I am pleased to report that NAK has officially requested to partner with the National Physical Activity Plan Alliance. After a very positive discussion at the 2014 business meeting in Austin, Texas, active fellows present at the meeting voted to request organizational partner status with the National Physical Activity Plan Alliance (NPAPA). The alliance is a not-for-profit organization committed to the long-term success of the National Physical Activity Plan (NPAP). It is composed of national physical activity–related organizations that work as a coalition to ensure that efforts to promote physical activity in the American population will be guided by a comprehensive, evidence-based strategic plan. The National Physical Activity Plan consists of a comprehensive set of polices, programs, and initiatives that aim to increase physical activity in all segments of the American population.

Specifically, the NPAPA seeks to influence national physical activity policy through recommendations in eight sectors: business and industry; education; health care; mass media; parks, recreation, and sports; public health; transportation, land use, and community design; and volunteer and nonprofit. Strategies in each sector describe actions and tactics that individuals, organizations, and communities can use to promote physi-
President’s Message

Physical activity. Additional information regarding NPAP policies and initiatives is at [www.physicalactivityplan.org](http://www.physicalactivityplan.org).

Currently, NAK is an affiliate member of the NPAPA. The move from affiliate to organizational partner status means that an NAK representative will occupy a seat on the NPAPA board of directors and contribute directly to future policy decisions and the 2015 revision of the National Physical Activity Plan. Although partner status requires a one-time fee of $10,000, active fellows present at the Austin business meeting argued persuasively that NPAPA provided an opportunity for the academy to work directly with other influential NPAPA partners to actively shape physical activity policy. A list of current NPAPA partner organizations is at [www.physicalactivityplan.org/partners.php](http://www.physicalactivityplan.org/partners.php).

I have submitted a formal application to NAK active fellow Russ Pate (#310), chair of the NPAPA board of directors, to accept the National Academy of Kinesiology as an organizational partner. The board will meet November 13, 2014, to consider our request. I will provide future updates on our progress in completing this partnership.

NAK CALL FOR OFFICER NOMINATIONS

We will elect two new Academy officers in 2015: a president-elect, and member-at-large.

The criteria for those offices are as follows:

**President-elect:** Active Fellow, 4 years membership in the Academy (Fellow number 502 or below, elected in 2010 or earlier)

**Member-at-Large:** Active Fellow, 1 year membership in the Academy (Fellow number 533 or below, elected in the year 2013 or earlier)

**Other Eligibility Rules**

1. Any Fellow currently holding office is eligible for nomination for the same or another office only during his/her final year in office.
2. Two Fellows from the same institution may not be placed on the ballot for the same office.
3. Nominations may be made by all Fellows, but only Active Fellows are eligible for office.

**Send nominations by February 1, 2015, to:**
Karl Newell, PhD
University of Georgia
College of Education
G10 Anderhold Hall
Athens, GA 30602
Phone: 706-542-4558
Email: kmn1@uga.edu
Past President’s Message

Turning Attention to 2015, After Success of 2014 Annual Meeting

By Barbara Ainsworth, NAK Past President

We had a wonderful conference in a wonderful location last month. The University of Texas campus hotel was the perfect place for meeting rooms and dining. The campus was great for walking, too (when it wasn’t raining!). I so enjoyed the boat ride and tour on the lake, especially with a guided tour by Waneen Spirduso, who pointed out the sights and where her early morning crew rows their racing shells. It was a toss-up on what was better, the program or the evening at the Stark Center. Both were superb. Phil Martin and his program committee should be congratulated on creating such a fabulous program. I learned so much. Granted, I was scribbling down ideas for the 2015 program in Philadelphia (September 17-19, so don’t miss it!), and the sessions gave me plenty of topics to consider. There was the perfect blend of basic science, scientific review and inquiry, and examples of application of scholarly discoveries. Fittingly, we ended the conference with the banquet at the Stark Center. I wish I had had more time to read every caption and study every photo. Truly, we had a rare opportunity to experience a set of treasures that took me back in time. Do you remember your mother doing exercises with Jack LaLanne on television while his dog sat patiently by his side? I do!

I owe a huge thank-you to Kim Scott, Amy Rose, Jan Todd, and Waneen Spirduso for their tireless work to make our conference venue one to remember. I also must recognize the NAK executive committee, who provided critical input about NAK-proposed activities and about my ideas for the 2015 conference theme. Their commitment to NAK is most inspiring. Thank you so much for being part of my NAK presidency. Of course, thanks to past president Phil Martin for three years of outstanding service on the executive committee. You have been my role model as I follow in your footsteps.

As we turn our attention to the 2015 annual meeting, I am pleased to have a fabulous program committee to shape the topic Active Aging: From Cells to Environment. A bonus will be a field trip to the University of Pennsylvania’s McKenzie/Brown Galleries to view R. Tait McKenzie’s sculptures (http://www.facilities.upenn.edu/maps/locations/mckenzie-brown-galleries). I’ll provide an update about the program in our next newsletter. In the meantime, NAK is in great hands of our president, Cathy Ennis, president-elect, Karl Newell, and a fantastic executive committee. Thank you, everyone, for making my NAK presidential year memorable.
It is a great honor to be president-elect of the National Academy of Kinesiology and to join the distinguished group of scholars in our field who have provided leadership to the academy. I look forward to fulfilling this leadership role and building on the longstanding traditions and aspirations of the academy. The academy has played an important part in forming my scholarly focus to the field of study and has provided rich and rewarding collegiality. I certainly believe that the more we as fellows work to build on understanding and collegiality, the more we will gain from the academy meetings and associated activities.

The many forms of human movement and the study thereof are the galvanizing forces that get me and many of you up early in the morning. These aspects organize and consume much of our day. There seem to be so many new developments in kinesiology, but the academy has the context and people to help put these developments into perspective. The value and place of perspective are enhanced and even more necessary in the current academic, not to mention political, climate.

