In a historic decision made in colonial Williamsburg on October 9, 2010, the Fellows of the American Academy of Kinesiology and Physical Education (AAKPE) voted to change the organization’s name to the National Academy of Kinesiology (NAK) effective immediately.

A name change was initially inspired by a recommendation from an ad hoc Future Directions Committee, whose charge was to re-examine the organizational mission, structure, and function of the Academy. The committee recommended modifying the definition of kinesiology appearing in Academy materials to include physical education pedagogy as falling under the umbrella of kinesiology. As a result, the committee recommended that physical education be eliminated from the Academy name.

Because a name change would necessitate modifications to the bylaws of the Academy, the proposed amendment was distributed to Fellows in writing 30 days prior to the meeting as required of such actions. Prior to the annual business meeting at which the vote would be taken, the Executive Board discussed the proposal and its implications. Some suggested that changing from AAKPE to AAK would cause some confusion because we already have the AKA (American Kinesiology Association). Because the Academy is, among other functions, an honorary organization of elected Fellows, it was suggested that a more appropriate name could be National Academy of Kinesiology to be analogous to similar organizations such as National Academy of Sciences. Others agreed that National Academy of Kinesiology would be a good choice of name.

At the annual business meeting two days later, Debbie Rose, chair of the ad hoc Future Directions Committee, summarized the recommendation and rationale for changing the organization’s name to American Academy of Kinesiology.
AAKPE Becomes the National Academy of Kinesiology

Thomas proposed a friendly amendment that the name instead be changed to National Academy of Kinesiology. Penny McCullagh seconded the motion. A two-thirds affirmative vote was required to pass the proposed name change, and this was achieved with an overwhelming majority voting in favor of the motion. In the collegial spirit of this historic event, several sponsors of new Fellows invoked the new name, National Academy of Kinesiology, in introducing their nominees at the Saturday evening banquet and induction ceremony.

The Executive Board of the National Academy of Kinesiology has engaged in in-depth discussions this past year about its mission, function, responsibilities, and activities. The 2010 conference theme, “Bridging Kinesiology and Society,” organized by Bev Ulrich, was a big step in this direction by addressing important societal themes (Role of Physical Education; Multicultural Issues in Physical Activity and Health) and included a variety of stakeholders (i.e., Congress legislator, county public school coordinator, superintendent of public instruction, and executive directors of ACSM and APTA). The Executive Board is committed to continuing the momentum by: (a) forming national partnerships and collaborating on mutual interests and goals, (b) demonstrating the impact of kinesiology research on broader society issues, (c) broadening our visibility by building capacity and becoming involved in policy advocacy, and (d) developing a blueprint for the future in the form of a multiyear strategic plan.

The Executive Board welcomes any ideas you might have for moving forward on these objectives and also invites you to become involved or to nominate others to become involved in National Academy of Kinesiology committees, activities, and strategic planning. Please contact me with your ideas and nominations at mrweiss@umn.edu.

IMPORTANT DATES

February 1, 2011: Deadline for new Fellow nominations (www.aakpe.org) and officer nominations; and deadline for Hetherington Award Nominations.

Please submit nominees for the Hetherington Award to Deborah Feltz at (dfeltz@msu.edu)

September 15-17, 2011: Annual Meeting at the Marquette Hotel in Minneapolis, Minnesota. More details will be available on the NAK Web site.

President’s Message

Continuing the Mo-Mentum on Bridging Kinesiology and Society

By Maureen Weiss, University of Minnesota

This year’s conference in Williamsburg exuded such good energy for me, and I hope it did for you too. Bev Ulrich’s conference theme of “Bridging Kinesiology and Society” provided provocative and timely discussions, and explicitly responded to members’ recommendations in our post-conference survey last year. These comments included: (a) addressing socially relevant issues, (b) including outside speakers and public stakeholders, (c) incorporating alternative modes of presentation (e.g., keynote and brief reactions; panel or roundtable discussions), and (d) increasing conference sessions and decreasing free time.

Members also expressed that the Academy could place a greater focus on disseminating evidence-based knowledge to the public, for example, by developing and publishing position papers. To this point, Bev Ulrich convened an ad hoc committee that met at the conference to...
Continuing the Mo-Mentum on Bridging Kinesiology and Society

begin a dialogue about what kinds of papers to focus on, what outlets to select for dissemination, possible topics, and protocols for review. To continue this momentum, I will be creating an ad hoc committee this year to develop procedures for developing and disseminating position papers.

Another feature of the conference was a session on “Opportunities and Barriers to Bridging Kinesiology and Society: Suggestions from Organizations That Have Succeeded.” Presentations by and discussions with Jim Whitehead, executive director of American College of Sports Medicine, and Rebecca Craik, from the American Physical Therapy Association, shed light on how these organizations successfully engaged in capacity building and identified goals and strategies to achieve their vision. Both offered thoughtful and productive ways in which the Academy might adopt strategies for attaining long-term goals and a future vision. Roberta Rikli, Patty Freedson, and I participated in a follow-up conference call with Jim Whitehead to pursue our mutual interests and further dialogue about ideas for how the Academy might raise its visibility and become more involved in policy advocacy. Stay tuned to our continuing developments in this area.

As part of the Executive Board’s preconference meeting, we discussed with AKA Executive Board members our two organizations’ missions, roles, and potential areas of collaboration. This meeting was valuable in distinguishing AKA as the overarching organization that promotes kinesiology to member institutions, while NAK serves as an honorary organization that promotes the field through the annual meeting, Academy papers, doctoral program reviews, and, soon, position papers. This is a natural collaboration in that AKA can disseminate, promote, and advertise information from NAK about position papers, the annual conference, and doctoral program reviews through access to 800 kinesiology departments spanning research universities and regional colleges. For example, my piece about the AAKPE becoming the National Academy of Kinesiology was published in the AKA newsletter and sent electronically to several hundred institutions. The NAK Executive Board plans to continue discussions with the AKA Executive Board about mutual interests and collaborations.

Finally, a word about next year’s conference in the Twin Cities on September 15-17, 2011. Roberta Rikli is planning an exciting program that builds on the theme of kinesiology’s relevance to society. We will be meeting in a fabulous hotel, The Marquette, in downtown Minneapolis. Take it from me—Minneapolis is the new Portland.

Please feel free to write or call me with any ideas you have about NAK, the conference, and initiatives.

Minneapolis, Minnesota will be the site for the 2011 NAK Annual Meeting.

This city is vibrant, cultural, eco-friendly, and committed to physical activity and health (it ranks in the top five of ACSM’s list of physically active cities). I’ve weathered all the jokes about the cold, but I guarantee you will love this town and all it has to offer. For Friday evening, choose from the Dakota Jazz Club, Target Field, Orpheum Theatre (Broadway), Guthrie Theatre (Modern), Fitzgerald Theatre (Prairie Home Companion), Walker Art Center, Minneapolis Institute of Arts, or dinner at one of many outstanding restaurants. Of course, there’s always the Mall of America. Plan on coming early or staying late, and I promise you will have the time of your life—at the conference and in the city.

Please feel free to write or call me with any ideas you have about NAK, the conference, and initiatives. And don’t be shy about volunteering to serve on committees—or responding affirmatively if I call you!
Past President’s Message

Making Kinesiology More Central to University Missions

By Roberta Rikli, California State University, Fullerton

First, I want to recognize and thank those who contributed so much to the success of our recent Annual Meeting in Williamsburg and to the operations of the Academy throughout the year. The action-packed 2010 conference program, under the leadership of Bev Ulrich and her committee, was excellent, as was the work of Kim Scott and Amy Rose in coordinating the meeting logistics.

Other highlights of the past year included completion of the Academy’s second doctoral program review, which provided detailed descriptions and a ranking of most of the major kinesiology doctoral programs in the United States. Special thanks to Waneen Spirduso and her committee for coordinating this important effort and to Jim Morrow and Allen Jackson for providing the data analysis and final report, a summary of which appear on the Academy Web site and will be published as part of the 2011 Academy Papers.

