As I enter the fall of my presidential term, I reflect on the past year and look forward to an exciting year. My first year was one of observation. Phil Marin was a great mentor in his role as president as he led the executive committee through important discussions and represented the NAK with grace and competence. With his abilities as an experienced administrator and leader, I owe many thanks to Phil for providing an excellent example of what it takes to be NAK president.

I can’t think of a better place to have been for our annual meeting than Colorado Springs in September! Aside from the floods that affected so many people in Colorado, the timing was perfect for our meeting at a beautiful resort in a beautiful location. As past president, Patty Freedson organized a program that is consistent with the high quality we have come to expect at our annual meetings. As always, I learned a great deal about the breadth of kinesiology, how we have changed over the years, and where some programs are headed. As Jim Morrow so cleverly noted, we heard the words interdisciplinary, innovative, relevant, and health-related many, many times. Reminiscent of Bob Dylan’s 1964 album, *The Times They Are a-Changin’*, who would have known he was speaking to our field in addition to characterizing the changes facing the 1960s. I give a deep-hearted thank-you to all NAK members who participated in the meeting, to Patty and her committee for creating the program, and to Kim Scott and Amy Rose for their background work to provide a seamless meeting experience.

As we look to 2014, we have several tasks in progress and others that are just getting started. After two years of preparation and pilot testing, the National Collegiate Fitness Index (NCFI) questionnaire will be sent to...
President’s Message

over 800 colleges and universities in early December 2013. Modeled after ACSM’s American Fitness Index that rates the health status of residents and recreation opportunities in the 50 largest U.S. cities, the NCFI will provide benchmarks for colleges and universities in the United States to share the types and numbers of recreational opportunities and facilities for students and to see how their institutions compare with other schools of similar sizes and missions. The NCFI committee was started under Patty Freedson’s NAK presidential term, and the committee includes members from NAK, AKA, and ACSM.

Another topic presented in 2013 was the progress of our flagship journal, Kinesiology Review. Under the excellent leadership of editor in chief Jane Clark, the journal was created as an outlet for review articles on kinesiology and related topics. As with any new journal in a rapidly changing publication arena, we considered several options: transitioning the journal to an online format, modifying the types of articles submitted, or staying the course with our current format. After an online survey, the NAK and AKA memberships were clear that we should stay the course with Kinesiology Review but also increase efforts for the journal’s visibility and viability as a publication outlet. We will have updates on the status of Kinesiology Review as time progresses, and I encourage you to submit your best review articles for publication in our flagship journal.

The doctoral program review committee led by Beverly Ulrich has started a countdown of activities toward our third doctoral program review. Set to launch in 2015, the review aims for the largest participation of doctoral programs to date. Many universities use the rankings to gauge the quality of the degree and to aid in decision making about investing resources in the program. Doctoral program committees also use the feedback in setting student goals and expectations, setting admission standards, and guiding faculty–student productivity goals. If your doctoral program has not participated in past years, please encourage your doctoral program director and faculty to embrace NAK’s doctoral program review. A ranking is most highly valued when all doctoral programs participate in the review.

As 2014 approaches, we remember our NAK members who died in 2013. We will miss their enthusiasm for our field and love of life. We also are sorry to see members accept an inactive status in NAK resulting from not attending at least one meeting in five years or failure to pay their membership dues. We value all members, and I encourage you to mark your calendar for our next meeting from September 11 to 14, 2014, in Austin, Texas. On a bright note, we welcomed our newest fellows inducted at the 2013 annual meeting. They remind me of the ongoing excellence in scholarship and promise for the kinesiology field. Last, but not least, Patty Freedson and I will represent NAK at the 2014 San Diego Collaborative Congress from January 8 to 11. The congress is sponsored by the NAKHE and cosponsored by AAHPERD (now SHAPE), ACSM, AISEP, and AKA. I look forward to seeing some of you there.

In this holiday season where we give thanks to all who have shaped our lives, I want to thank Kim Scott and Amy Rose for their leadership and guidance. We would be lost without you! I also thank our NAK executive board for their tireless participation and dedication to our organization, Phil Martin (past president), Cathy Ennis (president-elect), Brad Cardinal (secretary-treasurer), Brad Hatfield (member at large), David Wiggins (member at large), and the many NAK committees who keep us on track. Above all, I thank our membership for giving my year as president a great start. I wish you all a happy holiday season and an excellent new year.
The year went by rather quickly. Serving as president of the academy this past year is certainly a major highlight of my career. The academy functions effectively because of the good work of many, particularly our committees and the NAK business office. First, I would like to express special thanks to Kim Scott and Amy Rose. Their efforts keep the academy on task, on schedule, and on budget throughout the year. Others who deserve special mention are the 2012-13 NAK committee chairs: Toby Tate, awards; Mo Weiss, documents of governance; Diane Gill, membership; Mike Metzler, memorials; Barb Ainsworth, nomination and election of officers; Bev Ulrich, doctoral programs; and Penny McCullagh, ad hoc president’s committee. In addition, I was fortunate to have a supportive executive committee: Barb Ainsworth, Patty Freedson, Brad Cardinal, Penny McCullagh, Brad Hatfield, and Kim Scott. On behalf of the academy, I want to thank everyone for support and hard work during my term as president.

Congratulations again to our new fellows. The induction ceremony is always a highlight of the annual meeting. I am always impressed and somewhat humbled as I listen to nominators sharing the outstanding accomplishments of each new fellow. Our new fellows are an impressive group. I look forward to seeing this new group of fellows become active participants and future leaders of the academy. It was also a special privilege to honor Chuck Corbin as this year’s Hetherington Award recipient. I had the good fortune of working with Chuck for many years on the faculty at Arizona State University and know well the impact he has had on our field over the course of his career.