It is not too early to begin thinking about the NAK conference for 2017. Suggestions on the theme and format are welcome. I look forward to seeing you in Philadelphia 2015.
The third round of the NAK evaluation of doctoral programs in kinesiology will officially get under way in November 2014. At that time, formal letters of invitation will be sent to administrative heads of individual programs (usually department chairs) as well as the deans of the school or college in which the program is administered. The NAK conducts this review every five years; the previous one covered calendar years 2005 through 2009. The present evaluation period will include years 2010 through 2014. When program administrators indicate they intend to participate and submit the required processing fee, they will be sent detailed instructions for preparing their submission as well as spreadsheet templates for inserting their data. The deadline for submitting data electronically will be early March 2015.

During the last round, 36 programs participated by submitting analyzable data. An additional 29 programs were invited to participate but chose not to do so. With the addition of programs that did not exist during the last round of reviews and the identification of some that had been missed in previous rounds, the total number of programs to which invitations will be sent in this round is 75. Via early conversations by NAK members with administrators from programs that did not participate last time, at least 12 new groups have voiced their intent to join the process, and additional faculties indicated that they are discussing the possibility of participating. Assuming those who participated in the previous round do so again, we would see a considerable jump in our numbers and a much stronger reflection of the field as a whole.

NAK fellows: Please encourage your colleagues to participate and spread the word to others of the value in doing so! The review and rankings are more valuable for everyone when participation rates are high.

One change in the variables used this time will be in the items pertaining to doctoral students themselves. Previously we used an item called Yield, which our analysts determined did not, in fact, yield any discriminating power to the analytical formulas. Therefore, the doctoral program and executive committees chose to replace that variable with one related to student performance during their years in the program: first-authored refereed publications. For faculty publications, last time we collected two versions of the data but used only one in the analyses. This time we will collect only the version of this variable we used last time, not both. That is, we will ask for the number of unique refereed publications emanating from the faculty in the program. Regardless of location of the author’s name on coauthored papers, if one of the authors is a faculty member in the program, the paper counts as one publication; if more than one coauthor is
Continued from page 5

**Calling All NAK Fellows: Ensure Maximum Participation in NAK Doctoral Program Review**

on the faculty, it still counts as one.

Optional information regarding diversity of doctoral students will also be collected for the first time via the review process. We will summarize and report diversity data but not use them in the rankings. The results will provide benchmarking reference points for programs and enable new efforts, where needed, to enhance these outcomes.

*Questions concerning how to sign on to participate or how to prepare data for submission can be sent to Kim Scott at kscott@NationalAcademyofKinesiology.org.*

FAQs will also be posted on the NAK website later this fall.

---

**IMPORTANT DATES**

**February 1, 2015**
New Fellow nomination deadline
Nomination forms can be found on the [Website](#)

**March 1, 2015**
Hetherington Award Nomination deadline
Email nominations to Mary Jane De Souza at mjd34@psu.edu

**September 17-20, 2015**
2015 Annual Meeting
Philadelphia, PA
NAK New Fellows Inducted at 2014 Annual Meeting

Edmund Acevedo

Dr. Edmund Acevedo (#534) is a professor and chair in the health and human performance department at Virginia Commonwealth University. Dr. Acevedo is a leader in the field of exercise psychology with a focus on psychophysiology. He is a recognized expert in this field with a research career spanning 25 years. He has published the leading textbook in the field: “The Psychobiology of Physical Activity” and edited a major handbook in the field, The Oxford Handbook of Exercise Psychology.

Dr. Acevedo’s research is aimed at understanding the links among stress, immune function, physical activity and obesity. He has over 50 publications, 80 presentations, and invited keynote addresses such as the APA-ACSM invited exchange lecture. Dr. Acevedo has assumed many significant leadership roles in his university and his discipline. He chaired the faculty senate at the University of Mississippi and his department at VCU for the last 9 years.

At the professional level he was president of Division 47 of the APA and the Southeast chapter of the ACSM. He was the leading figure in the founding of a new APA journal, Sport, Exercise and Performance Psychology, which was instituted in 2012.

Dr. Edmund Acevedo’s significant contributions across the areas of research, translation, and leadership symbolize excellence in kinesiology. His sustained breadth of contributions also signals his ability and propensity to be an active contributor as a fellow in the NAK.

Barbara “Ann” Boyce

Dr. Barbara “Ann” Boyce (#535) has been an active scholar in physical education pedagogy for more than 30 years, first at the University of Georgia and since 1989 at the University of Virginia. Dr. Boyce has more than 65 refereed articles in first-tier journals such as Quest, Journal of Teaching in Physical Education, Journal of Applied Sport Psychology, Research Quarterly for Exercise and Sport, and Journal of Sport and Exercise Psychology. She has been the author or coauthor of three books. Dr. Boyce has made over 40 refereed presentations at national and international conferences and has given several invited lectures, including the prestigious Delphine Hanna Lecture (2008) and the Amy Morris Homans Lecture (2013) at the National Association for Kinesiology in Higher Education (NAKHE).

Continue on Page 8
NAK New Fellows

Dr. Boyce is the leading scholar and researcher in the area of doctoral programs in PETE. She has published research and thematic articles that have made a significant impact on the recruitment, preparation, and placement of PETE doctoral students and, thus, the future PETE professoriate. Dr. Boyce has served in a number of elected and appointed leadership roles throughout her career. She has served as chair of the editorial boards of the *Women's Sport and Physical Activity Journal* and the *Journal of Physical Education, Recreation and Dance* and has been a member of the editorial boards of several top journals, most notably *Quest* and the *Journal of Women's Sport and Physical Activity*. Dr. Boyce is currently president-elect of NAKHE and will serve as its president from 2016 to 2018.

**Barry Braun**

Barry Braun (#536) received a master’s degree from the department of exercise science at UMass Amherst and a PhD in nutrition from the University of California at Berkeley. He was a professor and director of the Energy Metabolism Laboratory in the department of kinesiology at the University of Massachusetts until August 2014. He was recently appointed as the head of the department of health and exercise science at Colorado State University.