As president, one of my major goals last year was to establish a systematic process for revisiting the organizational structure and function of the Academy and, as such, appoint a Future Directions Committee consisting of Brad Cardinal, Janet Harris, Scott Kretchmar, Penny McCullagh, Debbie Rose (chair), and Dan Weeks. The outstanding work of this committee culminated in several recommendations including: 1) expanding the purpose and activities of the Academy to promote greater visibility and influence for the field, 2) inviting to our annual meetings, on a regular basis, keynote speakers from outside the discipline who can bring new perspectives regarding kinesiology role in society, 3) increasing collaborative relationships and partnerships with other organizations to further promote the scientific and professional goals of kinesiology, 4) modifying the Academy’s definition of kinesiology to include physical education pedagogy as a subdiscipline within the field, and 5) removing physical education from the title of the organization, a recommendation which ultimately led to our new name, the National Academy of Kinesiology (see President Weiss’ message for additional discussion). I want to personally thank those who agreed to serve on this committee for their good work and thoughtful recommendations, which are sure to influence future planning for years to come.

Looking ahead to next year and the first conference of the “National” Academy of Kinesiology (NAK), the major responsibility of the past president is to oversee the program planning and development of a conference theme. The theme selected for the 2011 conference (Minneapolis, September 15-17) is “Kinesiology Research: Its Impact on Society,” a theme that we hope, in support of our new name, will aid in promoting more of a “national” presence for the Academy. The conference will focus on a cross-disciplinary examination of influential research findings in kinesiology that have had a significant impact on public policy and practice and on future opportunities for addressing issues of importance within society.

Because university administrators and community constituents—as well as state, federal, and private funding agencies—place an increasingly higher value on programs that have potential for “making a difference” in the world we live in, the time has never been better for the field of kinesiology to become more “central” to the academic mission of universities or more influential in addressing national issues related to health (see President Weiss’ message for additional discussion). I want to personally thank those who agreed to serve on this committee for their good work and thoughtful recommendations, which are sure to influence future planning for years to come.

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Continue on Page 22
President-Elect’s Message

Moving the Field of Kinesiology Forward

By Patty Freedson, University of Massachusetts

It is an honor and a privilege to have been elected as the next president of the National Academy of Kinesiology. I look forward to working with the NAK Board and seeking guidance and advice from Past President Roberta Rikli and President Maureen Weiss. I will be part of the leadership team of NAK for the next three years and will do my best to build on the extraordinary work of the Academy. I will work on continuing to move the field of kinesiology forward to “promote the study and educational applications of the art and science of human movement and physical activity.”

I am writing this letter on the eve of the mid-term elections, which is timely since my primary responsibility during my first year of service to the Academy will be to chair the committee on nominations and election of officers. In the Academy we will not have to vote for Republicans, or Democrats, or Independents, or Tea Party members. We will not have to satisfy demands from special interest groups nor are there any hidden political agendas of any one person or group of individuals. We will have the privilege of nominating and voting for officers from a collection of outstanding colleagues and scholars who are passionate about kinesiology and want to serve the members of the Academy in promoting its mission and vision within academia and to society at large.

The members serving on the Nominations and Election of Officers Committee are Li Li Ji, Howard Zelaznik, Jill Whitall, and Melinda Solomon, and we welcome any and all nominations for president-elect and member-at-large. Please send these nominations to me by February 1, 2011. (See the sidebar for more information.) The committee will then review all nominations and prepare a slate of officers for our next election.

Thank you for electing me to this leadership position. I am truly honored. I will maintain the interests of the NAK as a top priority, serving our members, promoting scholarship, and extending our reach to the broader scientific and professional communities.

CALL FOR OFFICER NOMINATIONS

We must elect two new Academy officers in 2011: a president-elect and member-at-large. The criteria for those offices are as follows:

President-Elect: Active Fellow, 4 years membership in the Academy (Fellow number 474 or below, elected in 2006 or earlier)

Member-at-Large: Active Fellow, 1 year membership in the Academy (Fellow number 494 or below, elected in the year 2009 or earlier)

Other Eligibility Rules
1. Any Fellow currently holding office is eligible for nomination for the same or another office only during his/her final year in office.
2. Two Fellows from the same institution may not be placed on the ballot for the same office.
3. Nominations may be made by all Fellows, but only active Fellows are eligible for office.

Send nominations by February 1, 2011, to:
Patty Freedson, PhD
University of Massachusetts
Department of Kinesiology
30 Eastman Lane
Amherst, MA 01003
Phone: 413-545-2620
Fax: 413-545-2906
E-mail: psf@kin.umass.edu
New Fellows Inducted at Annual Meeting

Eight new Fellows and two international Fellows were inducted at the annual meeting in October. Please join us in congratulating these outstanding individuals.

2010 New Active Fellow
David R. Bassett, PhD (#495)
University of Tennessee
Sponsors: Edward Howley, Craig Wrisberg, Wendell Liemohn

Dr. David Bassett is a professor at the University of Tennessee in Knoxville. He is an internationally recognized expert in physical activity and health, and he and his graduate students have published 96 peer-reviewed publications with a focus on how to measure physical activity—an important piece of the puzzle linking physical activity to health outcomes. He also has helped translate the science to the practitioner through 10 book chapters. Finally, his book *Pedometer Walking: Stepping Your Way to Health, Fitness and Weight Loss* (with Mark Fenton) was written for the layperson with a focus on how to use the pedometer to improve health.

Dr. Bassett has served on the Board of the Southeast Chapter of the American College of Sports Medicine and the Science Board of the President’s Council on Physical Fitness and Sports. He also served as an associate editor of *Medicine and Science in Sports and Exercise* and has just completed his three-year term on the Board of Trustees of the American College of Sports Medicine.

Dr. Bassett has provided distinguished leadership as director of the Exercise Physiology Lab at the University of Tennessee (UT) for the past 22 years. He is co-director of UT’s Obesity Center

NEW FELLOW RESPONSE
By Ang Chen, University of North Carolina at Greensboro

Good evening. It is such a great honor for me to represent the incoming class of new Fellows to express our gratitude. First, we would like to thank our sponsors. For many years you have inspired our work, have mentored or nurtured us, and some of you have worked with us in many exciting and challenging projects and tasks. You, and all the Fellows of the Academy, have demonstrated to us what a scholar should do to contribute to the great field of kinesiology through research, teaching, and service. You have been and will continue to be our role models for the years to come.

Second, we would like to thank the Membership Committee for their service in the new fellow selection process. We all know how time consuming it can be when it comes down to service, either for university affairs or professional organizations.

Third, we would like to thank all voting members of the Academy for your vote of trust, which extends one of the greatest honors in the field of kinesiology to us. We won’t let you down!

Being a fellow means we must continue our pursuit for excellence in our work. We are aware that coming with this great honor are challenges. It challenges us to better infuse our daily research, teaching, and service into the advancement of kinesiology. It challenges us to be role models for the next generation of scholars. It challenges us to join with all Fellows to answer the call to bridge kinesiology and society. Last but not least, it challenges us to remember Woody Allen’s infamous line, “80% of success is showing up.” But we promise that we will do better than merely “showing up” at annual meetings; we will actively serve the Academy and the field of kinesiology.

Continue on Page 18
Consider it an honor to introduce you to our Hetherington Award recipient. Dr. Jack H. Wilmore (Fellow #252) is internationally recognized for his many scholarly and professional contributions to the field of kinesiology and has contributed significantly to the development of our field in numerous ways. For my introduction of Jack, I will follow closely the nomination letter that was submitted to the awards committee.

First, some biographical information. Dr. Wilmore received his PhD in 1966 in physical education from the University of Oregon, after having received BA and MA degrees in physical education from the University of California, Santa Barbara. He began his faculty career in 1965 as an assistant professor at Ithaca College. After a one-year stint at Ithaca, Jack relocated to California, where he served as an assistant professor of physical education and assistant research physiologist in the Environmental Physiology Laboratory at the University of California, Berkeley, for four years. In 1970-71, he was the director for physiological evaluation at the Preventive Medicine Center in Palo Alto, California, before heading to Davis, California, to assume responsibilities as associate professor and director of adult fitness in the Department of Physical Education at UC Davis. In 1976, he began a nine-year appointment at the University of Arizona, where he was professor and head of the Department of Physical Education, during which he received an appointment as a professor in the Department of Surgery in the College of Medicine. In 1985, Jack became the Margie Gurley Seay Professor and chair of the Department of Kinesiology and Health Education at the University of Texas at Austin. After a 12-year stay at UT Austin, Dr. Wilmore was appointed as professor and head of the Department of Health and Kinesiology at Texas A&M University. He was named a Distinguished Professor at Texas A&M in 2000. Jack is now retired and living in Saddlebrook, Arizona, where he continues his professional activities.