One of the special initiatives pursued by the executive committee in 2012-13 was improving the clarity of academy bylaws with respect to active and inactive membership status. Six years ago the academy bylaws were revised to require fellows not only to remain current on payment of dues but also to attend at least one annual meeting every five years in order to maintain active status. The addition of the meeting attendance requirement, while minimal, was a statement about the importance of being involved in the activities of the academy. This requirement also has important implications for inducting new fellows into the academy since the number of active fellows is limited to 165. The year 2011-12 was the first time that fellows were moved from active to inactive status because of the attendance requirement. It also became apparent there was a need to clarify the implications of inactive status and the procedures to be followed for making changes in membership status. I formed a president’s committee with Penny McCullagh as chair and Scott Kretchmar and Jim Morrow members to review Article I, Section 3, of our bylaws. Their recommendations for revisions were presented to academy fellows at the annual business meeting in September. After considerable discussion, aided by parliamentarian Howie Zelaznik, fellows voted in support of modest revisions to Article I, Section 3, and, equally
Past President’s Message

important, modifications of our operating codes for handling changes in membership status. A special thanks to Penny, Scott, and Jim for taking on this important task and to everyone involved in the discussion for their constructive contributions to the outcome. I believe our bylaws and operating procedures are improved by our changes.

As past president, my major task is organization of the program for the 2014 annual meeting in Austin. I am in the early stages of that effort and remain focused on a theme that addresses the current state of research on the role of exercise and physical activity in the prevention, assessment, and treatment of injury, disability, and disease. I anticipate sessions that will address topics and conditions such as traumatic brain injury, spinal cord injury, neuromuscular diseases, ACL injury, exercise adherence, genetics of physical activity behavior, and prosthetic design from multidisciplinary perspectives. Please feel free to share with me (pemartin@iastate.edu) your reactions to this focus and suggestions for program content.

Thank you again for providing me with the opportunity to serve as president of the National Academy of Kinesiology. It has been both a privilege and a pleasure to serve the academy. I look forward to seeing you in Austin in September 2014.

NAK CALL FOR OFFICER NOMINATIONS

We will elect three new Academy officers in 2014: a president-elect, secretary-treasurer and member-at-large.

The criteria for those offices are as follows:
**President-elect:** Active Fellow, 4 years membership in the Academy (Fellow number 494 or below, elected in 2009 or earlier)

**Member-at-Large:** Active Fellow, 1 year membership in the Academy (Fellow number 523 or below, elected in the year 2012 or earlier)

**Secretary-Treasurer:** Active Fellow, 3 years membership in the Academy (Fellow number 495 or below, elected in the year 2009)

**Other Eligibility Rules**
1. Any Fellow currently holding office is eligible for nomination for the same or another office only during his/her final year in office.
2. Two Fellows from the same institution may not be placed on the ballot for the same office.
3. Nominations may be made by all Fellows, but only Active Fellows are eligible for office.

**Send nominations by February 1, 2014, to:**
Cathy Ennis, PhD
University of North Carolina, Greensboro
Department of Kinesiology
1408 Walker Ave.
Greensboro, NC 27402
Phone: 336-256-8565
Email: c_ennis@uncg.edu
I am honored to be president-elect of the National Academy of Kinesiology. I became aware of NAK, then AAKPE, as a new assistant professor at the University of Wisconsin. After being introduced to this distinguished organization by my department mentors, I was amazed to learn that nine current faculty members were active fellows, three of whom were past-presidents! Looking at the list of past presidents, today, I am humbled to be among those leaders and grateful for the opportunity to serve this organization. Thank you for your confidence in me as your president-elect in the coming years.

Just prior to our visit, we were welcomed by the Cheyenne Mountain Resort staff and provided with outstanding meeting and recreational opportunities. I would like to commend Patty Freedson for an outstanding program as we traveled “back to the future” with excellent papers and commentary. Patty, thank you for your excellent leadership and service to the academy.

As we all look to the future in our field, we have the opportunity to recognize new trends that can help us move forward at the top of the wave instead of lagging behind in the back wash. We want to be in front of the trends in academia and kinesiology as well as the new developments in our own specializations. Additionally, it is of upmost importance that we anticipate and respond to developments that will affect our students’ futures, structuring educational programs to take advantage of new technology, globalization, and evolving policy. For instance, we know that it won’t be long before our students are checking their Google glasses for our latest lecture and tweeting us that their smart watches ate their homework!

At our annual meetings I have always enjoyed the opportunity to think outside my own specialization to connect and engage with my colleagues across the kinesiology disciplines. We do great things! We appreciate and honor the work of our mentors while also enjoying opportunities to engage in a host of discussions about the future of research in kinesiology. Back home, I think my colleagues are surprised and appreciative when I ask questions about a new methodology they might be using in the laboratory or ask their opinion about a new (to me) issue or idea in their specialization. I am looking forward to Phil Martin’s interdisciplinary academy program next September 11 to 13 in Austin, focusing on injuries and injury prevention to open new ways of thinking about the future.
NAK New Fellows Inducted at 2013 Annual Meeting

Kathleen Armour
Professor Kathleen Armour, Professor and Head of the School of Sport, Exercise & Rehabilitation Sciences, University of Birmingham, is a highly regarded social scientist within the international sport pedagogy community. Her nomination to the Academy was based on her high standing and innovation as a researcher and leader in the field.