Dr. Braun is an extraordinary scholar and mentor in the research arena, the classroom, and the field of kinesiology. He has received more than $8.9 million in internal and external funding from the NIH, the American Diabetes Association, and the Glass Charitable Trust. He has published more than 80 peer-reviewed papers in many top-tier journals. His extensive research portfolio is best known for studies examining the effects of exercise and inactivity on regulation of glucose metabolism independent of energy intake. This work has brought high acclaim to the UMass kinesiology department, and his lab is internationally recognized for the fine work resulting from these efforts.

He has received several awards for undergraduate teaching, including the highly acclaimed University of Massachusetts Distinguished Teaching Award. He has an impressive record of being an effective leader for advancing the field of kinesiology through his scholarship, teaching, and leadership activities.
Continued from page 8

NAK New Fellows

Michael Brown

Dr. Michael Brown (#537) has pursued a rigorous research program focused on the elucidation of mechanisms of the pathogenesis of hypertension and vascular dysfunction and the role of exercise in the modulation of vascular dysfunction and blood pressure with the goal of developing individualized treatments.

His research has a special focus on minority populations and health disparities. His work is focused on the filling gap in knowledge between physiological understanding of racial disparity in hypertension, endothelial dysfunction, and understanding of the cellular biology underlying this racial disparity.

Dr. Brown employs a true translational approach to kinesiology research focused on understanding the role of exercise in hypertension from cell to community. The quality and quantity of his work are nationally and internationally recognized. He has published over 70 peer-reviewed journal manuscripts and has made over 150 scientific presentations at meetings all over the world. He has also been continually funded by external sources (mainly NIH) since he was a doctoral student.

Dr. Brown is nationally recognized for mentoring efforts not only of his own students but also for his involvement in mentoring programs for students from underrepresented groups across the nation. He holds leadership positions not only on campus but in several national organizations, including the American College of Sports Medicine, the American Heart Association, and the Coalition of Urban Serving Universities.

Dr. Brown embodies the leadership qualities and impactful work of active fellow status in the National Academy of Kinesiology.

Donald Dengel

Dr. Donald Dengel (#538) is professor of kinesiology and director of the Laboratory of Integrative Human Physiology in the School of Kinesiology.

In addition to his initial research on exercise and aging, he has established a second line of new research that investigates how exercise affects endothelial function in childhood obesity and relates to diabetes and cancer. At Minnesota Professor Dengel also directs the human performance core and densitometry services in the Clinical and Translational Science Institute at the University of Minnesota. This commitment to interdisciplinary research positions the School of Kinesiology as a key player in the interdisciplinary and translational research agenda of both the medical school and the School of Public Health.

Professor Dengel has authored or coauthored 95 peer-reviewed publications and an equal number of research presentations.
NAK New Fellows

He is a scholar of national and international repute whose research seeks a better understanding of physical activity for both disease prevention and therapeutic intervention that addresses the consequences of inactivity and obesity. His record of scholarship and contributions have enhanced the role of the kinesiological sciences in the wider medical and public health agenda that addresses a critical national health challenge: obesity.

ELECTING PROFESSOR DENGEL AS AN ACTIVE FELLOW IN NAK RECOGNIZES HIS ACHIEVEMENTS AS A SCIENTIST AND MENTOR AND PROVIDES FURTHER EVIDENCE THAT KINESIOLOGY IS MAKING IMPORTANT CONTRIBUTIONS TO THE HEALTH AND WELLNESS OF THE NATION.

Mark Dyreson

Dr. Mark Dyreson (#539) has enjoyed a remarkably productive career as a teacher, mentor, and scholar. Best known for his work on American history and his ability to see sport as a cultural text, he has written on diverse topics such as the Olympic Games and women in sport, sporting consumer cultures, and the “Californization” of sport. He is the author or editor of 8 books, 57 refereed articles, and numerous book chapters. His landmark volume Making the American Team: Sport, Culture and the Olympic Experience was a finalist for the 1999 North American Society for Sport History. His refereed articles have appeared in such prestigious outlets as the Journal of Sport History, International Journal of the History of Sport, Journal of Global History, Olympika: The International Journal of Olympic Studies, and Journal of Contemporary History.

Dr. Dyreson’s reputation as an outstanding scholar is reinforced by his invitation to serve as coeditor of the Sport in Global Society: Historical Perspectives book series. He has also served as academic editor and deputy executive editor for the International Journal of the History of Sport as well as editor of special issues and board member of various scholarly journals. Dr. Dyreson’s leadership roles are also numerous. He served as president of the North American Society for Sport History and held five other chair, cochair, or officer positions in that organization. His other leadership duties can be seen in a variety of on-air appearances in documentaries, media interviews, and numerous invited and keynote speeches.

Li Li

Li Li (#540) is a research professor in the department of health and kinesiology at Georgia Southern University. He is a productive scholar in biomechanics with a specialization in postural control and functional mobility.

Dr. Li’s examination of the neuromuscular control of human movement has led to a series of studies on the topic of gait transition between two steady states, walking and running. This work revealed that gait transition is not a spontaneous event, but the new gait pattern emerges from a purposeful reorganization process. Of particular note is his rehabilitation research on individuals...
Continued from page 10

NAK New Fellows

with peripheral neuropathy, showing that impaired postural control in this population is mainly due to reduced sensory information; this loss is reversible, leading to better postural control and quality of life. He has published over 60 refereed articles in scientific journals and book chapters and has secured over $400,000 in extramural funding. In addition, he has given more than 100 presentations around the world.

Dr. Li has demonstrated competent leadership for professional organizations and serves on several editorial boards, reviewed for a broad range of top-tier journals, served on many committees, and has an impressive record of involvement in task forces and conference presentations related to his scholarship.

Russell Richardson

Dr. Russell Richardson's (#541) research can be characterized by sustained efforts to continuously push technology as well as challenging established paradigms in the field of skeletal muscle metabolism and blood flow. Dr. Richardson was at the University of California at San Diego for 16 years and is currently in his eighth year as professor in the departments of internal medicine, geriatrics, and exercise and sports science at the University of Utah. He is also the associate director for research in the VA's Geriatric Research, Education, and Clinical Center and the director and founder of the Utah Vascular Research Laboratory (UVRL).