Now I want to present to you some evidence of the impact Dr. Wilmore has had on our field, which underscores the rationale for his receiving this award. Jack has an extensive record of research scholarship, leadership, and service, as well as many honors from academic institutions and professional organizations. During his career, he has contributed to well over 300 research publications and 50 book chapters. Several themes are prominent in his publications: methods for assessing body composition and the effects of exercise training on body composition, physiological profiles of endurance athletes, and exercise-induced changes in physiological markers, implications of beta-adrenergic blockade for exercise prescription and exercise performance, and cardiovascular risk factors in multiple populations. One of his most productive research efforts was the HERITAGE project, a major collaborative effort involving investigators from five institutions. The research focused on explaining the role of genotype in cardiovascular and metabolic responses to aerobic training and the contribution of inherited factors to training-induced changes in cardiovascular and diabetes risk factors. NIH funding for this effort extended over an 11-year period, and the project has resulted in more than 130 publications in some of the best research journals related to human health and physiology. In support of his research, he has received more than $2.7 million in grant funding from the NIH, NASA, US Air Force, E.I. DuPont, Sandoz Pharmaceuticals, and Stuart Pharmaceuticals.
Jack Wilmore Accepts 2010 Hetherington Award

The Academy awarded the 2010 Hetherington Award to Jack Wilmore. Following is Wilmore’s acceptance speech at the Academy’s annual meeting in October.

To all of the members of the American Academy of Kinesiology and Physical Education, and particularly the members of the Hetherington Award Committee, I extend my sincere thanks for the honor of being selected as the 2010 Hetherington Award recipient. When President Roberta Rikli contacted me in mid-April to inform me of my selection, I thought she must have the wrong number! I was totally surprised but very grateful when President Rikli shared with me the results of the committee’s decision.

When something like this happens in your life, you have to ask yourself, “Why me?” The natural inclination was to conclude that this award was the result of all of my hard work, brilliant leadership, and unprecedented scholarship. It didn’t take long to figure out that was not the case! It was time for deep reflection, and the result, I

Jack Wilmore delivers his acceptance speech.
**Doctoral Program Evaluation Results for 2010 Now Available**

*By Waneen Spirduso, Chair, Standing Committee on Doctoral Program*

The third round of the review of doctoral programs in kinesiology has been completed, and the results were reported in the 2010 AAKPE/NAK Business Meeting on October 9. Chairs, heads, and deans of kinesiology departments, along with the deans of their respective graduate schools, received a 12-page report of the review outcomes the week of the AAKPE/NAK meeting. Thirty-six schools participated in this round of review. Nine schools were added, but six who participated in the 2005 review declined to participate in 2010. The data collection process and analyses presented no problems, and many fewer questions regarding the instructions for data collection were received on this round.

The analyses were conducted by Dr. James R. Morrow and Dr. Allen W. Jackson, as directed by the AAKPE Standing Committee on Doctoral Programs. Data were weighted according to the Academy-approved weightings for each indicator and standardized to T-scores. Four methods of regression analysis were used to obtain a T-score and, thus, rankings. These methods varied according to two factors: whether the raw score distributions were adjusted for faculty size or not adjusted, and whether the distributions were truncated or not to account for outliers. Post analysis, the factor of truncation was eliminated (Method #2 and #4), as these two methods correlated with their adjusted/not adjusted paired factor, $r = 0.99$. Thus, method #1 (adjusted for faculty size and method #3, unadjusted, were presented to the AAKPE/NAK Business Meeting, reported to the heads of administrative units, and will be reported in the detailed written document to be published in *Quest* in spring 2011. The 2010 rankings, adjusted and not adjusted, are posted on the AAKPE/NAK Web page under Doctoral Program Review.

Of interest is the observation that the 36 schools participating reported receiving almost $195 million in federal funding, $94 million in nonfederal grants, and approximately $12 million in internal funding over the five-year review period.

The Doctoral Program Review Committee is composed of Dr. Waneen Spirduso (chair), Dr. Daniel Corcos, Dr. Kirk Cureton, Dr. Scott Kretchmar, and Dr. Gil Reeve. As always, the Academy is deeply grateful to Kim Scott and Amy Rose of Human Kinetics for their extensive and excellent work on this project.

If you are a faculty member or chair of a department who has completed the doctoral evaluation forms, participated in the process, read the business report that was distributed, and has comments or recommendations for change, please send those to Dr. Waneen Spirduso, chair of the AAKPE/NAK Doctoral Evaluation Committee at spirduso@mail.utexas.edu.

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**Creating and Updating Personal Profiles on the NAK Web site**

The NAK Business Office is working hard to make sure our new Web site looks great and contains the latest, most up-to-date information available.

NAK members can help in this effort by making sure the information in your personal profile is accurate and complete. This information is used in many ways, including the Membership Directory function. If your profile is incomplete or inaccurate, then that bad information transfers into the Membership Directory and does not provide a useful resource for colleagues and visitors.

Please take the time to review your online profile. The most commonly overlooked fields are on the second tab, under Additional Information. This page contains your Institution Affiliation and Specialty Area, which are especially important to providing information to the Web site. Also, please make sure simple things like capitalization and spelling are correct in all fields. If you have questions or trouble updating your profile, contact Amy Rose at amyr@hkusa.com.
The New England Chapter of the American College of Sports Medicine has named one of the keynote lectures in honor of Priscilla Clark-son (Fellow #339), dean of the Commonwealth Honors College and Distinguished Professor of Kinesiology at the University of Massachusetts. The first Clarkson Lecture was given at the 2010 NEACSM fall meeting in Providence, Rhode Island.

The Research Consortium of AAHPERD recently announced that Chuck Corbin (Fellow #267) has been selected to deliver the C.H. McCloy Lecture at the AAHPERD National Convention in San Diego, March 29-April 2, 2011. Scholars who “have made outstanding contributions to HPERD through their research efforts” present the McCloy Research Lecture annually. Inaugurated in 1980, the lecture is named for Charles H. McCloy, a pioneer scientist and leader in HPER. Corbin is a past president of AAKPE. His topic will be “Advancements in Fitness and Activity Research: 50 Years of Innovation.” Since the McCloy lecture was first presented, each of the presenters has been a fellow of AAKPE.

Patty Freedson (Fellow #368), professor and chair of the Department of Kinesiology at the University of Massachusetts, was awarded a two-year $150,000 grant from the UMass Life Sciences Moment Fund, established by the UMass president’s office to foster intercampus research collaborations. Her collaborators are Dr. Patricia Franklin and Dr. David Ayers from the Department of Orthopedics and Physical Rehabilitation at the UMass Medical School. The title of their project is “Technology to assess physical activity and sedentary behavior in aging adults with osteoarthritis.”

Steve Silverman (Fellow #374), Teachers College, Columbia University, was inducted as a fellow in the American Education Research Association at this year’s meeting. AERA recently initiated the Fellows program, and Steve was in the second class of elected Fellows.

Frank Smoll (Fellow #336) and his colleague, Dr. Ronald Smith, of the University of Washington are in the final phase of an eight-year program of translational research. Funded by a grant from the William T. Grant Foundation, the Youth Enrich-ment in Sports (YESports) project is designed to develop, evaluate, and disseminate educational programs for youth sport coaches and parents. The project initially involved development of Mastery Approach workshops that were tested and proven effective in a series of field experiments. The workshops were then transformed into self-instructional DVDs, previews of which are posted on a project Web site (www.y-e-sports.com). Most recently, YESports was chronicled in an article in the April issue of Monitor on Psychology, a monthly magazine distributed to 108,000 members of the American Psychological Association. The article can be accessed online at http://www.apa.org/monitor/2010/04/coaching.aspx. As indicated in the article, Smoll and Smith are working to find corporate sponsors to financially support distribution of Mastery Approach DVDs to coaches and parents—free of charge.

In Memoriam

Elsworth (Buz) Buskirk was born in 1925 in Beloit, Wisconsin, and died during 2010 in University Park, Pennsylvania. At the time of his death, he was an emeritus professor of applied physiology and human nutrition at Pennsylvania State University and a former recipient of an Endowed Chair in Human Performance.