Professor Armour has an outstanding record of research grant success and a strong publication record. Her grant income of over two and a half million pounds or 4 million dollars has been won from a wide range of government research councils, charities and commercial funders in the UK. Since 1998, Professor Armour has published 7 books, edited books or research monographs. She has also published over 60 papers in peer reviewed journals and book chapters, and has given over 70 keynote and invited lectures and symposia throughout the world. Her research and theoretical papers have resulted in numerous awards including the title of Academician in the UK National Academy of Social Sciences.

Professor Armour’s research focuses on career-long professional development for teachers and youth sport coaches. She is passionate about translational research as evidenced by her latest edited publication, ‘Pedagogical Cases’, soon to be published. These multidisciplinary ‘cases’ have been written by leading researchers in Kinesiology from around the world. This work is representative of Armour’s exceptional contributions across her career and there is much more ahead.

Continue on Page 7

Sian Beilock
Dr. Sian Beilock is a Professor in the Department of Psychology at the University of Chicago. Dr. Beilock received a dual major PhD in Kinesiology and Psychology from Michigan State University in 2003.

Dr. Beilock is a leader in understanding body and brain mechanisms that give rise to choking under pressure (i.e., performing more poorly than expected in stress-filled situations). She currently holds research grants concerning performance and stress from the National Science Foundation (including a CAREER award) and from the Department of Education.

Her second research area considers how motor experience and the body, in
general, shapes thinking. She is particularly interested in how one can harness athletic experience to aid performance in the classroom. She has a grant from the National Science Foundation to investigate how understanding motion can help students grasp concepts, such as angular momentum and torque.

Her work has resulted in over 75 articles in refereed scientific journals, books and book chapters, and she has secured over $5,000,000 in extramural funding. She has received numerous awards for her work, including the Outstanding Young Investigator Award from the Psychonomic Society; NASPSPA Early Career Distinguished Scholar Award; and the International Society of Sport Psychology Young Scholar Award. She is an elected Fellow in the American Association for the Advancement of Science and the Association for Psychological Science.

In addition, she serves on several editorial boards in sport and exercise psychology. And, she also recently served as a member of National Academy of Sciences, Committee on Decision Making and Stress.

Jennifer L. Etnier

Jennifer Etnier is a distinguished scholar, mentor, teacher, and professional citizen. She has established an impressive line of programmatic research on the benefits of physical activity on cognitive and executive function in children through older adults. Her studies highlight the benefits of physical activity as an intervention for slowing cognitive decline in aging, assisting children with ADHD, and enhancing quality of life in chronically ill populations. Her current NIH grant involves a potentially groundbreaking intervention study to determine the effect of physical activity on cognition relative to APOE genotype, a risk factor for Alzheimer’s disease.

Dr. Etnier has published 46 refereed journal articles and 11 book chapters in her areas of expertise. Most are co-authored with her graduate students, demonstrating a strong commitment to guiding the next generation of Kinesiology scholars. An outstanding teacher, she was awarded the All-University Outstanding Teaching Award—a recognition afforded to only one faculty member in the entire university annually.

Jennifer Etnier has demonstrated competent leadership for professional organizations and scholarly journals. She was elected to the executive board of NASPSPA and has served as editor-in-chief, associate editor, and editorial board member for many journals, including Journal of Aging and Physical Activity, Journal of Sport & Exercise Psychology, and Research Quarterly for Exercise and Sport.

Jennifer Etnier’s exemplary achievements in scholarship, mentoring, and professional service will make her an outstanding Active Fellow. We are confident she will be passionately engaged in Academy activities and further our goals through sharing her research knowledge and leadership qualities.

Continue on Page 8
Kim Graber
Dr. Kim Graber is an internationally renowned researcher and scholar who is widely recognized for her contributions to physical education pedagogy. Professor Kim Graber’s scholarship focuses on understanding and improving teacher education, physical education, and physical activity opportunities for children. In addition, she has played a pivotal role in the development of national physical activity assessment protocols. In these roles, Professor Graber is acknowledged as a scholar of significant national and international stature. She received the University of Illinois Distinguished Teacher/Scholar Award in 2006 and more recently the National Association for Sport and Physical Education Presidential Award. While serving as the NASPE President, Graber was invited to speak at the Healthy Schools Summit in Washington DC about school physical education as a partner in improving children’s health. Since 2000 Graber has served on a NASPE Assessment Task Force (ATF) charged with developing valid and reliable assessments that are consistent with the National Physical Education Standards. Graber has published more than fifty peer-reviewed articles, book chapters, and monographs, and she has authored four books. Her programmatic course of study has laid important foundations for research, practice, and policy throughout physical education. Kim Graber is a major researcher, scholar, and administrator within the fields of Kinesiology and Physical Education.

Peter Hastie
Professor Peter Hastie, the Wayne T. Smith Distinguished Professor at Auburn University has amassed a stellar scholarship record making him one of the world’s foremost Sport Pedagogy researchers. This is reflected in the almost 100 research papers, 9 books, 8 book chapters, and 18 refereed professional papers; all published in the premier refereed journals. In efforts to continue to build Sport Education’s empirical base, Prof. Hastie has shown that, when implemented effectively, Sport Education is an inclusive and motivational context for children and youth to learn relevant physical and social skills, creates
an environment in which activity experiences has strong meaning for children and youth, and provides higher physical activity levels than traditional physical education lessons.

Dr. Hastie’s standing in the field is reflected in several ways. He is a fellow in the Research Consortium of AAHPERD and AIESEP. In 2007, he received the Curriculum & Instruction Academy Honor Award. In 2008 he was named the SIG Scholar for Research on Learning and Teaching in Physical Education Special Interest Group Scholar within the AERA, and received a similar honor in 2010 from the British Educational Research Association-SIG. In 2008, he received Auburn University’s Outstanding Contribution to Research award. He has served in editorship roles for several key research journals. Finally, Dr. Hastie was co-recipient of the Exemplary Research Paper Award from the AERA-Special Interest Group 2011. In summary, Dr. Hastie has made important contributions to sport pedagogy research.