Dr. Richardson has tested the impact of limitations in oxygen delivery to skeletal muscle using various inspired gases, novel magnetic resonance spectroscopy, and imaging methods. He more recently used Doppler ultrasound to investigate the role of the vasculature. His research has revealed that diffusion limitations in oxygen transport can play an important part in limiting muscle oxidative metabolism. He has applied these approaches to the study of exercise intolerance associated with aging and age-associated diseases. He has literally traveled the globe in pursuit of advanced methods to study muscle metabolism. His recent work utilizing passive limb movement-induced hyperemia has significant promise as a clinically relevant method of assessing endothelial function, an important health benefit of exercise.

Dr. Richardson has over 160 published peer-reviewed articles and has had research funding for over 25 years. Dr. Richardson has mentored over 30 doctoral and post-doctoral students.
Continued from page 11

NAK New Fellows

**Stephen Roth**

Dr. Stephen Roth (#542) is professor, associate chair, and graduate director in the department of kinesiology of the School of Public Health at the University of Maryland and associate dean in the university’s office of undergraduate studies. He has established a nationally recognized program of research that addresses the influence of genetic variants on skeletal muscle, aerobic capacity, and cognitive responses to regular exercise. In recent years, his research activities have expanded to telomere biology and the role of exercise ancestry in health-related traits in offspring.

Dr. Roth is the author of *Genetics Primer for Exercise Science and Health*, coeditor of another book, an international position stand, numerous book chapters, and refereed journal articles appearing in such outlets as the *Journal of Applied Physiology*, *American Journal of Physiology*, and *Genomics*. He has served on the editorial boards of *Exercise and Sport Sciences Reviews* and *Medicine and Science in Sports and Exercise*. His papers have been cited more than 2,300 times. He has been the recipient of more than $2 million in research grants for which he was the PI and an additional $3 million in grants that he served as a co-investigator.

Dr. Roth is recognized by his peers as one of the few individuals in the world who has specialized in the integration of exercise physiology and human genetics to address critical issues related to health and disease. He is nationally recognized for his research and scholarly contributions and is a dedicated professional who is qualified to serve and further the goals of the academy.

**Maureen Smith**

Dr. Maureen Smith (#543) has made numerous important contributions to several organizations that support and advance the goals of kinesiology as well as the scholarly and professional literature. She has served as president of the North American Society for Sport History as well as the Western Society for Physical Education of College Women. She is vice president of the International Society for the History of Physical Education and Sport and a board member of the North American Society for the Sociology of Sport.

The fact that Dr. Smith was selected to give eight international presentations over the past four years alone is one of several indications of the status that her work has attained. She was awarded a National Endowment of the Humanities summer fellowship and a postgraduate research grant from the International Olympic Committee Olympic Studies Centre. She was the keynote speaker for the *International Society for the History of Physical Education and Sport* conference in Rio de Janeiro.

Her investigations have been—and will continue to be—significant in advancing much-needed understanding of the role of sport memorials and memory in the wider culture as well as the deeper analysis of the African American experience in sport that her work provides.

All this, and more, she has accomplished.
Continued from page 12

NAK New Fellows

while carrying out a heavy teaching load and giving extensive support to her department and university. Kinesiology as well as history and sociology will continue to benefit from Maureen Smith’s excellent contributions.

Amelia Mays Woods

Dr. Amelia Mays (#544) Woods is a nationally and internationally recognized scholar who has been a highly productive researcher in the area of physical education pedagogy. Her scholarship focuses on understanding and enhancing teacher development, improving physical education teacher effectiveness, and advancing school-based physical activity. Her research informs both policy and practice in teaching and teacher education.

Professor Woods has written 62 invited and peer-reviewed articles, 2 books, 5 monographs, and 4 chapters. She is not only committed to disseminating knowledge to other scholars through her research, but she is a well-regarded scholar who has translated research into practical solutions for teachers. The results of her efforts are evidenced in thousands of children throughout the world who experience appropriate physical education in a manner designed to motivate their participation in physical activity throughout the lifespan.

Dr. Woods received the Metzler-Freedman Exemplary Paper Award in 2012, and she is a fellow in the Research Council of SHAPE America. She is currently serving as an associate editor for both Research Quarterly for Exercise and Sport and the Journal of Teaching in Physical Education. She also is a former chair of the Curriculum and Instruction Academy of the National Association for Sport and Physical Education.

At the University of Illinois, Dr. Woods was selected as the 2013-14 University of Illinois Distinguished Teacher Scholar. This is the highest recognition that the university awards to outstanding teacher/scholars.

Professor Woods is a major researcher, scholar, administrator, and leader in both kinesiology and physical education.

James J. Zhang

Dr. James J. Zhang (#545) is a professor and director of the International Center for Sport Management in the department of kinesiology at the University of Georgia. His primary research interests are applied measurement and statistics, sport consumer and organizational behaviors, and sport leadership, with a focus on athletic program management.

Over the past 20 years, he has published more than 120 research articles, 10 book chapters, and 30 technical reports. From 2003 to 2011, he was the principal investigator of the 21st-Century Community Learning Centers Leadership Project, funded by the U.S. Department of Education through the Florida Department of Education for over $8 million. As a PI or co-PI, he has received external funding totaling more than $14 million.

Dr. Zhang has made contributions to the development of sport management...
programs at three universities and has trained many excellent young scholars. Dr. Zhang has served the profession in various roles, such as president of the North American Society for Sport Management (NASSM), one of 12 founders of the Sport Marketing Association (SMA), and chair of the Measurement and Evaluation Council of AAHPERD.

Dr. Zhang has received many prestigious awards and recognitions, such as the Measurement and Evaluation Council Honor Award and the Nash Scholar Award from AAPERD, and the Earle F. Zeigler Lecture Award from NASSM.

**International Fellows**

**Melissa Parker**

Since earning her PhD from Ohio State University in 1984, Melissa Parker has become a national and international authority in sport pedagogy and physical education teacher education (PETE). Dr. Parker’s scholarship has contributed significantly to the body of knowledge that underlies professional practice in physical education and other physical activity settings.

