMAL model. In this model they describe how intrinsic motivation interacts with the motor learning systems to optimize learning and performance. This work, just published in 2016, we predict will be a guiding light for research in exercise psychology and motor learning for years to come.

Dr. Wulf was President of NASPSPA, founding editor of the *Journal of Motor Learning and Development* as well as *Frontiers in Movement Science and Sport Psychology*, and a section editor for the *Research Quarterly for Exercise and Sport*. 
New Fellow Response

Diverse Group of New Fellows Honored by Induction into NAK

By Martin Block (#573), University of Virginia

It is my pleasure to speak on behalf of the 2018 National Academy of Kinesiology inductees. I did not know most of my fellow inductees prior to meeting everyone at the inductee breakfast, and I imagine most did not know me. And I realize this is the unique beauty of the Academy – to bring together leaders in the expansive field of kinesiology.

I think we all can agree that we normally attend conferences within our narrow field of study. In the past few days I have learned that the annual Academy meeting is different, bringing together a diverse group of leaders in kinesiology to share, to learn from each other and to create new relationships and collaborations.

I think that I can speak for my fellow inductees that, while interesting, the titles of the presentations these past few days would not be presentations I would normally attend. Yet, as I sat and listened, I found the presenters to be engaging and their enthusiasm contagious. Just as impressive were the thoughtful questions from NAK members, many of whom were listening to presentations not in their area of study or expertise.

I was struck by how many presenters mentioned that they were nervous, honored, or intimidated to present in front of such a storied and illustrious group of professionals. Many mentioned that their mentors or people whose work they read and cited were or currently are NAK members. This speaks so powerfully to the reach and dare I say star power of the Academy.

Let me share a few words about this year’s group of inductees. We are a diverse group including researchers in:

- Exercise physiology
- Motor learning, control and behavior
- Exercise and sport psychology
- Perceptual and motor development
- Tourism and sport marketing
- Physical activity and public health
- Biokinesiology and physical therapy
- And finally adapted physical education

We are Deans, Department Chairs, Program Directors, Center Directors and Presidents of National and International organizations.

We do research with support from NIH, NASA, the United States Military, the NFL, the NCAA and Special Olympics with populations including infants and children, seniors, firefighters, elite athletes and individuals with disabilities.

We teach at elite institutions representing ten different states as well as Taiwan.

At the inductee breakfast when we intro-
duced ourselves there were two common themes that seemed to bubble up again and again. Firstly, many inductees spoke reverently about their doctoral mentors. Several mentioned that their mentors were NAK members, and how they knew about the academy from earlier in their careers. In addition, it was interesting to hear a great deal of school pride in terms of where they did their doctoral work. Most notably Penn State was mentioned multiple times, although I am proud to say that my Alma Mater Maryland was mentioned a few times as well!

The second theme was that many said they couldn’t believe they were selected to be in the National Academy. This goes back to the my earlier observations of how many of the presenters were honored, humbled, and nervous to present in front of Academy members. New inductees voiced similar sentiments. Which in some regards is amazing to me.

Clearly being selected as a NAK Fellow is perhaps the greatest honor any of us as new inductees will receive in our careers. Yet looking at the CVs and reading about the accomplishments of the new inductees, one can clearly see that this is an incredible group of kinesiology professionals who are providing leadership and cutting-edge research. Still, becoming a member of the Academy is really special.

So in closing, as the representative of the Class of 2018, let me say that we are all honored to be inducted into and become members of this esteemed body known as the National Academy of Kinesiology. We look forward to many years of participating in NAK meetings and activities and getting to know and interacting with academy members.
Hetherington Award

Dr. Jerry R. Thomas Hetherington Award Introduction

By James R. Morrow, Jr., Waneen W. Spirduso, Amelia M. Lee, and Philip E. Martin

It is an honor to introduce Dr. Jerry R. Thomas as the 2018 recipient of the National Academy of Kinesiology’s Clark W. Hetherington Award. We have known Dr. Thomas for more than 25 years and have worked with or for him in a wide variety of settings. He has served as our Department Chair, College Dean, co-author, colleague, and/or mentor throughout our academic careers.