Steven P. Hooker

Dr. Steven P. Hooker is a Professor in the Exercise and Wellness Program at Arizona State University where he serves as the Assistant Director of Research for the School of Nutrition and Health Promotion.

His peer-reviewed scholarly articles have appeared in highly recognized journals, including Journal of Physical Activity and Health, American Journal of Public Health, and the Annals of Epidemiology. His research funding exceeds $10 million from federal and foundation sources. His research has included innovative projects on environmental supports for physical activity and promotion of active lifestyles in minority men.

Dr. Hooker is a Fellow in the ACSM and received a 2001 Alumni Honors Award from California State University, Sacramento. He founded the Physical Activity Special Interest Group for the American Public Health Association. This was recognized by an award named in his honor, the Steven P. Hooker Research Award, which he received as the first recipient in 2012.

In addition to his distinguished academic career, Dr. Hooker has held leadership roles in state and national organizations promoting active lifestyles for older adults. In addition to being a scholar, Dr. Hooker is a “doer” in translating research to practice.

Dr. Hooker is a nationally recognized leader in the area of physical activity and public health. His training, background, experience, and ongoing professional research and service activities will make him an asset to the National Academy of Kinesiology.
Continued from page 9

NAK New Fellows

**Darin Padua**

Dr. Darin Padua is Professor and Chair in the Department of Exercise and Sport Science at the University of North Carolina – Chapel Hill. He holds joint appointments in the Department of Orthopaedics and the Curriculum in Human Movement Science, while serving as the Director of UNC’s Sports Medicine Research Laboratory.

Over the past 16 years Darin’s research has focused on the prevention of musculoskeletal injuries, primarily to the knee, during sport and physical activity. To achieve this goal, he has conducted multiple research studies aimed at identifying biomechanical risk factors for knee injury; determining the underlying causes for high risk biomechanics; developing injury prevention programs; and creating implementation and dissemination strategies to translate these findings to the community setting.

Given the frequency, disability, and extreme cost associated with knee injuries, Darin’s research has important public health implications. His work has even extended to the military setting, and is aiding the United States military in developing injury prevention programs for our service-members.

The increased risk of injury is a major negative consequence for an increasing physical activity levels to maintain a healthy lifestyle. His work is improving activity levels and reducing the risk of not only knee injury, but also conditions associated with physical inactivity (e.g. obesity, diabetes, and cardio-vascular disease). These issues are important to physical educators, coaches, researchers, and parents of young athletes, and his contributions will help advance the mission of the National Academy of Kinesiology.

**Sandra J. Shultz**

Sandra J. Shultz is Professor and Chair in the Department of Kinesiology at the University of North Carolina at Greensboro. She is an internationally regarded scholar in sports medicine. Her research focuses on factors related to ACL injuries and has been critical in moving this area beyond single factor sex-comparison studies. An integrated, multifactorial approach has been a hallmark of her work. The National Institutes of Health, National Athletic Trainers’ Association and National Football League Charities have supported this work, awarding her over $1.5 million.

Dr. Shultz is a highly sought after speaker, collaborator and contributor. She is a member of the American Orthopaedic Society for
Sports Medicine’s Writing Group on Clinical Practice for ACL Injuries, a group of physicians, physical therapists, biomechanists and athletic trainers. She served on the Scientific Committee of the World Congress of Sport Injury Prevention.

Dr. Shultz’ contributions to the clinical literature extend beyond a focus on the ACL. She authored and co-authored 2 textbooks: Examination of Musculoskeletal Injuries and Sports Medicine Handbook. She has contributed to an NFL project on strength and conditioning guidelines for youth.

Educating the next generation of sports medicine scholars has been an important part of Dr. Shultz’ work. At UNCG, she has chaired or co-chaired 14 doctoral committees. Helping students gain the skills to fund their own scholarship has been a central part of their education.

Cesar R. Torres

Cesar R. Torres is Professor in the Department of Kinesiology, Sport Studies, and Physical Education at SUNY Brockport. During his 12-years at that institution, a period during which he was granted early promotion and tenure, Cesar authored or edited six books, over 30 refereed articles, some 25 book chapters, about 55 articles or commentaries in proceedings and the popular press, and has given more than 60 presentations around the world. He is known for his analyses of games, sport ethics, Olympism, and the history of sport in Latin America. He has written on current topics like the ethics of playing “high”—that is, with a home field advantage provided by high altitude, and has also made major contributions to the foundational theoretical literature in the philosophy of sport, for instance by examining the validity and status of ties, and by critiquing the various mechanisms used to levy game penalties. A native of Argentina, Cesar writes in both English and Spanish, and his research has appeared in journals based in North America, South America, and elsewhere. Dr. Torres has served as President of the International Association for the Philosophy of Sport—the youngest individual, to our knowledge, thusly honored.

Cesar will be an active and visible contributor to the Academy. He is politically astute, diplomatic, engaged, and passionate about our profession and the values it represents.

Continued on Page 12
interventions that keep individuals engaged in healthy activity throughout their lives. Fully understanding physical activity requires accurate and non-invasive measurement of this behavior. Dr. Welk has been at the forefront of using new technologies to assess physical activity. As he continues to make significant contributions to physical activity assessment and promotion, I have no doubt he will also bring his substantial energy and expertise to serving NAK.