Her expertise has both scope and depth in key research areas, including youth development, and ongoing professional development for K-12 physical educators, among others. Her research and her related professional works are theoretically and technically sound, and have appeared leading national and international research journals.

A notable recent example of her research contributions is her work as part of the first-ever systematic analysis of U.S. doctoral preparation programs in sport pedagogy and PETE. Moreover, since 2000, she has successfully (co-) mentored 19 PhD students. On the professional side, one of Dr. Parker’s most impactful and most influential works is her coauthored text *Children Moving: A Reflective Approach to Teaching Physical Education*, now in its ninth edition.

Dr. Parker’s outstanding scholarship and professional record has been recognized by way of earning fellow status in multiple professional societies, including SHAPE America, as well as numerous regional awards. This past year Dr. Parker was recruited to the faculty in physical education and exercise science at the University of Limerick in Ireland. This program is one of the premier programs for sport pedagogy research in Europe, and demonstrates her stature in the global research community of sport pedagogy scholars.

**Ira Jacobs**

Dr. Ira Jacobs completed a physical education teacher’s certificate at the Wingate Institute in Israel in 1976. He received a master’s in human kinetics from the University of Windsor in Canada in 1979 and a PhD in clinical physiology in 1981 from the Karolinska Institute in Sweden where he specialized in skeletal muscle metabolism.

Dr. Jacobs is currently professor and dean...
Dr. David Anthony Rowe has contributed to kinesiology since 1979, when he first graduated with a BEd degree in physical education. He taught physical education in elementary and high schools for 11 years, most of this time spent as a head of departments. He then earned two graduate degrees (MS in health science and PhD in exercise science). Dr. Rowe has been active in research since 1990, conducting dozens of studies in a variety of populations, all focused on aspects of human movement science.

Dr. Rowe's publications are extensive, covering the areas of measurement and health-related aspects of physical activity, fitness, and obesity. He has published over 50 peer-reviewed original research articles in the leading journals in kinesiology. He is a coauthor of the eighth edition of *Measurement for Evaluation in Physical Education & Exercise Science*, one of the leading texts in measurement. He is one of the three cofounders of the journal *Measurement in Physical Education and Exercise Science* and serves as the editorial board chair for the journal now.

Dr. Rowe has been active in the Measurement and Evaluation Council of AAHPERD as the chair, chair-elect, secretary, and advisory committee member of the Measurement and Evaluation Council, constituting an almost-continuous period of service during 15 of the past 17 years. He has provided professional service in various roles to AAHPERD and ACSM and is a regular reviewer for 20 of our journals. In 2007, he was the recipient of the Honor Award from the Measurement and Evaluation Council.
New Fellow’s Response 2014

By Amelia M. Woods, NAK Fellow #544

Fellows, colleagues, guests, friends, and my fellow inductees into the National Academy of Kinesiology Class of 2014; it is an honor to present the induction address this evening and to express our gratitude for this tremendous professional honor. Although tonight is a celebration of what the Class of 2014 has accomplished, in truth, it is more about what we have left to do than what we have thus far achieved. While some might perceive an invitation into the National Academy of Kinesiology as signifying an endpoint in a professional career, my classmates and I perceive it as a beginning. It marks a new opportunity to stand beside those Fellows who have come before us and those who have yet to follow. It is a chance to continue the legacy of our founders and represent their hopes and dreams.

Looking back on the history of the Academy, the first class of Fellows convened in 1926 to pave the road. Following in the footsteps of Luther Halsey Gulick, who envisioned the notion of the Academy, five individuals, all men, convened in New York to determine the type of foundation they would lay. They were a devoted group who were determined to establish an elite organization of scholars who would be instrumental in the development of national and global strategies for promoting educational, scientific and legislative awareness of physical education.

Strong early leadership from individuals such as R. Tait McKenzie, a physician, physical therapist, physical educator, and sculptor who set forth the evolution of physical education in the United States and endorsed exercise as essential for all individuals, helped lay groundwork. Within
New Fellow’s Response

a few short years, female trailblazers like Mabel Lee, the first female president of the Academy, who worked tirelessly to establish policy for appropriate physical education experiences for girls and women, led the effort in solidifying that path.

As I stand before you this evening, I believe that our predecessors, such as Fellow #5 - Jay B. Nash, Fellow #12 – Amy Morris Homans, and fellow # 27 Charles McClory, would be fascinated to hear how the field has advanced and eager to learn about the research achievements of the new Fellows. They would be amazed that we study all aspects of physical activity that range from cell to society; including topics that would have been unthinkable to those Fellows gathered 90 years ago.

My contemporaries in the Class of 2014 and I are exceptionally grateful for the invitation to join the Academy. We are surprised, honored, and humbled to join your distinguished group. When I asked my contemporaries about their reactions to your invitation, they expressed gratitude that their research was recognized as significant by such an esteemed group as yourselves, yet simultaneously expressed their fear that they would somehow be exposed as imposters. One inductee stated that, “It is still difficult to imagine myself in the company of those such as Clarke Hetherington and the Fellows who have followed him.” Another new Fellow very movingly expressed that his mother would be so proud to learn of this great honor.

The members of the Class of 2014 share a strong commitment to and passion for scholarship. We have, like you, traveled diverse routes, encountered twists and turns as we began our careers, maneuvered forks in the road that were major decision markers, and overcame roadblocks that required further navigation. In all cases, however, we, like you, sought to travel a journey that would enable us to create and advance new knowledge for purposes of improving the health of human beings in all stages of the lifecycle.

Today, the Academy provides us with a platform for engaging in meaningful research endeavors, forging new relationships, and ensuring that the field of kinesiology prospers and grows. We recognize the benefits to be gained from collaborating and interacting with current Fellows, particularly when those relationships enable us to cross subdisciplinary boundaries. We acknowledge our own mentors, for without their guidance, we would not be standing here today, and we assume renewed responsibility for mentoring the less experienced generation of scholars who we hope will follow in our footsteps and create their own new paths.