He earned his BA degree from St. Olaf College in Minnesota with majors in physical education and biology. After receiving an MA from the University of Minnesota, he was accepted into the school’s Physiological Hygiene PhD program under the leadership of Dr. Ancel Keys, who during and after World War II had become renowned for developing the “K” ration and for his studies on human starvation. Buskirk’s tenure as a graduate student was eventful because he was given the opportunity to collaborate with scholars including Henry Taylor, Josef Brozek, Ernst Simonson, and Joseph Anderson. Thus, it was no surprise that, after he received the PhD degree in 1954, his research with Henry Taylor on measuring VO\textsubscript{2} max became a methodology cornerstone for exercise physiologists for decades to follow.

Buskirk left Minnesota to accept a position as a physiologist with the U.S. Army Quartermaster Research and Development Center in Natick, Massachusetts, where he became chief of the Environmental Physiology Section. He became involved in a myriad of studies, one of which became a classic because he demonstrated that conditioned dehydrated subjects could improve performance whereas conditioned and acclimatized subjects could not. Later on, NIH officials recruited Buskirk for the purpose of establishing a “state-of-the-art” metabolic climatic laboratory, and to lead a research program in the area. For Fellows who are familiar with the functioning and use of the Beckman Metabolic Cart in laboratory research, think Buskirk, as he developed the template that became the commercial product. Perhaps his most important contribution was his lobbying for an NIH study section that addressed the issues and problems of environmental and exercise physiology. In 1964, his efforts bore fruit with the establishment of an Applied Physiology Study Section.

During 1963, he accepted the opportunity to become a professor of applied physiology and the Director of the Laboratory of Human Performance at Pennsylvania State University, where he built one of the premier programs in the exercise sciences within North America. At the time of his death, he had trained 28 PhD students and supervised 27 postdoctoral trainees. Buskirk conducted research in body composition and assessment, obesity and its ramification, thermoregulation and performance, performance at high altitude, exercise as an intervention against cardiovascular disease, and pulmonary function. Emerging from these research endeavors were more than 250 publications and 5 books.

During his career, Buskirk served as an associate editor (Journal of Applied Physiology), editor-in-chief (Medicine and Science in Sport and Exercise), member and chair of an NIH study section (Applied Physiology and Bioengineering), chair of Environmental and Exercise Section (American Physiological Society), and a reviewer for 14 different scientific journals. He was the eighth president of the American College of Sports Medicine (ACSM) and received the Honor Award for Research by ACSM and by the APS Section on Environmental and Exercise Physiology.

While Buskirk’s contributions to and involvement with the Academy were limited, his contributions to AAKPE’s ideals of scholarship, mentoring, research, and contributions to the profession have been maximal. Thus, it is for this reason that we mourn his death on March 28 of this year.

Continue on Page 12
Marguerite Ann (Mickey) Clifton earned her BA degree from the University of Redlands, her MA degree from the University of Southern California, and her EdD from Stanford University. Mickey held faculty positions at UCLA (where she also served as the head of the undergraduate men's and women's physical education major unit) and Purdue University (where she was the chair of the department of physical education for women). She also served as department chair of Physical Education at California State University, Long Beach, where she was awarded Professor Emeritus status in 1987. She was passionate in her efforts to improve and promote the field of women's physical education.

As early as 1964, Professor Clifton was speaking out publicly for intercollegiate sport opportunities for women. She was the first woman to deliver an address to the NCAA on this topic, titled “Extending the Horizons for Interscholastic Sports Competition.” Throughout her long career, Mickey took on numerous leadership positions in physical education-related organizations. For example, she served as president of AAPE, AAHPER, AAPAR, and NAPEHE. In her research, Mickey specialized in childhood motor skill development and devoted her career to promoting women’s physical education. Along with Hope Smith, Mickey authored the text *Introduction to Human Movement*. Both authors agreed to donate one-third of the royalties from their book to help expand the Department of Physical Education for Women.

Mickey was recognized for her contributions in 1965 by being elected to the American Academy of Physical Education. She also became a fellow of the American College of Sports Medicine, a member of Sigma Xi, a member of the Research Council of AAHPER, associate editor of *Research Quarterly*, a member of the Athletic Board of Stanford University, a member of the International Society of Sport Psychology, and the North American Society of Sports Psychology.

In 1980, Mickey Clifton delivered the inaugural Dudley Allen Sargent Commemorative Lecture. In his introduction of Mickey, Bruce Bennett probably best described her. He noted, “We rejoice in the presence of Dr. Marguerite Clifton, who is all of the things that Dr. Sargent was—a teacher, an administrator, an athlete, a scientist—and devoted to her students and to her profession. In addition, she possesses one virtue which Dr. Sargent had only in short supply. He could be rather blunt and gruff; Dr. Clifton is always gracious, tactful, and considerate.” Mickey was an accomplished golfer. She enjoyed gardening and participated regularly in film and book clubs. On September 9, 2009, Dr. Marguerite Ann (Mickey) Clifton passed away, and the Academy lost a compassionate and true leader.

Herbert A. de Vries, a professor emeritus of kinesiology at USC College who was known as the father of exercise and aging, died on October 1, 2009.

De Vries earned his master’s degree at the University of Texas at Austin, where he was inducted into the 2008 Hall of Honor. In 1960, he earned his PhD at USC. While there as professor, de Vries became one of the foremost exercise and muscle physiologists of his time. He was a preceptor at the Ethel Percy Andrus Gerontology Center and a laboratory chief at the center’s Physiology of Exercise Laboratory.

He authored or co-authored several leading textbooks on the physiology of exercise, most notably, *Physiology of Exercise for Physical Education and Athletics and Applied Exercises and Sport*.
Physiology. Bob Girandola, associate professor of kinesiology who joined USC College in 1973, noted that “Physiology of Exercise was the best book on the subject for its time.”

De Vries’ research focused on senior citizens and exercise. He was a big advocate for stretching as rehabilitation for the aging. In addition, de Vries also conducted extensive research on Alzheimer’s and Parkinson’s diseases.

John Callaghan, a graduate student with de Vries in 1966, called his mentor “a first-class fellow and gentleman of the highest order. He was a brilliant man; he knew his subject,” Callaghan said. “At that time, he was among the leading exercise physiologists in the country. His Physiology of Exercise book was the bible in the field.” De Vries also authored many scholarly essays on physical fitness and aging, examining the effects of exercise on the quality of life and maintaining that the most important outcome of physical activity is stress reduction. The American Association for Physical Activity and Recreation (AAPAR) named its Herbert A. de Vries Distinguished Research Award after the professor.

De Vries received the Silver Anniversary Award from the President’s Council on Physical Fitness and Sports; the D.B. Dill Honor Award, Southwest Chapter, American Academy of Sports Medicine; and the Citation Award of the American College of Sports Medicine. He also served as vice president of the American College of Sports Medicine and was a fellow in the Gerontology Society of America.

“de Vries authored or co-authored several leading textbooks on the physiology of exercise.”

Born October 9, 1917, in New York, New York, de Vries was raised in the Teaneck-Ridgewood area of New Jersey. His father died when he was 14, and he worked throughout high school to help support his family.

“We were hard up against it, but I had a wonderful life in many ways,” de Vries said in 2001. “I was always active, and in the summers when I had a spare minute, I went to the beach. I loved to swim, and I was doubly blessed because we also had some terrific lakes in the area. One of my favorite things was to get on my bike and ride to the best lake, take a swim, and ride back. It was a 46-mile round trip.”

His active youth morphed into a career in the field of exercise science. While he trained with weights and aquatics, he taught swimming and diving. In 1943, while stationed in central Texas with the Army Air Corps, he began his graduate work in Austin. Interested in the sciences, he attended the then-USC College of Medicine. During his second year of medical school, his then-wife became ill, and he dropped out to take care of his family. He took work operating the Long Beach Swim Club and became a professor at California State University, Long Beach, before completing his PhD at USC. In southern California, de Vries was also an avid surfer, his widow said. De Vries enjoyed long walks on the beach and worked out on his rowing machine until his health took a turn for the worse in March. His widow described him as “a gentleman all the way.”

Adapted from http://uscnews.usc.edu/obituaries/in_mourning_herb_de_vries_91.html

Barbara Forker, Fellow #232, professor, leader, and friend, was born August 28, 1920, in Kendallville, Indiana, and died on May 31, 2010, in Green Valley, Arizona.