The Hetherington Award was established to provide recognition for an Academy Fellow’s service to the National Academy of Kinesiology and for contributions specifically related to the purpose of the Academy. Jerry Thomas has been a quintessential kinesiology leader whose academic career and achievements clearly align with the intent of the Hetherington Award. We dare say that in his long career Jerry Thomas has personally and/or professionally influenced nearly everyone in this room.

Dr. Thomas provided outstanding leadership for multiple institutions and professional organizations during his career. He was the President of the AAHPERD Research Consortium in 1980-81, Editor-in-Chief of the Research Quarterly for Exercise and Sport from 1983-89, President of the North American Society for Psychology of Sport and Physical Activity in 1990-91, and President of our Academy in 1992-93. In addition, when the American Kinesiology Association was established in 2007-08, Dr. Thomas served as the founding President for the organization’s first two years of operation. It is especially noteworthy and fitting that in 2016 the AKA established the Jerry R. Thomas Distinguished Leadership Award in honor of his considerable experience, commitment, and contributions to providing and developing leadership in our field.

Dr. Thomas has been honored with numerous awards including the AAHPERD Alliance Scholar, Honor Award, McCloy Lecturer, and Research Consortium Distinguished Service Award; the NASPSPA Distinguished Scholar and President’s Awards; and an honorary doctor of science degree from Furman University, his undergraduate alma mater. The recognition he has received from these organizations underscores the considerable respect he has earned from his colleagues and professional peers.

Foremost in Dr. Thomas’ academic record is the publication of “Research Methods in Physical Activity,” which is now in its 7th...
Hetherington Award

Dr. Thomas has played a significant role in preparing the next generation of faculty, professionals, and scholars not only in kinesiology, but also in other disciplines. As a graduate student mentor, he supervised the educational and research experiences of 74 doctoral students and 60 master’s students. More broadly, he led Arizona State University’s engagement in the Preparing Future Faculty program when he was the Associate Dean of the ASU Graduate College. Dr. Thomas has also worked strategically to identify and develop leadership qualities in young faculty, provide leadership opportunities for those individuals, and mentor department and college leaders.

In summary, Dr. Thomas is a very worthy recipient of the Hetherington Award. His scholarly and professional contributions have stood the test of time and will continue to influence researchers, teachers, and professionals for years to come. We feel there are few individuals who have had a greater impact on the field of kinesiology during the past 50 years than Dr. Thomas. Please join us in recognizing Dr. Jerry R. Thomas, NAK Fellow #299, as this year’s recipient of the 2018 Clark W. Hetherington Award.

HETHERINGTON AWARD

NOMINATION DEADLINE - FEBRUARY 1, 2019

E-mail nominations (current CV of the nominee and letter of support summarizing the nominee’s contributions to the field) to Ang Chen: a_chen@uncg.edu.

The Hetherington Award was established in honor of Clark W. Hetherington to provide recognition for an academy fellow’s service to NAK and for contributions specifically related to the purposes of the academy.

Any academy fellow (active or emeritus) who has retired from his or her professional position is eligible for this award; this includes any fellow who has retired from his or her full-time appointment or job but who is still working part time or in an interim position.
Mike Wade, Chair, and the NAK Awards Committee, thank you for selecting me. Amelia, Jim, Phil, and Waneen, thank you for nominating me. This is heartwarming and also amazing since you all know me so well and for so long! The Hetherington Award means a great deal to me, because it comes from NAK, because of the previous awardees, and because it represents lifetimes of work in kinesiology. I am very grateful and humbled. Now I can give one last speech and quit working!