As new inductees, we thank you for the professional trust and confidence that you have demonstrated through the invitation to join your ranks. We respectfully accept our membership in the Academy, and mindfully acknowledge the rights, privileges and responsibilities it affords. We will work diligently to promote the Academy with the belief that future Fellows will share the same admiration for those who have come before us. Without McKenzie Nash, Lee or Nash; there would be no Acevedo, Boyce, Braun, Brown, Dengel, Dyreson, Jacobs, Li, Parker, Richardson, Roth, Rowe, Smith, Woods, or Zhang.
First of all, I deeply appreciate the honor! As you know, having the appreciation of one's peers is very gratifying, but having the recognition of my peers in the academy is especially gratifying. I am deeply honored. The downside is that one has to be an emerita to receive the award.

I decided to title this talk “Lessons I Have Learned, Some the Hard Way.”

Events like this, in the twilight of one's career, make a person a little reflective. What characteristics, or attributes, shaped my career? In my case, it is an easy answer: Serendipity and sheer luck!! I was so lucky to be at the right place at the right time.

My undergraduate training was at Loughborough University. It was remarkably unremarkable. Loughborough claimed to be the best college in England for teaching students to be teachers of physical education. And it did a good job. But in those days, you could not get an advanced degree in physical education in England. I did what many of my contemporaries did: I went overseas for my master’s and doctorate degrees.

In my case, I applied and was accepted to Wisconsin (to work with Larry Rarick) and to Massachusetts. I looked at the map of the United States. I was to arrive in New York on a ship (those days we could), and looked at the map and thought, Well, Massachusetts is not too far from New York, but Wisconsin is way over there! For me, it was a no-brainer: Mass. What did I know? I turned down the opportunity to work with Larry Rarick.

Serendipity: but it was a good move for me. I was in the second wave of the new master’s program in Mass, and they really looked after us. Harry Campney was my thesis advisor, but it was Lynn Vendien who took me under her wing. She was my mentor at Mass and really helped me. I wrote a paper in her comparative PE course, and I totally misunderstood the requirements for the paper. I wrote a 65 page paper on PE in the Soviet Union. The rest of the class wrote 8 to 10 pages. I was so embarrassed, and I gave it to her at the end of class session and I will always remember the look she gave me. But it served a very good purpose: Lynn sent a copy to Earle Zeigler at Illinois; Earle suggested I write it up for the journal Physical Education Across the World. I did, and it became my first publication. But more important, Earle Zeigler called me and invited me to come to Illinois as a doctoral student.

What luck: I came to Illinois at the right time, during one of their golden ages of talented students (Ann Jewett’s term): In the same wave as me in 1966 were Dan Landers and Rainer Martens. At Illinois during the late 60s were Mike Pollack, Paul Ribisl, Dick Schmidt, Karl Newell, Mike Ellis, and Mike Wade. It was a wonderful and supportive learning environment. We used to design studies on napkins at lunch time, we all fed off each other. It was such an intellectually stimulating environment.

Rainer, Dan, and I had the great fortune to be mentored by James Davis in psychology. He introduced us to social psychology, which has since become the basis of contemporary sport psychology. I have even called Jim Davis the father of modern...
sport psychology because of his influence on the three of us and others who came after us. But it was the intellectual culture created at Illinois that was so special, and we have to credit Earle Zeigler for a lot of that. His leadership led to the openess, to an environment of free and frank discussion. We also had Tom Cureton and Fritz Hubbard, and in our weekly seminars the discussions were often heated, sometimes very heated, and certainly frank!

My first job was at Kent State University. It was important for me because I then realized what the real merit of Illinois was. Illinois was a great research and professional culture with colleagues who were into the same research issues. At Kent I struggled; I was alone in my discipline in the department. I did forge relationships in psychology, but it was not the same as at Illinois. I missed that magic environment that created so many research ideas and forged theory development. But Kent was important for me in other ways, mostly personal. It taught me the importance and responsibilities of being a good citizen to the department and college and the discipline at large.

As an aside, I was an eyewitness of the Kent State shootings at 12.33 p.m. on the 4th of May, 1970, which happened in my first year at Kent. It changed me in many ways, but mostly it politicized me. The lesson learned at Kent was that as a resident alien at that time (green card holder, and I later became a citizen), I could not criticize national politics. People resented my criticism of the actions of the Ohio National Guard. But I had witnessed the shooting, and before the FBI report emerged, which severely criticized the reaction of the National Guard, opinions were very divided. Many of the faculty at Kent ostracized me. In retaliation, I decided that if they were going to treat me as a radical, I was going to behave like one: I grew long hair and a beard. Time has taken care of the hair, but my beard remains, my own personal memorial to the students who were shot that day.

In 1973, a job opened up in Illinois, and I was lucky enough to get it. When I went back to Illinois, it was the best thing that happened to me professionally. I worked at the Children’s Research Centre, it was a place where several departments cooperated to do research on children, especially children with disabilities. But at the CRC were a group of people that together created a fantastic environment for motivation theory and research. We had Carol Dweck, Ames, and Farmer, Marty Maehr, John Nicholls, David Birch, and Ken Hill. Most of these people were or moved on to become the gurus of motivation, mostly at other universities. It was an incredibly lively environment for us in motivation, and then in 1978 we had a benchmark seminar series together where we met without our students. As John Nicholls said, if our students are not here, we can say silly things to each other without worrying about what they think! It was where John introduced his parsimonious and elegant ideas about the two conceptions of competence extant that became central to achievement goal theory. After that seminar, we all changed our research and conceptual ideas about things motivational. We all became achievement goal researchers in one form or another.

Another lesson was that John Nicholls was clearly the intellectual leader. After that seminar, he asked us to respect his ideas and not publish data based on the conceptions until he had done so. He presented them in a symposium with data in 1981, and all the articles were to be published next year in a journal. But Hans Heckhausen was
the editor, and he delayed John’s article until 1984 simply because he objected to a phrase in the title of John’s article (“Toward a New Theory of Motivation”). Carol Dweck had waited until John published, but as luck would have it, her article came out before John’s, and that is why she is often credited with developing the theory. This is similar to the great debate about whether Darwin or Wallace should get the credit for the discovery of evolution: The person who publishes first gets the credit.