Barbara received her bachelor’s degree from Eastern Michigan University (1942), a master’s degree from Iowa State University (1950), and her PhD from the University of Michigan (1958). She came to Iowa State in 1948 as an instructor intending a brief stay while pursuing a master’s degree but instead stayed until her retirement as distinguished professor emerita in 1986. Beginning in 1958, she headed the Women’s Physical Education Department and emerged as head of a combined women’s and men’s department.
in 1974. ISU was one of the early programs to merge departments, and Barbara was one of few women to end up as head of the merged departments—a real tribute to her strength and leadership. Former colleagues recognize that Barbara held them to high expectations but held herself to higher expectations. She once told her newly hired sport psychologist, “I am not sure exactly what a sport psychologist does, but I do know this department needs one if we are going to keep improving!"

Her close friend Dr. Louis Alley, long-time professor and head at the University of Iowa, was always supportive of her academic and professional leadership. Barbara was a treasure to many lifelong friends. The facility she designed in the early 1970s at ISU was named in her honor in 1997.

Barbara was a leader at Iowa State University, in AAHPERD, and for the U.S. Olympics. When her eyes were steely blue, it was obvious she was a firm woman who went after what she thought was right; when her eyes twinkled bright blue, we saw a kind and gentle person. She loved Iowa State University, AAHPERD, and the field of physical education. Jan Beran, Barbara’s friend and colleague at ISU, said, “Barbara was the quintessential physical education professional. She set high standards for herself and her department, was an effective advocate for the department, and led it to be one of the most respected programs in the nation.”

Barbara served the American Alliance for Health, Physical Education, Recreation, and Dance in every possible way, including as president in 1972-73. When she received AAHPERD’s highest honor, the Gulick Award, in 1984, she was overcome by emotion and could not speak. She received many other awards, including professor of the year and outstanding teacher at ISU, the AAHPERD Honor Award, and listings in Who’s Who of American Women and Foremost Women of the Twentieth Century.

Barbara served on the U.S. Olympic Committee from 1975 to 1984, including its Executive Board from 1980 to 1984. President Gerald Ford appointed her to a commission with eight senators and congressmen as well as several well-known sport figures to investigate and revise the nature of U.S. amateur sport. She was an often-invited speaker on Olympic sports and Title IX issues with more than 100 presentations and numerous papers.

Barbara Forker influenced our field by leading an emerging women’s movement and as an administrator supporting a shift to science in physical education departments. She did this while working effectively with men and maintaining the important role of physical education as evidence-based practice. Barbara was a role model to many women in our field, a friend to the field, and selflessly dedicated to Iowa State.

By Jerry R. Thomas, EdD; Dean and Professor, College of Education, University of North Texas; Professor and Chair Emerita, Iowa State University

Margaret G. Fox was born in Minneapolis, Minnesota, in 1912. As a child, Fox disliked her physical education classes and wished to be a dancer. After Fox graduated from high school, her family bought and moved to a 28-room boarding house near the University of Minnesota. By running the facility, Fox and her two siblings were able to attend the university while living at home, leaving tuition as the only expense.
Originally planning on being a librarian, Fox changed her plans when she found out that the degree had a language requirement. Physical education was heavily science oriented and did not have the language requirement, both to her liking. She transferred into physical education at the end of her freshman year and received a BS degree from the University of Minnesota in 1933. Within the year, Fox began her career as a teacher of physical education at Bryant Junior High School in Minneapolis. Between 1935 and 1940, she taught at Duluth State Teachers College.

After completing her master’s degree at Columbia University in 1940, Fox taught kinesiology at West Virginia University for three years. She continued her graduate work at the University of Wisconsin, where she would have been the first PhD graduate in the area of kinesiology. At Wisconsin, she began as a graduate assistant and then became an instructor and finally an assistant professor. However, due to the absence of a viable plan of study, Fox transferred to the State University of Iowa (now the University of Iowa), where she completed her PhD in physical education with a focus on anatomy and kinesiology in 1949.

Fox joined the University of Iowa staff as an associate professor in 1949 and was promoted to full professorship within seven years. She taught anatomy and later kinesiology, correctives or adapted physical education, swimming, and relaxation courses until her retirement in 1980. In addition to her role as an instructor, Fox was the department chairperson from 1974 to 1978. She was first appointed as interim chairperson when a search committee could not agree on a candidate. The following year, Fox formally applied with a new batch of applicants and was elected to the position.

Fox’s teaching extended beyond the university with radio and locally televised exercise programs. Students demonstrated the moves while she explained the exercises. Fox also taught as an exchange teacher at the Anstey Physical Training College in Birmingham, England, from 1951 to 1952.

Fox spoke and published extensively about her research on posture and feet. Her doctoral dissertation was on the foot, an interest she had developed while working in a foot clinic at Wisconsin. Fox’s mentor, Gladys M. Scott, was conducting research on the hand for the army. Fox followed suit and proposed a project to the army dealing with the design of army boots and how they would affect the performance of an infantry soldier. During her three years of research, Fox tested variations in boot construction, and ROTC men were required to participate in the research experiments. After three years of data collection, Fox wrote up her report. The master and only copy was stolen from her car, after which Fox dedicated another year to rewriting the document from the raw data. Fox dedicated four years to the army boot research and was not allowed to write any publications with the classified material.

Fox served her profession as an elected member of research and editorial committees. She was president of the Central Association for Physical Education of College Women and the Iowa Association for Health, Physical Education and Recreation (IAHPER), and vice president of the Central Association for Health, Physical Education and Recreation. Fox served as editor for a number of academic journals such as the Research Quarterly, Journal of Health, Physical Education and Recreation, and Journal of Physical Education. She was a member of Delta Kappa Gamma, Kappa Delta Pi, and Pi Lambda Theta honorary societies; a member of the American Academy of Physical Education; and a fellow in the American College of Sports Medicine. The American Alliance of Health, Physical Education, and Recreation presented Fox with the Honor Award in 1958.

Fox’s dedication to education continues through two scholarships. The Margaret Fox Scholarship is awarded to an undergraduate major in the Department of Physical Education for Women (now the Department of Health and Leisure Studies). In 2005, Fox established the Dr. Margaret Fox Presidential Scholarship for Study Abroad to support students interested in international learning experiences.

By Catriona M. Parratt, Associate Professor, Department of American Studies, University of Iowa

Continue on Page 16
Margie R. Hanson was born March 29, 1921, in Minneapolis, Minnesota. After earning her BS degree in physical education at the University of Minnesota, Margie began her teaching career at Spooner High School in Wisconsin and served as an itinerant demonstration teacher for elementary school physical education in the Minneapolis Public Schools. While there, Margie was cited for her role in television teaching in the early development of television in the city of Minneapolis. Margie completed her master’s and doctoral degree programs at the University of Washington and held teaching positions in the Department of Physical Education for Women at the University of Wisconsin, Madison, and the University of Indiana.

Margie lived and worked in the Washington, DC, area for more than 30 years, which included being executive director for the American Alliance for Health and Physical Education, Recreation, and Dance. She was recognized nationally and internationally for her leadership in and advocacy for children’s physical education and dance. In a 1971 speech at the Iowa State AAHPER conference, Margie stated, “Elementary school physical education is the basis of child development, and, thus, the profession.”

Margie was way ahead of her time in that she was breaking down siloes well before that became the new buzzword. She developed close ties between AAHPER and numerous other professional organizations and government offices, including the Office of Early Childhood Education, the Division of Learning Disabilities, the Association of Classroom Teachers, and the Department of Elementary School Principals, to name but a few.

In addition to providing leadership to COPEC, NDA, and AAHPER(D), Margie served as chair of the National Arts Assembly and was a panel moderator for the White House Conference on Arts in Education. She was a member of the White House Committee for the International Year of the Child, a member of the National Coalition for Education in the Arts, and served as a board member for organizations such as the Alliance for Arts Education, the National Committee on Arts for the Handicapped, and the Child Development Associate Consortium. She was a board member for the Coalition for Children and Youth and the Child Development Association.