Jeff Woods
Dr. Jeff Woods is an exercise physiologist whose research focuses on the role of exercise on inflammatory and immune responses and the use of exercise as therapy for those with dysregulated immune systems. His research lab has been continuously funded since 1994 and he has authored over 80 peer-reviewed journal articles. He has served on numerous NIH review groups, is currently Chair of the ACSM Research Review Committee, and serves as an Associate Editor for several journals in his field. Woods is considered to be one of the premier exercise immunologists in the world who has an extraordinary record of service to professional organizations and a strong record of service at the University level. Woods has been an active participant in numerous NIH study sections since 1997. As a strong indicator of his reputation and the high respect attributed to the professional judgment, Woods has served as the President of the International Society for Exercise and Immunology, and in senior leadership roles for the Psychoneuroimmunology Research Society. As an administrator he has directed Exercise Science Laboratories at several institutions, and is currently coordinator of the Exercise Physiology Concentration at the University of Illinois. In this capacity, Woods has assembled a dynamic young team of assistant professors who have also been highly successful in securing NIH funds under his mentorship. In summary, Dr. Woods is considered to be a respected scholar, teacher and administrator who makes a significant contribution to our profession.
It is my sincere pleasure to respond on behalf of the new fellows being inducted into the National Academy of Kinesiology. Before the meetings, I asked all of the new fellows to share with me their thoughts regarding this honor, and I hope I am able to capture their feelings in this response. I want to start by thanking our sponsors, the membership committee, and the academy members for bestowing this honor on us.

Clearly, the fellows of what was formerly the American Academy of Kinesiology and Physical Education and is now the National Academy of Kinesiology have laid the groundwork and continue to carry the torch for our field. To be invited into this academy as a new fellow is flattering and humbling and an incredible honor. I have been thinking a great deal about what this recognition means and why it is so important and meaningful to all of us. And, I think I’ve figured out some of the reasons.

First, and this is a really important reason, outside of this room, only a small percentage of people actually understand what it is that we do. From time to time, many of you read newspaper articles that ask the public to understand what professors do. These articles question how professors can be working 40 hours a week when they teach only a handful of courses. The articles often mention the fact that they have classes with only 10 students. They wonder about salaries and can’t figure out what it means to be on a 9- or 10-month appointment. Clearly, their big question is why professors are paid so much when they work so little.

As further evidence, I ask you to consider your family members. If you are like me, you might have family members, significant others, and dear friends who have very little idea of how you spend your day! My own partner shared with me a story of trying to explain to a new acquaintance what I do. After stumbling for a bit, the new friend finally said, “You really have no idea what she does, do you?” And my partner had to agree. Your significant others may wonder what you do and have difficulty understanding why your work extends into the evening, weekends, and often even winter, spring, and summer breaks. Clearly, in contrast to the public, they wonder why professors are paid so little when they work so much.

I ask you to consider your friends as additional evidence. The examples won’t be the same for all of us, but I’m sure many of you have had experiences similar to what I have regularly, which is for my friends to
say, “You’re a sport psychologist. What should I do about this pulled muscle in my hamstring?” So, I think that one of the biggest reasons this particular honor is so meaningful is that it’s bestowed by people who actually do know what we do and who are recognizing and valuing our accomplishments over a career.

The second reason again relates to the members of the academy who are recognizing us today. The current fellows of the academy include presidents of universities and national organizations, provosts, deans, and department heads. The NAK fellows include people who have multimillion-dollar grants, who have been recognized as excellent teachers, who have been invited keynote speakers at national and international conferences, who are journal editors and NIH reviewers, and who have represented our field to president’s councils. In addition to the help you’ve given us along the way, we thank you for being the first to believe that our accomplishments are worthy of this recognition and for taking time and energy to submit our nominations for consideration. We also acknowledge our colleagues and informal mentors who have helped us to flourish in our institutions. And, most important, we recognize our families who supported us in the pursuit of undergraduate and graduate degrees, who saw us through the challenges of the tenure and promotion process, who continue to support us in our careers, and who themselves have made sacrifices to support our success.

I want to end by making two points. First, as everyone in this room knows, we are lucky to have what at most times feels like the best job in the world. We get to work with students, we get to attempt to answer interesting questions, we are constantly given new challenges, and we usually have the tools to address those challenges. If we’ve been at an institution for any length of time, we clearly think we work with interesting, supportive, and inspiring colleagues. We are all doing what we love, and that is a huge reward in itself. But, to be recognized for doing that job well is truly wonderful. Second, I want to point out that all of us recognize that being appointed as a fellow in NAK is both an honor and an inspiration to do more. Our group recognizes that we have a commitment to be leaders in our field, and we look forward to having the opportunity through NAK to work across subdisciplinary boundaries to strengthen the field of kinesiology as a whole.
NAK Fellowship at 2013 Annual Meeting
NAK Fellowship at 2013 Annual Meeting
2013 NAK Annual Meeting

Hetherington Award Presentation to Chuck Corbin

By Brad Cardinal

On behalf of the nomination team of Barb Ainsworth, Ang Chen, Matt Mahar, Jim Morrow, Robbie Park, Tom Templin, Hans van der Mars, and Earle Ziegler

That’s right, A to Z, fellow numbers 184-521, representing induction classes from 1966 to 2012, ranging in age from 50 to 95, two past Hetherington award recipients, three past presidents, and the current president-elect:

It is my distinct honor to introduce our 2013 Hetherington Award recipient, Charles B. Corbin.

Chuck was inducted into the academy 33 years ago as fellow 267 and served as academy president in 1989-1990.

He is one of eight academy fellows (thus far) to contribute to the “Leader Speak: Interviews with Prominent Academy Leaders” series.