My doctorate was in physical education with a minor in statistics. I was always interested in how children learned and performed motor skills and in physical education, but in 1970 research was not as organized, prolific, or theoretical as it now is. In fact, I hope that one of my accomplishments has been to impact the structure and quality of research in our field. One of my first papers leveraged my statistical knowledge and interest in children and was published with Brad Chissom in the Journal of Motor Behavior in 1972 “Relationships as assessed by canonical correlation between perceptual motor and intellectual abilities for pre school and early elementary age children”. That was the fourth volume of JMB providing some insight into the growth of kinesiology since the 70’s. At that time our statistical analyses were sent over a phone line to a state computer with the results returned the next day; today that same analysis can be done on a laptop, tablet, and even some phones! We persisted, sometimes appearing to be a statistical technique looking for a question.

Three years and more than a dozen published papers allowed me to move to a university that had its own computer, had doctoral students, and my colleagues were interested in theory and big ideas. Bob Singer, Fellow #251, provided opportunities and challenges for me at Florida State. For those of you who know Bob, you understand; for those who don’t know Bob there is not enough time to explain!

Over the next two decades statistics evolved and supported different research questions. For example meta-analysis and effect sizes demanded that we consider the impact of research. Typically tests of fitness and motor skill had published different standards for boys and girls, papers reported significant differences, and consumers then separated boys and girls in many activities.

Yet when Karen French and I completed and published a meta-analysis in 1985 in *Psych Bulletin*, we found little difference between boys and girls prior to puberty with one exception, throwing. This lead to two new questions; why different standards for prepubescent children based on sex and why is there a large and early difference in throwing? It appears society is still struggling with the first of those questions. We went on to publish several papers addressing the differences in throwing.

At one point “Myth Busters”, the Sport Gene, and others also tackled the question. Physical education is one place in the elementary school where different expectations for boys and girls are often prominently posted on the wall so that five year olds see that boys are faster, stronger, and so forth. My point is that the assumption that boys and girls are different at a young age leads to treating them differently. Incorrect beliefs about girls begin early and unfortunately persist as is evidenced by the daily news.

Theory and research questions continued to evolve as well. My initial interest in how children learn and perform motor skills shifted from observation of the skills to examining underlying mechanisms of learning and eventually to the development of expertise.
All with the end goal of impacting how we teach and coach children and improving the physical activity experience for children. So, I evolved as our field evolved. While we have influenced some sport experiences and teaching, many volunteer coaches have little or no training, and physical education teachers often teach under duress such as large class size and too little instructional time. There is potential to improve the physical activity experience for children and adolescents, but both desire and will are lacking by decision makers.

As a doctoral student and later a professor teaching research methods, I saw the need for a book dedicated to research in our field. Jack Nelson and I often team taught research methods at LSU. We laughed at each other’s jokes, although our sophisticated senses of humor often left the students in a stupor. Thus, the book Research Methods in Physical Activity with co-author Jack Nelson and later co-author Steve Silverman was written. It takes students and scholars through the research process from research question to statistics to ethics to publication. A goal was to present students in kinesiology with a broad view of the various areas of research in the field as well as the specific methodologies and best practices. Our hope was that assistant professors would have a better understanding of what their colleagues do and value kinesiology as a field beyond their sub-disciplines.

The service aspect of my academic career has been gratifying. Effort and publishing provided various service opportunities which in turn allowed me to impact our field or life at my university. For example, as Editor of Research Quarterly I worked with the board to emphasize theory-based research and documenting meaningfulness via effect size and other statistical techniques.

After decades of discussion, the American Academy of Physical Education adopted the name American Academy of Kinesiology and Physical Education. I was President of NAK in 1993 when the name change initially unified our field. As you know later we became the National Academy of Kinesiology, with the thought that physical education was included in that broad and inclusive title. Kinesiology is now so mainstream that it has appeared in one recent movie about college life! (Life of the Party with Melissa McCarthy). Rainer and Julie Martens had the vision of another unifying organization and brought professionals together to discuss needs. In 2007, I was honored to be the founding president of the American Kinesiology Association, an organization of groups particularly departments of kinesiology. AKA is nimble in addressing current issues in kinesiology, and providing timely pre-workshops and other services to departments.