Margie focused her research on motor performance testing of elementary school-aged children. In addition to being inducted as a fellow into the American Academy of Kinesiology, Margie was the recipient of many professional honors, including the Gulick Award (AAHPERD’s highest award), the National Dance Association Heritage Award, and the Society of State Directors Significant Achievement Award, among many others.

Carl Troster, former honorary secretary general of ICHPER, once noted that “No one person has given so much of her time, energy, and professional dedication for the advancement of physical education programs for children” than Margie. Margie was the heart and soul of children’s physical education and dance throughout the last three decades of the 20th century. She retired in 2000 at the age of 79. Her death in August of 2003 marked the passing of one of AAHPERD’s true leading ladies.
In Memoriam

Donna Mae Miller (DM), inducted into the Academy in 1967 as Fellow #190, was a trendsetter, leader, and role model throughout her 45-year career. She died January 26, 2010, at age 88.

Born and raised in Utah, she received her BS from the University of Utah, MS from Stanford University, and PhD from the University of Southern California. DM taught at Carmel (California) High School, the University of Washington, and the University of Colorado before joining the University of Arizona faculty in 1959, where she served for 30 years in roles such as teacher, coach, scholar, and director. Under her leadership, the undergraduate program in teacher preparation earned national recognition, and she was instrumental in the development and growth of the dance program and the graduate program in exercise and sport science. Particularly relevant to this organization, DM served as an initiator and founding co-editor of *Quest* and *The Academy Papers*.

Although many people may think that DM’s most significant mark on the profession has been through these publications, those who knew her personally know otherwise. DM’s greatest influence came from the impact she had on the people with whom she came in contact. For students, DM’s knowledge, wisdom, and passion for teaching were such that they often described their lives as forever changed as a result of taking one of her courses. For colleagues, DM was the consummate role model. As an administrator, she challenged her faculty to perform at levels that may never have been envisioned, and she exemplified the belief that one could best lead by example and by serving others.

DM’s ability to find the good and praise it—both in people and in the situation—is a lesson we could all remember and revisit.

Time spent with DM made everyone better, kinder, happier, and more charitable with one another. DM’s ability to find the good and praise it—both in people and in the situation—is a lesson we could all remember and revisit. Of all the things DM modeled—in thought, word, and deed—it is that the most important part of life is the people in it. DM’s engaging presence changed people, the room, and the experience. If DM was there, it was just a better place to be! As a former student and friend quoted at her memorial, “There are people who enter our lives and leave footprints on our heart, and we are never the same because of it.”

Back to page 11, In Memoriam
and is a member of the steering committee for UT's Center for Public Health. His contributions have been recognized internally with his College's John Tunstall Outstanding Faculty Award and the College's Service Award.

**2010 New Active Fellow**

**Ang Chen, PhD (#496)**
University of North Carolina at Greensboro

Sponsors: Catherine Ennis, Stephen Sivler-man, Bradley Hatfield, Weimo Zhu

Central to Professor Ang Chen's research has been the data-based validation of the situational interest construct as a major factor in adolescents’ willingness to participate in physical activity. In practical terms, his research has provided strong evidence of the detrimental effects of minimal skill instruction and traditional team sport environments on students’ motivation and ability to participate in physical education and leisure physical activity.

Dr. Chen has provided leadership to the profession as chair of the Curriculum and Instruction Academy and the Research on Instruction and Learning in Physical Education Special Interest Group within the American Educational Research Association. He serves on the editorial boards of five journals, is president-elect of the Research Consortium, and serves on the Vision Committee instrumental in future restructuring of the American Alliance for Health, Physical Education, Recreation, and Dance.

**2010 New Active Fellow**

**Mary Jane De Souza, PhD (#497)**
The Pennsylvania State University

Sponsors: Karl Newell, Scott Kretchmar

We are delighted to nominate our colleague Mary Jane De Souza to be a fellow in the American Academy of Kinesiology and Physical Education. De Souza has created the scholarly profile of a future national leader and one that has a broad vision and agenda for the field of study.

Dr. De Souza is a professor in the Department of Kinesiology at Pennsylvania State University. She earned a BS degree in 1980 and an MS degree in 1984 from Springfield College and a PhD in exercise physiology in 1988 from the University of Connecticut. Thereafter, she completed postdoctoral work in reproductive physiology at the University of Connecticut Health Center.

Dr. De Souza's research in the Women's Health and Exercise Health Laboratory at Pennsylvania State University has focused on the physiological basis of how exercise modulates reproductive function and skeletal health through alterations in energy balance.

Dr. De Souza’s specific research niche has...
been defined by a series of studies performed demonstrating significant associations of menstrual disturbances, metabolic status, and bone health.

Dr. De Souza was the first to report a disturbingly high prevalence rate of 79% of subtle menstrual disturbances, i.e., luteal phase defects and anovulation, in physically active premenopausal women. Part of this research received a prestigious first-place research award from the American Society of Reproductive Medicine and the International Fertility Societies. This work has provided important new information for the ongoing revision of the Female Athlete Triad by the American College of Sports Medicine.

Dr. Hackney has made significant contributions to kinesiology here in the U.S. and abroad. He has maintained an impressive publication record, leading to honors such as Fellowship in the American College of Sports Medicine in 1990, Fulbright Scholar appointment in Medical Sciences in 1998, and Fulbright Senior Scholar appointment in 2003. As a result of his outstanding international contributions, he was awarded an honorary doctorate of science from the Ministry of Education by the Lithuanian government in 2008. Locally, Dr. Hackney's outstanding teaching has been recognized with Excellence in Teaching Awards in 1998, 2000, and 2005 from his UNC-Chapel Hill students and colleagues. Through collaborations with the National Academies of Science studying hormonal stress reactivity in military personnel during high altitude exposure in the extreme environments, he developed training and dietary recommendations for the military. Dr. Hackney is a scholar and leader committed to developing the field of kinesiology worldwide.

Dr. Jürgen Konczak is professor of kinesiology and founding director of the Center for Clinical Movement Science at the University of Minnesota. He completed his undergraduate studies at the University of Münster in Germany and his doctoral studies at the University of Wisconsin-Madison. His career includes research appointments at Indiana University and at the universities of Tübingen and Düsseldorf in Germany. In 2009, he was appointed senior researcher at the Italian Institute of Technology in Genova, Italy. Professor Konczak has authored and co-authored over 125 publications, 70 of which appear in peer-reviewed journals of the brain sciences. His published research has been cited over 900 times.

The focus of his research is on the neurophysiology of motor function during development and in patients with brain injury. His primary research focus addresses the role and function of the basal ganglia and the cerebellum for sensorimotor...
New Fellows Inducted at Annual Meeting

Dr. Jeff Martin is a professor in the Department of Kinesiology at Wayne State University, where he has been on the faculty since 1992.

Dr. Martin has made significant scholarly contributions for over 20 years, and he is widely recognized as the expert on psychological aspects of disability sport and exercise. He has over 70 refereed publications, many research presentations, and invited addresses including the 2009 keynote at the International Symposium on Adapted Physical Activity. He has actively mentored junior scholars, and he has collaborated with colleagues in pedagogy and health on projects including the Detroit Healthy Youth Initiative, which received federal funding from 2002 to 2007. Current projects include a Generations with Promise Program with urban middle school youth and an NIH initiative on adherence to weight loss recommendations in African-American adolescents.

Dr. Martin has also made significant contributions to the professional literature, including several recent chapters on disability sport and exercise psychology. He has provided more than 60 applied presentations, consulted with many athletes, and developed community youth programs. He is a model scientist-practitioner who translates his results into meaningful physical activity programs.

Dr. Martin has taken active leadership roles in his university, community, and profession. He served two terms as program coordinator for Exercise and Sport Science, served on editorial boards and key committees in professional organizations, and just this year, was named as the founding editor of the new APA journal, Sport, Exercise & Performance Psychology.

Dr. Martin's integrity and concern for the larger field of kinesiology are evident in all his professional activities.

2010 New Active Fellow
Jeff Martin, PhD (#500)
Wayne State University
Sponsors: Diane Gill, Bonnie Berger, Robert C. Eklund, Dale A. Ulrich

2010 New Active Fellow
Bradford N. Strand, PhD (#501)
North Dakota State University
Sponsors: J. Thomas Jable, V. Gregory Payne, Thomas J. Temple

Dr. Bradford N. Strand, a curriculum and instruction specialist, has written extensively and has spoken widely on pedagogy, fitness education, youth sports, sport ethics, assessment, and administrative issues. He has co-authored six books, published 60 refereed articles, and given 42 presentations at national conferences, 43 at regional meetings, and more than 100 at state conventions and local functions. He served on the editorial board of The Physical Educator and was a manuscript reviewer for the Journal of Physical Education, Recreation and Dance and Journal of Teaching in Physical Education.