During his career, he contributed 186 journal articles, 96 books, and 35 book chapters. He delivered more than 250 presentations, including the Prince Philip Lecture, Delphine Hanna Lecture, T.K. Cureton Lecture, Weiss Lecture, Sargent Lecture, President’s Council for Physical Fitness and Sports/American College of Sports Medicine Honorary Lecture, and the C.H. McCloy Lecture.

He was one of 10 Centennial Scholars at the 100th anniversary of the founding of the University of New Mexico and presented the Distinguished Alumnus Lecture at the University of Illinois at Urbana-Champaign, both his alma maters.

He has been recognized by the American Alliance for Health, Physical Education, Recreation and Dance with their Honor Award, Alliance Scholar recognition, and the Gullick Award, which is the highest recognition the alliance can bestow on one of its members.

He has received the Healthy American Fitness Leadership Award and the Distinguished Scholar Award from the National Association for Kinesiology in Higher Education. He was inducted in the National Association for Sport and Physical Education’s Hall of Fame.

His books have received the McGuffy and Texty awards from the Textbook Authors Association.

In addition to being a National Academy of Kinesiology fellow, he is a fellow in the American College of Sports Medicine; the Research Consortium of the American Alliance for Health, Physical Education, Recreation and Dance; and the North American Society for Health, Physical Education, Recreation, Sport, and Dance Professionals.

He is a past editor of Quest and the Research Consortium Papers, associate editor of The Physical Educator, and consulting editor for 10 books. He has served on the editorial boards of 9 journals and is a charter member of the Fitnessgram Scientific Advisory Board, which he served on from 1987 to 2010.

This is only a partial list of his recognitions and achievements. I have truncated it to save time!

Think

Fitness education- Chuck Corbin

Continue on Page 18
Without question, Chuck’s contributions to the field over the past half-century are impressive and far-reaching. He is widely known as an innovator, leader, and mentor—a statesman of kinesiology in the truest sense.

His commitment to passing it on is reflected beautifully here tonight with the induction of Greg Welk as an academy fellow. Greg is one of Chuck’s 20 doctoral advisees.

Harry Lauder’s words are befittingly representative of Chuck’s legacy in kinesiology: “I could tell where the lamplighter was by the trail he left behind him.” He has certainly helped light the trail for me, and for that I am grateful.
Hetherington Comments: Reflecting on the Past

By Charles B. (Chuck) Corbin

Consistent with the conference theme (Reflecting on the Past and Envisioning the Future), it seemed appropriate to focus my comments on the past and how it has led me to where I am today. At the beginning of my career I would not have imagined receiving this prestigious award from this prestigious group. But then Hetherington would never have imagined our field as it is today. He and the other charter members of the academy had the foresight to found the organization, and together they provided the foundation that makes it possible for us to do what we do today.

History never looks like history when you are living through it.
—John W. Gardner

As I reflect on the past, I focus on four Ts: timing, technology, teams, and thank you. More details are provided in the full manuscript in the academy papers. At the outset I acknowledge that my comments reflect my recollections of the past.

To look back on history is inevitably to distort it.
—Norman Pearson

Timing

Timing plays a huge role in what we do and what we become. World War II changed my parents. My father served in the Navy and my mother worked to support two young boys. Changes in federal laws forced a change in my father's postwar career, resulting in a move from Ohio to a remote ranch in New Mexico. Things change!

The Korean War, the “Report That Shocked the President” (Sports Illustrated), and the rise of sports in the postwar years all influenced me as I entered college in the late 1950s. The Vietnam War and the draft lottery changed the course of my life. I was able to study physical education when others went to war. The election of President Kennedy brought a new idealism to many of us. His death was the tragedy of our times. His Peace Corps and its fitness program provided me with early opportunities in our field. The civil rights movement and the accompanying student rights movement (counterculture movement) changed the face

Continue on Page 19
Hetherington Comments: Reflecting on the Past

of higher education—including kinesiology (then known as physical education). I was there to experience them. Things change!

The emergence of our academic discipline occurred just as I was beginning my higher education and had a huge impact on those who began careers in the 1950s and 1960s. Specialization changed our journals, our books, and our research. Things change!

The fitness movement of the late 1950s and 1960s put our field in the spotlight (e.g., Cooper’s Aerobics, television personalities). The women’s rights movement affected us all during the 1970s. Putting a man on the moon and Sputnik had both positive and negative effects on our field. Physical performance in space showed the importance of our areas of study, but the emphasis on science had a negative impact on physical education programs. Epidemiological research led to the Surgeon General’s Report on Physical Activity and Health (1996) and showed the world the importance of what we do. The gay rights movement had a huge impact on our family, especially for our two gay sons. Things change!

No matter what accomplishments you make, somebody helped you.
—Althea Gibson

Teams

What I have achieved, including this Hetherington Award, would not have been possible without the teams I have been fortunate enough to live and work with. My family, including my mom and dad who taught in a two-room schoolhouse, fostered a strong educational ethic. My teachers, teammates, and coaches, especially Carol Charles, now a retired SDSU professor and prolific author, helped me grow and develop. My professors at the University of New Mexico (thanks, Armond Seidler) and the University of Illinois sparked my creative energies. Stints at St. Michael’s College, the University of Toledo (special thanks to John Burt who served as a mentor), and Texas A&M (experienced first African American football player in Southwest Conference and first exposure to segregated schools) exposed me to teams of people that allowed me to teach, research, and serve, and it sparked an interest in working for equal rights for all people.