In each aspect of my service to the profession and my University I have had a positive impact and have learned from each experience. Our professional organizations are important to our field and to us as individuals. We develop relationships, continue learning, and are challenged to higher standards. Professional organizations are where legends are made; a group of legends in our own minds started with golf events at professional meetings. Christina, Wade, Stelmach, Roberts, and I played together for several decades. As I ease out of the profession that I have cared deeply about and perhaps influenced a bit here and there, I have three words as challenges; those are integrity, impact, and leadership.

Integrity.

Our colleague, friend and legend Glyn Roberts has expressed concern over the state of higher education in the US. While an exact quote may not be appropriate or possible, he predicts the end of the “Great American University”. Universities face many challenges as it is difficult for citizens and the legislators to understand what universities do, particularly research and service. A business person looks at for-profit and online for-profit universities in particular and thinks this is a great model; no buildings or libraries, no tenure, no problem. As university citizens, we must help stakeholders understand the value of
Continued from page 21

Hetherington Award

the university and we must demonstrate loyalty to the institutions we serve and which have supported us. Can bricks and mortar universities document the quality and necessity of their online programs? Are these programs better than the online for profit programs? Should our full-time faculty teach for competitors online?

Are we acting with integrity and resisting self-interest? A single case of research fraud casts a shadow on the body of work in our field. Our students, particularly our graduate students, must learn right from wrong. As editor of RQES, a department chair, and dean there were many excellent, carefully done papers and grants. However, there were also cases of publishing the same data in multiple journals, plagiarism, and “fake data.” While politics and economics are threats, so is our own integrity threatened.

Impact.

As colleagues, administrators, and editors, our focus must be on quality work in the best journals. In the quality versus quantity equation, quality must be valued more heavily. P and T committees, chairs, and editors have a positive influence on the value placed on impact. Are the results meaningful? Is the publication the smallest publishable part of a study? Does the work demonstrate application or lead to something meaningful? Is there a path for making a difference? As a field, identifying quality and explaining impact are going to be survival skills.

Leadership.

Kinesiology has been advantaged by strong leaders; people of purpose who put their universities and our field ahead of themselves. One need only to look at the members and past presidents of NAK to see leaders. When I moved into Fellow # 232, Barbara Forker’s office at Iowa State I nailed some honors and awards to the wall. I would not let Barbara in my office. I was afraid. She was a strong, ethical leader with vision toward the future and a well-known rule against nails and tape! I was followed in that office by Phil Martin. I have observed and lived long enough to see colleagues through the ranks, and then accept the mantel of professional leadership; working with and watching Phil, Amelia, Steve, and Dick have been enjoyable. As a doctoral student my major professor suggested that the culminating event for a professor was to be president of the national organization, at the time AAHPERD. Certainly I am not suggesting that administration or professional service are the most important aspects of professional life. In fact, quite the opposite, a strong scholarly record with good teaching are the foundation for administrative positions and prerequisites for leading our field professionally. Kinesiology needs informed and ethical leaders to chart the future.

Our field has grown more programs, more majors. Finding prepared and dedicated department chairs and deans for so many programs is a problem. Many searches fail, search firms are constantly seeking qualified applicants. Our emphasis on scholarship may have created a void in professionalism and, thus, qualified leaders. Are doctoral students prepared with ethics classes and a broad understanding of university life? Preparing Future Faculty, a Pew Foundation program, recognized the need for different types of faculty and for preparing doctoral students for academic life before the pressures of a new job and looming tenure. Are we doing similar work to prepare future leaders? Finally, as I look into this audience—faces of those that I have worked with as they went through the ranks, some were students, and others I know by the quality of their contributions—I am confident that Kinesiology will continue to grow and to be a significant factor in improving the lives of people. Thank you for this award, thank you for the work you do. I appreciate and value being a part of NAK.
It All Counts: HHS Releases Physical Activity Guidelines for Americans, 2nd edition

By Kathleen Janz, (#506)