What a great time it was to be at Illinois. Illinois attracted such good students; it was motivation mecca. many of those students continued on to their own highly distinguished careers, and many are members of the academy, some present today. The backdrop is that this was also the period when psychology experienced what has been called the cognitive revolution. The mantra became “thoughts govern behavior!” In the late 1970s and early ’80s, that was a radical argument. In these days of neuroscience and cognitive psychology, it is mainstream. But the real lesson was that it made me realize how much we need other people to set up a really stimulating research and intellectual environment. I did my research on motivation and was blessed with so many good colleagues in the department of kinesiology: Rainer Martins (before he founded Human Kinetics), Dan Gould, Eddie McAuley, Karl Newell, John Loy, and Steve Silverman. I continued my collaboration with Marty Maehr and Carol Dweck and Ames. How can you not grow when you have those distinguished colleagues in an open and stimulating intellectual environment? But that was the life lesson I learned at Illinois: When you have good colleagues in an open mastery learning environment, you get good science, good research, and good publications!

As many of you know, my research is on achievement goals, whether it is a personal construct or the goals are explicit in the environment. I looked at how goals motivate us to do things we should and to keep doing things we ought to do. The whole issue is what criteria of success and failure you use when you give feedback to maintain motivation. When one uses mastery criteria of success and gives self-referenced feedback, good things happen. When one uses performance criteria of success and gives normative feedback, bad things happen. That sums up my research career in motivation.

We (and I use the royal we because there were many of us) investigated achievement goals with coaches, teachers, and parents, and the data are very clear. But we found it also applies to us as professors. One of my colleagues at Illinois, Bob Sprague, was a famous psychopharmacologist. He did some of the pioneering work on hyperactivity in children and determined what drugs to use and when. But he had the horrendous experience of blowing the whistle on a colleague who had fabricated data in an experiment in which they were both involved. Stephen Breuning and his university (University of Pittsburgh) denied everything, and Bob himself was punished by having his funding from NIH stopped while the investigation was ongoing. It took five years. Bob was eventually exonerated. Breuning was banned from receiving NIH funds and got out of the research game and moved to upper New York. It was a big deal at the time, on the lines of the more recent cheating scandal with Jon Sudby in Norway. Bob and the Breuning cheating scandal was the topic of a 60 Minutes report by Mike Wallace and a one-hour PBS Nova program on cheating in science.
During that period, I chatted with Bob because he knew I did research on cheating in sport. He wanted to know why people cheat in academia. Because his funding was stopped, we decided to do a study using achievement goal theory to look at the precursors of cheating. Is cheating fostered in the research culture in universities when it was competitive, for publications, for research funds, for grad students? And is an educational environment supportive of students and creating a mastery research culture antithetical to cheating? We applied for and got research funding from the National Science Foundation (to our astonishment, but this was in the wake of several highly publicized scandals on cheating in science). We did the study in the Big Ten. We devised a questionnaire that we used to measure the research culture in departments. We asked doctoral students to describe the way they saw their mentors behaving and setting up research cultures. The NSF insisted we look at all departments across the university. We did, and there were subtle differences between the hard and soft sciences. In brief, the students in the highly competitive contexts reported more cases of data fabrication, data manipulating, mentors misusing students, and so on. For those interested, we published a couple of papers in *Science and Engineering Ethics*.

When I moved to Norway, I had only one colleague initially, but our resources were good, and I tried hard to apply my lessons learned. In about four years we managed to get the beginning of a group of people doing similar work. Now, we have seven psychology-oriented people doing work on motivation. They are a very good group of people, doing work in business environments, music and dance groups, the military with F-16 pilots, and sport and exercise.

Now that I am retired, I am a little non-plussed they do so well without me! But that is the business we are in: Like good practicing psychologists, our task is to make our charges independent and ourselves obsolete.

Those are my lessons learned. Like all of us, I owe so much to colleagues over the years, many in this room. I would be a lesser person without them. You get better science and have happier and more productive doctoral students when you have an open collaborative research environment and when colleagues respect each other and are prepared to work toward common goals. In my mind, the watchword for all of us should be *collegiality*, and we should look for ways to promote it. That is the *most important* lesson I learned.

That, and never bet money when you play golf with Jerry Thomas.
NAK 2014 Annual Banquet at Lutcher Stark Center
NAK Member News

Daniel Weeks (International fellow) has been appointed president and vice chancellor of the University of Northern British Columbia. Dr. Weeks came to the University of Lethbridge in 2009 as vice president (research) and was reappointed to a second term, effective July 1, 2014. During his term at the university, research funding grew and the university was recognized by Research Info$ource as the Research University of the Year—Undergraduate Category in 2012. Throughout his tenure, many new research-enabling endeavors were initiated, including the formal establishment of the Centres and Institutes policy, the university’s first strategic research plan, and the establishment of the Interdisciplinary Research Development Fund, an internal grant opportunity dedicated to the growth of research at our university.

Thomas Stoffregen’s research relating body sway to the etiology of motion sickness was the subject of a feature article in the New York Times (September 2013). When Facebook purchased Oculus for $2 billion in February 2014, Dr. Stoffregen was interviewed on NPR Marketplace Tech about reports of motion sickness among users of the Oculus Rift head-mounted virtual reality system.

Bradley J. Cardinal received the Robert J. Ritson Honorary Life Member Award from the Oregon Society of Health and Physical Education (formerly the Oregon Alliance for Health, Physical Education, Recreation and Dance) at their 100th anniversary conference held October 4, 2014. This is the highest award granted by the society in recognition of distinguished service to the society and the profession. Beyond being the organization’s centennial year (1914-2014), the award carries special meaning for Brad because 60 years ago (i.e., 1954), Clair Van Norman Langton, EdD (NAK fellow 106), was so recognized. Since joining Oregon State University in 1997, Brad has been housed in Langton Hall. Additionally, Brad’s wife, Marita Cardinal, EdD, a professor at Western Oregon University, received the recognition in 2013.
Dana Brooks (#406) proudly announces the opening of a new building for the West Virginia University College of Physical Activity and Sport Sciences in the WVU Health and Education building. When students and faculty returned to campus on August 18, 2014, they discovered a new academic environment in the CPASS building. Highlights include nine classrooms with theater-style rooms. The new building serves as a destination so that students can gather in study areas for small-group discussions. Students conduct research in the college’s computer lab designed to support technology-based courses. The building features a four-station lab for class projects requiring specialized software. These are just a few of the aspects that have transformed faculty and student experiences this fall.