Since arriving at North Dakota State University (NDSU) in 1996, he has secured nine external grants amounting to $712,000. The largest one, $550,000 from the National Youth Sports Program, provided sport and educational activities for disadvantaged children. Smaller awards enabled his university to fund graduate assistantships and to purchase research equipment.

Continue on Page 21
Throughout his career, Dr. Strand has demonstrated his leadership ability in professional organizations. Paramount is his election as president-elect of the American Alliance for Health, Physical Education, Recreation and Dance in 2010. In 2001-02, he served concurrent terms as president of both the National Association for Sport and Physical Education and the NDAHPERD. His scholarship and service to the profession has been duly recognized with honor awards from AAHPERD (2006), Central District of AAHPERD (2002), NDAHPERD (2006), and Utah AHPERD (2006).

From 1996 to 2009, Dr. Strand served as chair of the Department of Health, Nutrition and Exercise Sciences at NDSU, where he holds a professorship. His scholarship, professional achievements, and leadership ability make him an asset to the Academy.

**2010 New Active Fellow**

**Dixie Thompson, PhD**

*University of Tennessee*

**Sponsors:** Edward Howley, Craig Wrisberg, Wendell Liemohn

Dr. Dixie Thompson is an active researcher, writer, and administrator. She has published in a variety of areas, including metabolism, body composition, and performance, but has focused on issues related to physical activity and health over the past 10 years. She is the author and co-author of 44 refereed publications and 6 book chapters in a college textbook (through 3 editions), and she writes a bimonthly column for ACSM’s *Health & Fitness Journal*. In addition, she is the associate editor-in-chief of the latter journal and editor-in-chief of ACSM’s *FIT Society Newsletter*.

Dr. Thompson has provided outstanding leadership in the SE Chapter of the American College of Sports Medicine, serving as its president in 2006. She has also been active in the American Alliance for Health, Physical Education, Recreation and Dance, serving as chair of the Physical Fitness Council in 2002-05. Lastly, Dr. Thompson has served as a member of grant review panels for the NIH and the CDC.

At the University of Tennessee, Dr. Thompson systematically rose through the ranks and provided outstanding leadership in a number of program area roles: director of the Center for Physical Activity and Health (1994-present), undergraduate coordinator of Exercise Science (2003-08), and Exercise Science coordinator (2006-08). In addition to these departmental/program roles, she has taken on a large number of university leadership roles, including UT’s IRB Committee, Undergraduate Council, Faculty Senate, and Research Council, among many others. Dr. Thompson serves as head of the Department of Exercise, Sport, and Leisure Studies.

Wendy Frisby is an internationally recognized scholar in sport management. She is a professor in the School of Human Kinetics and the former chair of Women’s and Gender Studies (2004-2009) at the University of British Columbia in Canada.

Her research focuses on innovative feminist participatory action research (FPAR) with citizens and practitioners to analyze how the social and living conditions experienced by those living in poverty create barriers to participating in healthy physical activity. Through interorganizational partnerships she has helped those who have the least access to sport and recreation to become more involved as decision makers and change agents. She has published 64 refereed journal articles and chapters and is co-editing *Feminist Community Research: Negotiating Contested Relationships*.

In addition, she makes a concerted effort to disseminate results broadly to promote knowledge transfer and policy change through workbooks and reports for governmental, community, and...
Continued from page 21

New Fellows Inducted at Annual Meeting

professional audiences. She has been a keynote speaker at the North American Society for Sport Management, the European Association of Sport Management, and the North American Society for Sociology of Sport. To date, she has been awarded 25 research grants totaling more than $550,000 as principal investigator and more than $300,000 as co-investigator.

Her community-based organization WOAW (Women Organizing Activities for Women) has received provincial and civic awards for its work promoting the inclusion of low-income populations. Her leadership in the North American Society of Sport Management (NASSM) is extensive, including editing the Journal of Sport Management from 2000 to 2003. Dr. Frisby is a NASSM Research Fellow and received the Earle F. Ziegler Award in 2004.

2010 New International Fellow
David Gabriel, PhD
Brock University
Sponsors: Gary Kamen, Robert Gregor

David Gabriel is a professor of physical education and kinesiology at Brock University. His broad training in physical education and kinesiology has enabled him to solve problems at the motor control-biomechanics interface. For example, an important issue with implication for the development of limb prostheses has been the extent to which the EMG signal can be used to predict the characteristics of force development. In several published papers, he conducted simulations that offered new thinking regarding the manner in which motor units are activated during rapid contractions. These results obtained using theoretical modeling studies remain nearly impossible to obtain using available experimental techniques. His EMG spike analysis algorithm has the potential to be widely used in clinical electromyography, particularly in children who may not tolerate the use of needle electrodes. He has shared his expertise in the recently published Essentials of Electromyography text.

Canadian federal agencies have recognized the importance of his research, as demonstrated by the research funding he has received from the Canadian Institute of Health Research, the Natural Sciences and Engineering Research Council of Canada, and the Canadian Foundation for Innovation, among other sponsors. In 2008, he organized a major international conference of the major scientific society in his field, the International Society of Electrophysiology and Kinesiology (ISEK), and serves as the president of ISEK. His expertise has been sought by numerous grant review committees and journal editors. Thus, there is little doubt that David Gabriel will be an active participant in the mission of the Academy.

Making Kinesiology More Central to University Missions

and well-being. However, because much of our work is conducted, presented, and published within subdiscipline-specific venues, it is not uncommon for fellow kinesiologists (not to mention fellow academicians or the public) to have a limited understanding of the important work we do. Thus, the intent of next year’s conference is to bring together expert speakers from various subdisciplines to talk about the most influential research in their respective areas, particularly research that is having an impact on social policies and practice. The two-fold goal of the conference will be: 1) to raise awareness concerning the national significance of kinesiology research and of kinesiology as a field of study, and 2) to stimulate thinking about new ways we can work together across the subdisciplines to better address important social issues.

With conference planning still in its infancy stage, I invite you to send me any ideas you have for program sessions or for major speakers, discussants, or panelists at rrikli@fullerton.edu. Meanwhile, thank you for the opportunity to serve the Academy—and happy holidays to all!

Back to page 4 Making Kinesiology More ...
discovered, was that it was not about me at all but about all of those who had been there to help me over the years. I must add that this was a very humbling experience, but one of great joy. Let me share with you a snapshot of all of those people who have helped me during my professional career.

First, it logically makes sense to start with my family. My mother and father were born and raised in Colorado. My mother grew up on a farm in Windsor, near Fort Collins, and my father grew up on a farm in Wheat Ridge, near Denver. They met in college at what was then Colorado A&M but is now Colorado State University. My father majored in agriculture and basketball, and my mother in home economics. After graduating, they moved to Norcatur, Kansas, on the Nebraska and Colorado borders, where my father taught and coached at Norcatur High School for several years, and likely where I was conceived just before they left for Simi Valley High School (California), where my father was offered a teaching and coaching job. I was born in Ventura, California, the closest hospital to Simi Valley at that time. We moved from Simi Valley to Anaheim, California, where my father taught and coached at Anaheim High School. About nine years later, we moved to Woodland Hills, California, where my father taught and coached basketball and baseball at Pierce Jr. College in the San Fernando Valley. I completed elementary school (6th grade), junior high (7-9th grades), and 4 months of high school while we lived there. I was born in Ventura, California, the closest hospital to Simi Valley at that time. We moved from Simi Valley to Anaheim, California, where my father taught and coached at Anaheim High School. About nine years later, we moved to Woodland Hills, California, where my father taught and coached basketball and baseball at Pierce Jr. College in the San Fernando Valley. I completed elementary school (6th grade), junior high (7-9th grades), and 4 months of high school while we lived there. When something like this happens in your life, you have to ask yourself, "Why me?"

Guess who was the “ball boy” for all of the teams my father coached? We moved from Woodland Hills up to the Santa Ynez valley (near Santa Barbara) where I finished high school, and got to experience football (and one track meet), in addition to basketball and baseball!