On Monday, November 12, the U.S. Department of Health and Human Services released the second edition of the Physical Activity Guidelines for Americans. The second (2018) edition builds on the first (2008) edition to provide a comprehensive set of recommendations for health-related physical activity for toddlers through older adults. Importantly, the new guidelines are informed by a contemporary and thorough scientific review of the dose-response evidence linking physical activity and health. No surprise that health-related physical activity research has increased exponentially in 10 years so new guidelines contain much new (and important) information. Even less of a surprise that NAK members contributed significantly to the new guidelines (e.g., several active members served on the committee that conducted the scientific report.) A flip through that report indicates that in every chapter, some NAK member is cited. Every single chapter.

Some of the new 2018 Physical Activity Guidelines for Americans information includes recommendations for children ages three through five, women during pregnancy and the postpartum period, adults with chronic health conditions, and adults with disabilities. What runs through the recommendations is the clear theme that “everything counts.” For example, the 10-minute bout requirement for achieving 150 minutes of moderate-to-vigorous physical activity per week (2008 guideline) is gone; the scientific evidence did not support it. An additional echo of “everything counts” is seen in the centering of immediate benefits of physically activity. One physically active day improves mood, cognition, and sleep. It’s worth the effort due to the immediate payback. If a basic rule of health promotion is to start with your client, patient, or population, giving credit for a volume measure like “a little more even if just for one day” seems respectful. And of course, research in behavior science suggests this strategy may succeed where other strategies have failed.

What isn’t in the new guidelines is a “hard” number for sitting time. The current evidence indicates that there is an interaction between sitting and moderate-to-vigorous physical activity as they influence health. See this red (caution) to green (go) graphic from the guidelines on how this issue is handled. Conveying interaction, even to graduate students, can be a challenging task. I hope this graphic works.
Although starting with what physical activity is being done and working toward more is a logical message, throughout the 2018 guidelines, dose-response research is used to set hard numbers, necessary for population surveillance, personal health monitoring, and knowing “how much.” Regrettably, those numbers suggest, as a population, we are falling short with adherence (e.g., 26% of men, 19% of women, and 20% of adolescents don’t meet the 2008 guidelines). There is much work to be done.

The guidelines, scientific advisory committee report, press releases, toolkits for action are available at www.health.gov/paguidelines.

**News Flash**

**Update on Science Board for The President’s Council on Sports, Fitness & Nutrition**

*by Bradley J. Cardinal (#475), NAK President*

The President’s Council on Sports, Fitness & Nutrition is presently considering whether or not to renew the “Science Board,” which many Academy Fellows have contributed to over the years. Dale Ulrich (Fellow #460) who has been/had been one of the most recently serving NAK Fellows on the Science Board indicated that since the 2016 election, the Science Board has not been convened (personal communication, November 6, 2018). On November 15, 2018, I was informed via email by an unnamed President’s Council representative that no decision has been made as of yet regarding the Science Board. During this time, the Science Board is no longer being reflected at the Council’s website. Perhaps ironically, the science of physical activity has been in the news recently with the release of the 2018 Physical Activity Guidelines for Americans. In the press release associated with the second edition of the guidelines, which many NAK Fellows contributed to, there are now more scientifically based health benefits to physically activity than were previously known, and the new guidelines “…provide evidence-based recommendations to help all Americans improve their health through increased physical activity.” If you want to learn more about the status of the Science Board and/or to provide your views about its importance, you may wish contact the Secretary of Health and Human Services, Alex M. Azar II — [https://www.hhs.gov/about/leadership/secretary/index.html](https://www.hhs.gov/about/leadership/secretary/index.html). His email address is: [Secretary@HHS.gov](mailto:Secretary@HHS.gov)
NAK Member News

Cesar R. Torres (#531), Professor at The College at Brockport (SUNY), has been actively presenting research seminars and invited lectures in South America and Europe during the past year: (1) Seminar on the History of Sport and Physical Activity in Mexico of the Instituto de Investigaciones José Maria Luis Mora (October, Mexico City, Mexico), (2) Centro Cultural de la Ciencia (October, Buenos Aires, Argentina), (3) Fifty-eight Session for Young Participants of the International Olympic Academy (July, Ancient Olympia, Greece), (4) Third Biannual Conference of the Asociación Latina de Filosofía del Deporte (May, São Paulo, Brazil), and (5) Seventh Annual Session of the Ecuadorian Olympic Academy (February, Cuenca, Ecuador).