At Kansas State, serving as department chair and de facto women’s athletic director allowed me to learn and provided a challenge (thanks to Dave Laurie and Paige Mulhollan). A yearlong sabbatical at Penn State exposed me to a high-powered team there. Twenty-five years at Arizona State University exposed me to teams of leaders from whom I learned much (special thanks to longtime office mate and research partner Bob Pangrazi). Professional organiza-
Hetherington Comments: Reflecting on the Past

Ordinations such as AAHPERD and NCPEAM (now NAKHE) offered early opportunities to present research and serve, as did ACSM and NASPSPA in later years. Fitnessgram exposed me to a board of scholars from whom I took much more than I received. The President’s Council allowed me to serve with many teams in many ways. Publishers allowed me to team with top-notch people (such as, Ruth Abernathy, Aileen Lockhart, Merrill Hill, Ruth Lindsey) and current coauthors (Greg Welk, Will Corbin, Karen Welk, Guy Le Masurier, Dolly Lambdin, Meg Griener, and Karen McConnell). Human Kinetics and its dedicated team did much to help me (special thanks to Rainer and Julie Martens and Scott Wikgren). We are all changed by the teams around us.

Thank You

Thank you, teams—all of you. The most important team is my family. Without them I would not be receiving this award. Thanks to my wife, Cathie (50th anniversary on June 12, 2013); our three sons, Charles Jr., Dave (partner Kris), and Will (wife Suzi and four daughters); my brother David and his family; and our parents.

Finally, thanks to fellows of the academy and those who nominated me: Brad Cardinal (thank you for the kind introduction), Hans van der Mars, Barb Ainsworth, Ang Chen, Matt Mahar, Jim Morrow, Robbie Park, Tom Templin, and Earle Zeigler.

Any time gone by was better.
—Jorge Manrique

As this conference has pointed out, we all learn from the past. An understanding of how we got where we are helps us find out where we are going. There was much good about the past, and I relish it. But if there is anything that I know for certain, it is that things will change in the future. The best of times are yet to come, but they will be different.

A more detailed paper from Dr. Corbin and credits for quotes used will appear in the Academy Papers edition of Kinesiology Review.
NAK Members News

Dean Jane E. Clark (348) of the University of Maryland School of Public Health received the Distinguished Scholar Award from the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) for her long-term scientific contributions related to infant and children’s motor development and children with movement difficulties. The award has been given to only 17 scholars in the history of the organization, and Dr. Clark is the second woman to receive the distinction.

The NASPSPA is a multidisciplinary association of scholars from the behavioral sciences and related professions with the goal to develop and advance the study of motor behavior and sport and exercise psychology.

Dr. Clark was appointed dean of the University of Maryland School of Public Health in July 2012. She is a professor in the department of kinesiology and served as chair of that department for 10 years. Dean Clark’s work focuses on understanding the development of movement control and coordination in motor skills. Her current research examines the role of sensory information in the development of upright posture and locomotion in infants.

Howard Zelaznik (337) has been awarded the distinction of fellow from the American Association for the Advancement of Science, the world’s largest general scientific society. Zelaznik, professor of health and kinesiology and associate vice president for research at Purdue University, was selected for distinguished contributions to the fields of psychology and kinesiology, particularly for the development of a theoretical framework in movement timing. The distinction recognizes notable work in advancing science or its applications, and fellows are elected by peer members.

David Sugden (International) and Mike Wade (312) have published a new book, Typical and Atypical Motor Development.

Sugden and Wade, leading authors in this area, comprehensively cover motor development and motor impairment, drawing on sources in medicine and health-related studies, motor learning, and developmental psychology. A theme throughout the book is that movement outcomes are a complex transaction of child resources, the context in which movement takes place, and the manner in which tasks are presented. The core themes of the book involve descriptions of motor development from conception through to emerging adulthood; explanations of motor development from differing theoretical,
empirical, and experiential perspectives; and descriptions and explanations of atypical motor development when the resources of the child are limited in some way.

Mike Metzler (493) has been appointed to serve on the President’s Council on Fitness, Sports, and Nutrition Science Board. His three-year term will start in January 2014. The President’s Council on Fitness, Sports, and Nutrition advises the Obama administration in its efforts to improve Americans’ health and quality of life. The Science Board, which was established in 2003 as a subcommittee of the President’s Council, drafts recommendations and advice for the council on matters related to nutrition, physical activity, and fitness. The board will advise the PCFSN on new, relevant research and help vet the science behind recommendations the council is considering.

Dr. Anthony C. Hackney (498), an exercise physiologist in the department of exercise and sport science at University of North Carolina at Chapel Hill, was named a recipient of the University of Santiago (Chile) Medal of Distinction for 2013. Dr. Hackney is receiving this award for his work in Chile as well as throughout Latin America because of his research and public advocacy concerning the health benefits associated with leading a physically active lifestyle. Dr. Hackney’s research has focused on how physical activity brings about positive changes in the endocrine system as associated with stress and disease. Dr. Hackney is also being awarded an honorary professorship of medical sciences in the faculty of medicine at the university. The Medal of Distinction is the highest honor awarded by the University of Santiago, which is ranked as a top 10 university in Latin America. In addition to Dr. Hackney, the other recipient named to receive this award this year is Michelle Bachelet, a physician and the former first female president of Chile, who is a United Nations envoy and ambassador for women’s issues. Hackney is the first UNC-CH faculty member to receive these distinctions from the University of Santiago. At UNC-CH Dr. Hackney also holds faculty appointments in the Gilling School of Global Public Health (nutrition) and in the School of Medicine (allied health sciences).

Dr. Anthony Hackney

Nicholas Stergiou (510) is the director of the new Biomechanics Research Building at the University of Nebraska. Stergiou will oversee all operations, research, and teaching that occur in the building. He has a full-time staff including one coordinator and two lab technicians.