Scott Kretchmar (#330) is now on a philosophic glide path to retirement with a 50 percent contract for the next two to three years. He is teaching a regular schedule of classes each fall and then heading to locations in January where certain types of applied motor research can be conducted more comfortably. Penn State has announced a search for his replacement. This will be a tenure-track position at the assistant professor level with an affiliate appointment in the Penn State Rock Ethics Center. Starting date is fall 2015.

Furman University will award Dr. Jerry Thomas (#299) an honorary doctor of arts and sciences degree April 14, 2015. It is the highest honor awarded by the university. The native of Birmingham, Alabama, graduated from Furman in 1963. He majored in health and physical education, minored in English, and was a running back on the football team. He earned master’s and doctorate degrees from the University of Alabama. Currently he is the dean of the College of Education at the University of North Texas. As dean he oversees 200 FTE faculty and staff, 4,000 undergraduate major students, and 1,500 graduate students in four departments and six centers, two associate deans and an assistant dean, with a budget of more than $14 million and grants of more than $19 million. He manages five buildings and has raised more than $13.5 million in gifts since going to UNT in 2008.

Before his present position at the University of North Texas, Dr. Thomas served as
Continued from page 23

NAK Member News

chair of the department of kinesiology at Iowa State University, 1998-2008; associate dean of the graduate college at Arizona State University, 1992-95; chair of the department of kinesiology at Arizona State University, 1988-92; director of the School of Health Physical Education, Recreation and Dance at Louisiana State University, 1980-81; chair of the department of kinesiology at Louisiana State University, 1977-80 and director of the Motor Development Lab at Florida State University, 1973-77. He has served as president of the most prominent professional organizations in the United States.

NAK Mourns the Loss of International Fellow Albert Carron

In the past year, the NAK community lost one of its highly valued international fellows: Albert Carron made significant contributions in moving the fields of physical education and kinesiology forward.

On behalf of the entire NAK community, I wish to extend my condolences to the family of this prominent scholar and professional. He will not be forgotten.

With deepest sympathy,

Russ Pate
Memorials committee chair
NAK Committees 2014-2015

Standing Committee on Awards
Mary Jane DeSousa (Chair) - Penn State University (2015)
Joseph Starnes - University of North Carolina - Greensboro (2015)
Jill Whitall - University of Maryland (2016)
Dan Blanke - Univ. of Nebraska (2016)
Allyson Wrynn - California State University - Fullerton (2017)
Dana Brooks - West Virginia (2017)

Standing Committee on Documents of Governance
Barb Ainsworth (Chair) – Arizona State University (2015)
Tony Hackney University of North Carolina – Chapel Hill (2016)
Mike Bemben – University of Oklahoma (2017)

Standing Committee on Membership
Robert Spina (Chair) – Old Dominion University (2015)
Kathleen Janz – University of Iowa (2015)
Ronald Zernicke – University of Michigan (2015)
Bo Fernhall – University of Illinois – Urbana-Champaign (2016)
Kevin Guskiewicz – University of North Carolina – Chapel Hill (2016)
Kathleen Williams – University of North Carolina – Greensboro (2016)
Li Li Ji – University of Minnesota (2017)
Debbie Rose, California State University –Fullerton (2017)
Ping Xiang – Texas A & M University (2017)

Standing Committee on Memorials
Jody Jensen (Chair) – University of Texas – Austin (2015)
Nicholas Stergiou – University of Nebraska (2016)
Kim Graber – University of Illinois – Urbana-Champaign (2017)

Standing Committee on Nomination and Election of Officers
Karl Newell (Chair) – University of Georgia (2015)
Don Morgan – Middle Tennessee State University (2016)
Peter Hastie – Auburn University (2017)
Marilyn Mitchell – San Francisco State University (2017)

Standing Committee on Doctoral Programs
John Challis – Pennsylvania State University (2016)
David Bassett – University of Tennessee (2016)
Executive Board 2014-2015

President
Cathy Ennis, PhD
University of North Carolina, Greensboro
Department of Kinesiology
1408 Walker Ave.
Greensboro, NC 27402
Phone: 336-256-8565
Email: c_ennis@uncg.edu

Past President
Barbara Ainsworth, PhD
Arizona State University
School of Nutrition and Health Promotion
500 N. Third St. Phoenix, AZ 85004
Phone: 602-827-2291
Email: barbara.ainsworth@asu.edu

President-Elect
Karl Newell, PhD
University of Georgia
College of Education
G10 Anderhold Hall
Athens, GA 30602
Phone: 706-542-4558
Email: kmn1@uga.edu

Secretary-Treasurer
Brad Hatfield, PhD
University of Maryland
Dept. of Kinesiology
Room 2341 SPH Bldg.
College Park, MD 20742
Phone: 301-405-2485
Email: bhatfiel@umd.edu

Senior Member-at-Large
David Wiggins
10017 Latimer Court
Fairfax, VA 22032
Phone: 703-993-2057
Email: dwiggin1@gmu.edu

Junior Member-at-Large
Melinda Solmon
Louisiana State University
School of Kinesiology
112 Long Field House
Baton Rouge, LA 70803
Phone: 225-578-2639
Email: msolmo1@lsu.edu

Business Manager
Kim Scott
P.O. Box 5076
Champaign, IL 61825-5076
Phone: 217-403-7545
Fax: 217-351-2674
Email: kims@hkusa.com

NAK Newsletter
Managing Editor: Amy Rose
Copyeditor: Jan Feeney
Designer: Sean Roosevelt
Newsletter Advisors: Melinda Solmon, David Wiggins

Human Kinetics
P.O. Box 5076 Champaign, IL USA 61825-5076
www.HumanKinetics.com