Nick Stergiou (#510), Director of the Biomechanics Research Building and the Distinguished Community Research Chair in Biomechanics at the University of Nebraska (Omaha), is pleased to report that construction is currently underway to expand the UNO’s Biomechanics Research Building by 30,000 sq ft. In addition, the Department of Biomechanics won Innovator of the Year Award from UNeMed, the technology transfer and commercialization office for the University of Nebraska Medical Center and UNO. This was the first time the award has gone to a department and not an individual.

Bradley J. Cardinal (#475) was a keynote speaker at the 8th Institute of Physical Education International Conference 2018 in Bangkok, Thailand, and he also served as a Visiting Professor In-Residence at Kasetsart University, Bangkok, Thailand.
Jürgen Konczak (#499) professor in the School of Kinesiology at the University of Minnesota, received the 2018 Marty and Jack Rossmann Faculty Development Award. The Rossmann Award recognizes a tenured faculty member who has demonstrated a truly exceptional level of creativity and productivity in scholarship, teaching, and service, and who shows great promise of continuing such achievement. The award also provides $8,000 of development funds for the awardee.

Konczak is Director of the Human Sensorimotor Control Laboratory (HSCL) as well as the Center for Clinical Movement Science (CCMS), an interdisciplinary unit across the University. His research is supported by grants from NIH and the NSF, focuses on the study of neurological movement disorders, motor learning after brain injury, and motor development in infancy and childhood, and he collaborates with, among others, the School of Nursing, School of Veterinary Medicine, and College of Engineering as well as with international research centers, primarily in Italy and Singapore.

Jürgen Konczak receives the 2018 Marty and Jack Rossmann Faculty Development Award.
In Memoriam

NAK Honors Two Lost Legends

Earle F. Zeigler, PhD
(August 20, 1919 — September 29, 2018)
Prepared by Bradley J. Cardinal, (#475)

Earle F. Ziegler, PhD, passed away on Saturday, September 29, 2018, in Vancouver, British Columbia, Canada. Earle celebrated a wonderful 99th birthday in August of 2018 and had been doing well until he became ill with the pneumonia about three weeks before he passed away. His wife Anne, daughter Barbara, and grandson Kenan survive him. He was a friend, colleague, mentor, and unparalleled leader in Kinesiology.

Earle was born on August 20, 1919 in New York City. At 21, he earned a BA in German from the prestigious Bates College in Lewiston, Maine. In the subsequent 11 years he earned an MA in German and a PhD in the History and Philosophy of Education, both from Yale University. Earle was a top-caliber athlete in several sports, including football, wrestling, swimming, and table tennis.

Earle’s professional career began as Aquatics Director at a Young Men’s Christian Association in Connecticut in 1941. From 1943-1949 he taught physical education and coached football and wrestling at Yale University. He also engaged in part-time teaching at the University of Connecticut, New Haven campus, and the University of Western Ontario, Canada, during this time. In 1950 he was named Head of the Department of Physical, Health, and Recreation Education at the University of Western Ontario, a role he continued in until 1956. While at Western Ontario, he also coached three sports (i.e., football, swimming, and wrestling). In 1961 he joined the University of Michigan as Department Chair. He moved to the University of Illinois, Urbana-Champaign in 1964, where he served as Department Head until 1969. In 1972 he returned to Western Ontario where he served as the first Dean of the Faculty of Kinesiology (nee Physical Education) until 1977. He retired from Western Ontario in 1989. Throughout his career, more than 100 students completed their masters and doctoral work with him, and many of them subsequently became distinguished leaders in the field.