The mission of the Biomechanics Research Building will be to serve not only UNO but the entire University of Nebraska system and the state of Nebraska by educating and developing a dynamic workforce and by enhancing economic growth through development of biotechnology and biomechanical intellectual property. Our mission will be fulfilled through our four research divisions: Neurophysiology of Gait, Neuromuscular Control of Balance and Posture, Robotics Rehabilitation and...
NAK Member News

Barbara Ainsworth (376) has received the faculty honor of 2013 regents' professor at Arizona State University. Ainsworth is a professor of exercise and wellness and associate director for health promotion faculties in ASU’s School of Nutrition and Health Promotion. She is president of the National Academy of Kinesiology and is the former president of the American College of Sports Medicine. In 2006, she joined the faculty at ASU and is an affiliate professor in ASU’s School of the Science of Health Care Delivery.

The title of regents’ professor is the highest faculty honor awarded at Arizona State University. It is conferred on ASU faculty who have made pioneering contributions in their areas of expertise, have achieved a sustained level of distinction, and enjoy national and international recognition for these accomplishments.

NAK Mourns the Loss of Two Valued Fellows

In the past year, the NAK community has lost two of its highly valued fellows: Priscilla M. Clarkson (339) and John A. Lucas (241). Both of them made significant contributions in moving the fields of physical education and kinesiology forward.

On behalf of the entire NAK community, I wish to extend my condolences to the families of these three prominent scholars and professionals. They will not be forgotten.

With deepest sympathy,
Mike Metzler
Memorials Committee chair
Committee Assignments

Standing Committee on Awards
Mark Grabiner (2014)
University of Illinois - Chicago

Dixie Thompson (2014)
University of Tennessee

Mary Jane DeSouza (2015)
Penn State University

Joseph Starnes (2015)
University of North Carolina, Greensboro

Jill Whitall (2016)
University of Maryland

Dan Blanke (2016)
University of Nebraska

Standing Committee on Documents of Governance
Patty Freedson, Chair (2016)
University of Massachusetts

Tony Hackney (2016)
University of North Carolina, Chapel Hill

Mike Bemben (2016)
University of Oklahoma
Historian

David Wiggins
George Mason University

Standing Committee on Membership
Susan Zieff Chair (2014)
San Francisco State University

Paul DeVita (2014)
East Carolina University

Jane Kent Braun (2014)
University of Massachusetts

Robert Spina (2015)
Old Dominion University

Kathleen Janz (2015)
University of Iowa

Ronald Zernicke (2015)
University of Michigan

Bo Fernhall (2016)
University of Illinois, Urbana-Champaign

Kevin Guskiewicz (2016)
University of North Carolina, Chapel Hill

Kathy Williams (2016)
University of North Carolina, Greensboro

Standing Committee on Memorials
Russ Pate Chair, (2014)
University of South Carolina

Jody Jensen (2015)
University of Texas, Austin

Nicholas Stergiou (2016)
University of Nebraska at Omaha

Standing Committee on Nomination and Election of Officers
Cathy Ennis, Chair (2014)
University of North Carolina, Greensboro

Mindy Millard-Stafford (2014)
Georgia Institute of Technology

Jim Pivarnik (2014)
Michigan State University

James Grave (2014)
University of Utah

Don Morgan (2016)
Middle Tennessee State University

Standing Committee on Doctoral Programs
Beverly Ulrich, Chair , (2015)
University of Michigan

Teachers College, Columbia

Deb Feltz, (2014)
Michigan State University

John Challis (2016)
Penn State University

David Bassett (2016)
University of Tennessee
Executive Board 2012-2013

President
Barbara Ainsworth, PhD
Arizona State University
School of Nutrition and Health Promotion
500 N. Third St. Phoenix, AZ 85004
Phone: 602-827-2291
Email: barbara.ainsworth@asu.edu

President-Elect
Cathy Ennis, PhD
University of North Carolina, Greensboro
Department of Kinesiology
1408 Walker Ave.
Greensboro, NC 27402
Phone: 336-256-8565
Email: cennis@uncg.edu

Past President
Philip Martin, PhD
Iowa State University
235 Forker Bldg. Ames, IA 50114
Phone: 515-294-8009
Email: pemartin@iastate.edu

Secretary-Treasurer
Brad Cardinal, PhD
Oregon State University
220 Langton Hall
Corvallis, OR 97331-3303
Phone: 541-737-2506
Email: Brad.Cardinal@oregonstate.edu

Senior Member-at-Large
Brad Hatfield, PhD
University of Maryland
Dept. of Kinesiology
Room 2341 SPH Bldg.
College Park, MD 20742
Phone: 301-405-2485
Email: bhatfiel@umd.edu

Junior Member-at-Large
David Wiggins, PhD
George Mason University
10017 Latirmer Court
Fairfax, VA 22032
Phone: 703-993-2057
Email: dwiggin1@gmu.edu

Business Manager
Kim Scott
P.O. Box 5076
Champaign, IL 61825-5076
Phone: 217-403-7545
Fax: 217-351-2674
Email: kims@akpe.org

IMPORTANT DATES

February 1, 2014
New Fellow nomination deadline
and Nomination forms can be found
on the Website

Officer Nomination Deadline

March 1, 2014
Hetherington Award Nomination
deadline
Email nominations to Mark Grabiner

September 11-13, 2014
2014 Annual Meeting
Austin, Texas

AAKPE Newsletter
Managing Editor: Amy Rose
Copyeditor: Jan Feeney
Designer: Sean Roosevelt
Newsletter Advisors: Brad Hatfield, David Wiggins

Human Kinetics
P.O. Box 5076 Champaign, IL USA 61825-5076
www.HumanKinetics.com