Most importantly, my mother and father gave me unconditional love, something that I didn’t begin to appreciate until I became a father of three daughters. My parents were and continue to be exceptional role models for me and my two brothers, even though both have passed away. Having to move from a very large high school in the Los Angeles (Canoga Park) area to a very small high school in the Santa Ynez valley was a very difficult transition. However, it was a blessing in disguise. At Santa Ynez Valley Union High School, I had several mentors who greatly impacted my life. Mr. Harold Venske taught all math, chemistry, and physics classes at SYVUHS. I did not do well, but I learned “tough love,” discipline, and persistence. Mr. Gordon Gray taught physical education and was my basketball and baseball coach, and my long-term mentor and friend. He was a very close friend of Mr. Casey Conrad from their days together at the University of California, Santa Barbara (UCSB). For over 17 years, Casey was California’s chief for athletics, recreation, health, and physical education and then was appointed by President Nixon to head up the President’s Council on Physical Fitness and Sports. Something that I didn’t know until very recently is that these two men opened up many doors for me, and I am certain what I now know is only a small part of all they did for me.

Upon graduation from SYVUHS, I was headed to Stanford (good contacts, not good grades) but soon discovered I couldn’t afford it. Guess what? Someone guaranteed me four years at Stanford, but I could never find out whom! They were going to pay my way! By that time, however, all dorms were full and all freshmen had to live in dorms. So, I was off to Colorado State University where I majored in mechanical engineering.

Having extreme difficulty with three-dimensional mechanical drawing, after two quarters I thought it would be smart to change majors. Mr. Gray kept popping into my mind! Yes, be a high school coach and a P.E. teacher! I made the switch my third quarter and then transferred to UCSB. At UCSB, I hit a gold mine. The Physical Education Department had two University of Illinois graduates on their faculty who had studied with Dr. Thomas Cureton, Dr. Rene Rochelle and Dr. Ernie Michael. Most importantly, the entire faculty took great interest in their undergraduate and graduate students. My undergraduate
advisor, and Bill Haskell’s as well, was Mr. Stan Williamson, former USC football All-American, and head football coach and athletic director at UCSB. Mr. Williamson took a special interest in Bill and me and challenged us with tough courses. Somehow, he got me into an honors program where I was enrolled in a seminar with Aldous Huxley (Brave New World) one semester and the next semester with Christopher Isherwood, a renowned writer and literary critic. At the time, I was barely making a 3.0 average on a 4.0 scale! How did I get into an honors program? I was totally overwhelmed, but I made it, and it taught me perseverance, respect, and humility.

Also, I was exposed to exercise physiology for the first time and fell in love with it! Dr. Michael involved me in several research projects as an undergraduate student, and he was instrumental in recruiting Dr. Steven Horvath to UCSB at the very end of my senior year. Fortunately, I stayed at UCSB to complete my teaching credential and to obtain my master’s degree and ended up with Dr. Horvath as my mentor. Under his leadership, I had the opportunity to assist him in setting up the new Environmental Physiology Research Laboratory and to work with him on my master’s thesis and a number of research projects. This was the start of my education in environmental physiology. Most importantly, it was during this time that I met my life mate, Dottie Louise Wright, now Dottie Wilmore. We will reach our 50th wedding anniversary this coming January!

From UCSB, Dottie and I went to the University of Oregon, where I pursued my PhD degree. My mentor was Dr. Peter O. Sigerseth, a kind and compassionate man who loved his students and who provided me tremendous support in so many ways. Dr. H. Harrison Clarke also had a profound influence on my life during my time at Oregon. From these two men I learned that students are to be highly respected and treated as family. Many friendships were established with my fellow doctoral students at Oregon, and many continue today! Also, it was in Eugene that we were blessed with our first daughter, Wendy.

After two years at the University of Oregon, with all course work done and dissertation data collected, we headed to Ithaca, New York, where I took my first official job as an assistant professor at Ithaca College. With a heavy teaching load, and working full time on my dissertation, we managed to enjoy living in a very foreign environment for native Californians: lots of ice and snow, and very cold weather. During late winter, I was asked to interview for a job at the University of California, Berkeley. With my dissertation completed in April, I was selected for the job and we moved back to California in June, and our second daughter, Kristi, was born.

It was most enjoyable being on the faculty with such esteemed colleagues as Anna Espenshade, D.B. Van Dalen, Carl Nordley, Franklin Henry, Larry Rarick, and Roberta Park. Most importantly, I was introduced to Professor Nello Pace, director of the Environmental Physiology Laboratory at UC, Berkeley. He invited me to join his laboratory staff and immediately put me to work on his large NASA grant, a research collaboration which included UCLA, USC, UC Davis, and the Jet Propulsion Laboratory at Caltech. The mission was to launch into space a monkey (Bonnie) that was fully instrumented to record incredible amounts of biomedical data directly from the space craft (Biosatellite 3) during flight. Bonnie was launched June 29, 1969, on a 30-day mission into space. Unfortunately, the mission had to be terminated at the end of nine days due to the deteriorating health of the animal. I hesitate to mention that UC Berkeley was responsible for urine and feces during that flight! Four years of working on this project opened many doors, allowing me to develop significant research insights and contacts and friendships with scientists and administrators at NASA that continue today.

Also, it was at Berkeley that I met Dr. Albert Behnke, a physician and retired Navy captain, who had pioneered research in deep sea diving and was considered the modern-day father of human body composition research. Dr. Behnke mentored me for many years and became a very close friend and colleague. He furthered my training in environmental physiology and sparked my interest in body composition research.

After taking off one year to work with Bill Haskell, several doctors, and biomedical engineers to develop the Preventive Medicine Center at Palo Alto, California, we moved to Davis, California, to

Continue on Page 25
join Dean Ryan, Ed Bernauer, Bill Adams, and Ezra Amsterdam (cardiology) on the faculty at UC Davis. It was here at UC Davis that our third daughter, Melissa, was born. After four years, we took a year off to work with doctors Frank Jobe and Robert Kerlan in the establishment of the National Athletic Health Institute (NAHI) in southern California, where I had the privilege of working with many professional and world-class athletes.

At the end of this year at NAHI, on our way back to UC Davis, we were recruited to the University of Arizona, where I was able to work with Betty Atwater, Fred and Mary Roby, and Donna Mae Miller, among others. This was the most productive time in my professional career, due largely to the quality of our undergraduate and graduate students and a very supportive faculty in the College of Medicine, including Dr. Gordon Ewy (cardiology) and Dr. Ted Percy (orthopedics). Most importantly, we fell in love with Tucson and the beauty of the Sonora desert!

Finally, we spent 12 wonderful years at the University of Texas at Austin after being hounded by Waneen Spirduso for many months to come to Austin to join their faculty. It was very hard to turn her down! We had a great exercise physiology faculty that included Roger Farrar, Joe Starnes, Eddie Coyle, and John Ivy. It was during this time that I joined Claude Bouchard, Jim Skinner, Art Leon, and D.C. Rao in the planning of the HERITAGE Family Study, which was eventually funded by the NIH through three phases from 1992 through 2004. This was an incredibly time- and labor-intensive project, which wore me down and led me to apply for a department head position at Texas A&M University as a transition into retirement. We went to College Station in 1997, where I was privileged to work with Bob Armstrong, the previous department head. Bob is one of the brightest and most humble men I have ever met. I learned a great deal from him!

With that very long introduction, my take-home message is brief and very simple, and hopefully will have meaning to each of you. What did I learn from this great adventure? What can I pass on to you? Please reflect on the following in your lives, as I have done in preparation for this talk:

It is not about me, or us, but about all of those who have helped us and have impacted our lives, in turn allowing us to impact the lives of others!

Take time to think of all of those people who have helped you in your life. Contact them before it is too late, and let them know how much you appreciate what they have done for you!

Take time to enjoy your family. When all is said and done, they are the most important thing that you have in this life.

Grandkids are a real blessing! When the going gets tough, you can leave!

We are on the face of this earth for only a short period of time, so live life to its fullest and be grateful!

Thank you, members of the American Academy of Kinesiology and Physical Education, for this honor. And, a very special thank you to my family, my friends and colleagues, and all of those who opened up so many doors that enabled me to be here tonight to receive this award.
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