Of course, Earle never completely retired. During his semi-retirement, he was a prolific and devoted author, speaker, consultant, and professional servant. From 1948-2015, Earle published 57 books and monographs, and 445 journal articles in the areas of sport philosophy, sport history, sport management, comparative and international aspects, and professional preparation. He is also the namesake of the prestigious Earle F. Zeigler Lecture Award that is awarded annually by the North American Society for Sport Management.

Earle’s outstanding dedication and service to professional and scholarly societies
and associations are well documented. Among other things he served as President of the International Association for Sport Philosophy (née Philosophic Society for the Study of Sport) during 1974-75; as part of a small work group he helped found the North American Society for Sport Management in 1985, and was named Honorary Past President in 1986; and he served as President of the National Academy of Kinesiology (née American Academy of Physical Education; American Academy of Kinesiology and Physical Education) during 1981-1982. He was the first and only Charter Fellow elected into the North American Society of Health, Physical Education, Recreation, Sport and Dance Professionals by both Canada and the United States.

Among the many honors, awards, and recognitions he received throughout his life, the Canadian Association for Health, Physical Education, Recreation, and Dance, and the American Alliance for Health, Physical Education, Recreation, and Dance bestowed upon him their highest awards (i.e., the “Honour Award”, Alliance Scholar, and Gulick Award, respectively). Other organizations have recognized his contributions with major awards, honors, and recognitions, too. He is the recipient of three honorary doctorates including: in 1975 the University of Windsor conferred upon him an Honorary Doctor of Law degree; in 1997 the University of Lethbridge recognized his enduring excellence by awarding him an Honorary Doctor of Science degree; and in 2006 Western University (née Western Ontario), Canada, bestowed upon him an Honorary Doctor of Law Degree.

A passionate and devoted leader, he served as the conscience of the profession and discipline throughout his working and adult life, which spanned more than 75 years. For his outstanding contributions, Earle was elected Fellow #184 into the National Academy of Kinesiology in 1966, was elected to serve the Academy as its President during 1981-1982, and he received the Academy’s highest honor, the Hetherington Award, in 1990.

Clearly Earle’s work was vast. It was also influential and substantive. His legacy is being maintained, in part, by granting free access to several downloadable versions of his recent books and articles. See: http://earlezeigler.com

Dr. Jane Adele Mott
Cornaro Professor of Dance Emerita
August 28, 1919 - January 27, 2018

On January 27th of this year, Dr. Jane Adele Mott passed away. She was inducted into NAK in 1964 (NAK #171) and was very active in the fields of physical education, recreation and dance throughout her career. According to her niece, she ‘practiced what she preached’ and had 30 years of active, healthy retirement with good health until a few months prior to her death. She lived to be 98 years old so that is a testament to her lifestyle.

Jane received her B.A. degree from Fresno State College in 1941, her M.S. degree from
the University of Wisconsin, Madison in 1944 and her PhD degree from the University of Southern California in 1954.

Her academic career began as a physical education teacher in a California high school, but she soon moved into higher education to teach dance. She held positions at a number of institutions including the University of Nebraska, UCLA, and San Jose State College. She served as a Professor and Director of Physical Education during a 20 year stint at Smith College in North Hampton, Massachusetts, before moving to Texas Women’s University. She held a number of posts at TWU including Professor and Chair of the Department of Physical Education, Interim Dean of the College of Health, Physical Education, Recreation, and Dance; and at the time of retirement, Chair of the Department of Dance. In recognition of her outstanding contributions to TWU, she was named Cornaro Professor in 1988, the highest award bestowed on the faculty by the University.

Dr. Mott was also very active professionally including a Vice President role with AAHPERD. Her CV reveals active engagement in many professional organizations. A list of her publications reveals a series of papers on table tennis skill evaluation, but she also published on strength training, motor skills, and game development. A particularly notable contribution was preparing the measurement and evaluation sections of over 45 books in the Physical Education Activities Series of books published by the William C. Brown Company. She was clearly a pioneer and a leader in the field.

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